

AROMATHERAPY MASSAGE

45 min | 60 min

AED 157.50 | 189

A Swedish Massage therapy using massage oil or lotion that contains essential oils (highly concentrated plant oils). During an aromatherapy massage, you inhale these essential oil or molecules or absorb them through your skin.

TRADITIONAL THAI MASSAGE

60 min | 90 min | 120 min

AED 184 | 262.50 | 315

Stretching your body to improve flexibility and mobility, using palm and thumb pressing techniques on your meridian lines to relieve tension.

BODY & MIND LUXE 1 MASSAGE

90 min

AED 367.50

A combination of Aroma Sports Massage, Hot Stone Massage and Traditional Thai Massage that harmonize and promote health and well-being in individuals.

BODY & MIND LUXE 2 MASSAGE

90 min

AED 367.50

Aroma Sports Massage, Hot Herbal Ball Compress and Thai Traditional Massage are combined with simple and effective stretches that help prevent and relieve ailments.

HEAD, NECK, SHOULDER & BACK

30 min | 45 min | 60 min

AED 105 | 136.50 | 157.50

Therapeutics massage for someone who has limited time, but fortunately can take advantage of three different techniques: a firm massage to relieve stress-related tension in the neck and shoulder area, a soft massage to the head to release stress and a palm press for the back.

CUPPING THERAPY

AED 52.50

Increases blood circulation to the area where the cups are placed. This can relieve muscle tension, which can improve overall blood-flow and promote cell repair.

AROMA SPORT MASSAGE

60 min | 90 min | 120 min

AED 231 | 315 | 394

Deep tissue massage using strong palm strokes and thumb pressing with a special kind of Thai oil to relieve strain and results in complete relaxation. Helps obtain faster muscles recovery after strong athletic activity, this is a type of massage specifically targets on athletes.

HOT STONE MASSAGE

60 min | 90 min | 120 min

AED 367.50 | 472.50

Unique therapy with the Basalt Stone placed on your body to promote relaxation and open the energy pathways. Muscles are pretreated with heated stone which then the therapist will perform deep tissue manipulation.

HOT HERBAL BALL COMPRESS

60 min | 90 min | 120 min

AED 231 | 315 | 399

Pressing your body with a warm herbal ball to improve blood and lymph circulation, release toxin and strengthen metabolism. Ideal for alleviating pain, stiff, sore or pulled muscles and ligaments, chronic back aches, arthritis, even skin conditions, migraines and chronic stress or anxiety

FEET REFLEXOLOGY

30 min | 45 min | 60 min

AED 105 | 136.50 | 157.50

Using thumb and fingers on the reflex areas to improve blood supply and promote the unblocking of nerve pulses, also relieves stress within the body and mind.

FACIAL

30 min | 60min

AED 157.50 | 315

Using the best quality product HISTOMER, creating extraordinary products from research on botanical STEM CELLS and dermatological experience. It represents today the ideal partner to successfully manage all skin blemishes, even the most problematic ones.

WAXING

Ladies | Gentlemen

AED 315 | 472.50

Full body removal or just a designated area of unwanted hair completely from its roots, with no irritation and allergies, no cuts and bruises. One of the best benefits of waxing is to have smooth and even skin.

MANICURE, PEDICURE & SPA

Ladies | Gentlemen

AED 157.50

Pamper yourself with us with our wide range of nail treatments and foot spa. Include a warm foot soak, and foot salt and a foot scrubbing with foot file followed by foot mask and a nail treatment. A short foot and calf massage, moisturizer and nail polish if desired.

HAND & FEET PARAFFIN TREATMENT

Ladies | Gentlemen

AED 105

In addition to soothing and healing the skin, paraffin treatments have many therapeutic benefits for internal ailments as well. Paraffin wax has been shown to treat conditions like arthritis and fibromyalgia among others.