

Dr. Vinay (Renowned Yoga Therapist) Founder of NIRVAANA

- Dr. Vinay got initiated for Transcendental Meditation [™] at age of 12 in the year 1978 by H.H. Maharishi Mahesh Yogiji.
- Initiated for Siddhi at Rishikesh in the year 1988 by Brahmachari Pradeep Misraji
- Trained in Maharishi's Organization, NOIDA from 1989 till 1998 for Yogasanas, Pranayama, Meditation and Mudras for therapy and completed the five years course from MU as Doctorate in Alternate Medicine.
- Appointed as President of SSYA in the Year 1998 and so far trained several students for teaching yoga as therapy.
- He has been counseling for Yoga, Pranayama, Mudras and Meditation from the year 1998.
- Successfully conducted Yoga Therapy Camps in almost every big city of India mainly focusing the downtrodden who hardly have the financial support for their medical expenses
- Conducted workshop of Yoga - Pranayama – Meditation and Mudras for various IT companies.
- Conducts Yoga - Pranayama – Meditation and Mudra classes for DefencePersonnels at College of Defence Management (CDM).
- Held yoga therapy camps in Kaulalampur, Malaysia in January 2008 and at Bangkok, Thailand in Feb 2008 and Dubai, UAE in June 2013
- Health Excellence Award in 2006 by International Institute of Health Sciences in collaboration with New Age International University (Italy, Europe), Indian Board of Alternative Medicines, and Institute of Education, Research & Development.
- Degree of Doctor Philosophy in the field of Yoga by the New Age International University, Seborga, Italy.
- Best doctor award by Health Care International - USA in the year 2008

- Member of International Association of Yoga Therapists. (IAYT), Prescott, AZ United States
- Advisor STAR Tech Healing, Maynard MA, United States