

Pranic Healing

Rediscover the Ancient Art of Natural Healing...

Pranic Healing is an ancient science and art of healing that uses Prana or life force energy to heal the body, mind and spirit. It is a no-touch, no-drug therapy and it is used to heal the energy field surrounding the human body and it relieves pain and suffering, be it mental, emotional or physical.

Grand Master Choa Kok Sui is the founder of Modern Pranic Healing, Distant Healing, Soul Realization, Crystal Healing, Psycho Therapy, Twin Heart Meditation and Arhatic Yoga.

Grand Master Choa Kok Sui has spend more than **40 years** researching on the esoteric science and has written more than **20 books** related to Pranic Healing which has been published in **30 languages**.

Pranic Healing has spread widely across the globe and **millions of people** today are practicing it in more than **120 countries**. Pranic Healing accelerates the natural healing process of the body by **balancing the chakras** and enhancing its **vitality and energy levels, concentrations, memory power** and also improves inter-personal relationships at home and work.

It is fast and effective in treating simple and severe ailments such as **arthritis, high cholesterol, hypertension, diabetes, migraine, toothache, fever, mumps, lung infection, heart problems, hearing problems, stress, depression, etc...**



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1 What is Pranic Healing?

Pranic Healing is a highly developed and tested system of energy healing technique that utilizes “Prana” to heal physical and emotional ailments.

2 What is Prana?

“Prana” is a Sanskrit word that means “life force”. The Chinese call it “Chi”, in Japanese it is called “Ki”, in the Old Testament it is called “Roah” or the “Breath of Life”.

3 Where does Prana come from?

There are 3 principal sources - the Sun, the Air and the Earth. Secondary sources include food, water, plants, etc... We need a constant supply of fresh Prana to maintain good health. Pranic Healing teaches how to consciously absorb and assimilate more Prana and use it to improve one's life.

4 Who is the founder of Modern Pranic Healing?

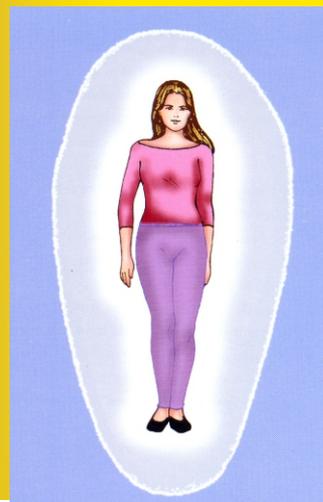
Grand Master Choa Kok Sui, a Filipino of Chinese descent, rediscovered this ancient art of healing and had introduced it as a science in the year 1987. A chemical engineer by profession, a very successful multi-millionaire businessman, a prolific writer of 20 books on Pranic Healing, some of which have been published in 30 languages. He has been teaching the world, the secret of blending spirituality, good health and prosperity.

5 How is Pranic Healing done?

It is a “no-touch, no-drug therapy”. The practitioner does not touch any part of the recipient's body at any time. Also, there are no medicines involved. The practitioner works on the energy body or “aura” of the person. Diseases, which appear as energetic disruptions in the aura, manifests as ailments in the body.

The Inner and Outer Auras

The energy body interpenetrates the visible physical body and extends beyond it by four to five inches. This invisible luminous energy field, which follows the contour of the visible physical body is called the inner aura.



6 What are **Chakras**?

They are energy centers which control and energize the body and its internal organs. Chakras are just like power stations which supply energy to different areas of the body. If any of the chakras malfunction, then certain parts of the body will be adversely affected and it will manifest as disease or ailment.

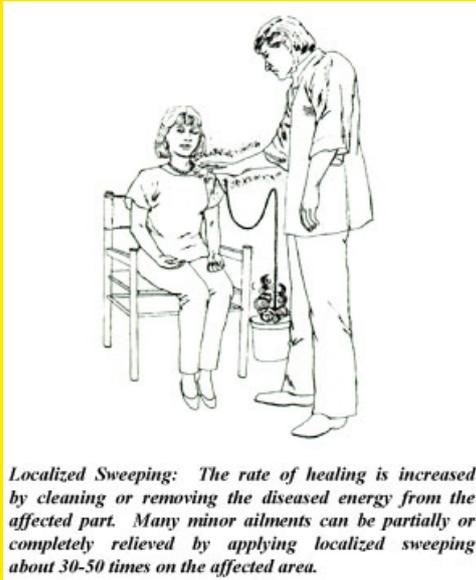


7 Can Pranic Healing be applied with **other medical systems**?

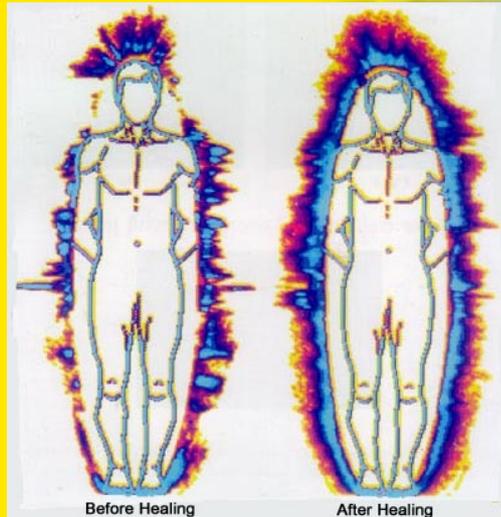
Yes, Pranic Healing deals with healing the energy body. The conventional medical systems deals with healing the Physical body. The integrated approach of doing it together helps heal the physical body much faster, without any side effects.

8 How is **Pranic Healing** done?

Pranic Healing consists in two steps - **Cleansing and Energizing**. Cleansing means removing the diseased energy from the affected chakra and organ. Energizing means transfer of life energy from the healer to the patient, thereby healing the patient.



Localized Sweeping: The rate of healing is increased by cleaning or removing the diseased energy from the affected part. Many minor ailments can be partially or completely relieved by applying localized sweeping about 30-50 times on the affected area.



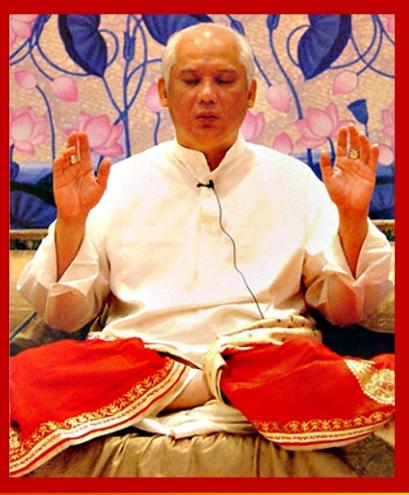
9 What are the **ailments** that can be cured using Pranic Healing?

Pranic Healing is used to treat various ailments like **B.P, Cholesterol, Diabetes, Asthma, Cough, Cold, Migraine, Arthritis, Eye/Ear/Throat Problems, Skin Problems, Heart Problems, Blood Disorders, Respiratory Ailments, Gastrointestinal Ailments, Endocrine Ailments, Skeletal and Muscular Disorders, Fractures, Brain and Nervous System, Stress, Tension, Psychological/Relation Problems, Smoking, Drinking, Drug Addictions...**

10 Can Pranic Healing heal **Psychological ailments** also?

Yes, it helps in addressing **childhood traumas, phobias, stress, anxiety, grief, irritability, hysteria, violence, depression, etc...**





11 What is **Pranic Distant Healing** ?

In this mechanism of Pranic Distant Healing, the healer heals the patient from a different place or city or country through energy linking. However, it is necessary that the patient sits in a receptive posture at the time of Pranic Distant Healing and not engaged in any other activity.

12 Who can learn Pranic Healing?

Any healthy person above 18 years with an average intelligence, an average ability to concentrate, an open but discriminating mind and a certain degree of persistence can learn in a relatively short period. Its basic principles and techniques can be learned in a few sessions..

13 What are the types of **meditations** taught in Pranic Healing?

A very powerful meditation called the **Meditation on Twin Hearts** in being taught in the **Basic Pranic Healing** course. Other meditations are **Twin Hearts with Self-Healing** (in **Advanced Pranic Healing** course), **Twin Hearts with Chakral Healing** (in **Psychotherapy** course), **Soul Realization** (in **Achieving Oneness with Higher Soul** course), **Dhyan and Inner Breath - Kundalini Meditation** (in **Arhatic Prep II** course).

14 What are the benefits of the **Meditation on Twin Hearts**?

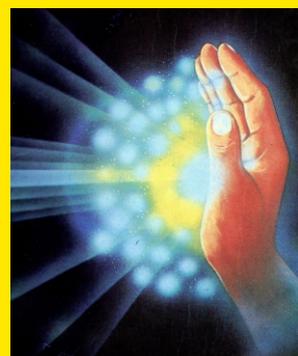
The **Meditation on Twin Hearts** is a method for gaining **inner peace, harmony, deep relaxation, eliminating stress, promoting health, increasing relativity, intelligence and attaining inner happiness and fulfillment**. It also helps to accelerate the **Spiritual development** of the practitioner.

15 Can Pranic Healing **Transform** the life of a person?

Pranic Healing can help you to achieve **inner peace, health and happiness** in just a few Easy Steps!!!

16 Can Pranic Healing be used to improve prosperity, financial status, wealth or improve business?

Yes, the secret of earning more money and improving business and bringing abundance in life is being taught in "**Kriyashakti**" and "**Spiritual Business Management**".



Benefits of Pranic Healing

- Improved health and increased stamina
- Inner peace and harmony and happiness
- Better memory and concentration
- Rapid Spiritual growth
- Reduced stress
- Better interpersonal skills
- Greater self-esteem
- Attract good luck, become more prosperous...

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|-------------------|----------------------|
| ● Pranic Healing | ● Meditation |
| ● Distant Healing | ● Yoga |
| ● Psychotherapy | ● Feng Shui |
| ● Crystal Healing | ● Angel Card Reading |

Enroll today at COSMOS Centre for Pranic Healing Course and discover:

- How to empower yourself with the knowledge of energy and to use it to improve one's own life - physically, mentally, emotionally and financially, as well as those around you..
- How to harness the power of Prana and heal physical and emotional ailments using Pranic energy.
- How to "scan" and feel the energy level of a person's aura or chakras by using just your hands!! AND MUCH MORE!!!



Course Details

Pranic Healing Courses

- **Basic Pranic Healing Course**
Duration : 2 days Eligibility : Anyone
- **Advanced Pranic Healing**
Duration : 2 days Eligibility : Basic Pranic Healing
- **Psychotherapy**
Duration : 1 day Eligibility : Advanced Pranic Healing
- **Pranic Crystal Healing**
Duration : 1 day Eligibility : Psychotherapy Course
- **Psychic Self Defense**
Duration : 1 day Eligibility : Psychotherapy Course
- **Soul Realization/Achieving Oneness with Higher Soul/Arhatic Yoga Prep I**
Duration : 1 day Eligibility : Anyone
- **Arhatic Yoga Prep II**
Duration : 2 days Eligibility : Psychotherapy & Prep I

Pranic Healing General Courses

- **Super Brain Yoga**
- **Twin Heart Meditation**
Duration : 1/2 day Eligibility : Anyone

Learn to heal without Touching!!!



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