



YINCHUAN / GUYUAN / JINGYUAN / ZHONGWEI

星星的故乡 - 宁夏银川

银川/固原/泾源/中卫



NO SHOPPING STOP, NO OPTIONAL, NO SELLING IN COACH

- · LUXURY COACH (2+1 MODEL)
- ·豪华旅游巴士 (2+1车型)





S-Class Journey, Signature Memories

全心服务 难忘体验

The GD Premium Team embraces your journey with unwavering authenticity, methodically crafting every nuance. Our service stems from the core, characterized by a client-first professionalism, providing wholehearted and adept planning. GD Premium团队满怀真诚,为您的旅程精心雕琢每个细节。我们的服务源自核心,以客户至上的专业精神为特征,提供全心全意和熟练的规划。



Professional Team

专业旅游团队

Our people are certified travel professionals who have over years of experience. Every staff undergoes extensive customer service and quality assurance training.

我们的团队是经过认证的旅游专业人员,拥有超过多年的经验。每位员工都接受了广泛的客户服务和质量保证培训。



Exclusive & Meticulous Route Planning

独家精心策划

Our Exclusive & Meticulous Route Planning ensures every journey is tailored to your dreams and designed with meticulous care. It may provide you with an unforgettable journey!

带您一起用以前所未有的方式来探索世界。我们会提供独家细致的路线规划,确保每一次旅程都根据您的梦想专门定制,让您拥有难以忘怀的旅程体验!

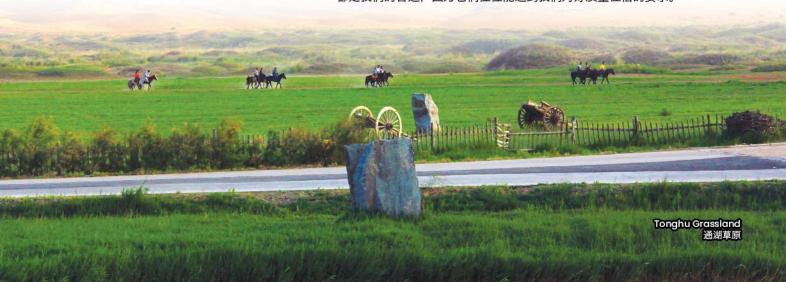


Accommodation

住宿

We have always embraced the concept of 'home away from home' when selecting hotels. We often go to great lengths to meticulously assess factors such as room types, geographical locations, and even the views available from within the rooms, all to ensure that we provide you with an accommodation experience that meets the standards. Our aim is to make your journey feel as comfortable as being at home. Typically, our first choice is 4-star and 5-star hotels, as they often meet our expectations for good quality accommodation.

我们一直秉承着宾至如归的理念来挑选酒店。我们经常以酒店的房型、地理位置,甚至房内可欣赏到的景色来尽心筛选,以确保为您提供最符合标准的住宿体验,让您在旅途中也能感受到如同在家一般的舒适。通常4星和5星级酒店都是我们的首选,因为它们往往能达到我们对好质量住宿的要求。







9D 7N

HOMETOWN OF STARS - YINCHUAN, NINGXIA

YINCHUAN / GUYUAN / JINGYUAN / ZHONGWEI

DAY 01 KUL > YINCHUAN, NINGXIA

(MOB)

DAY 02 YINCHUAN

(HB/MOB/LD)

- While transit in Beijing, transfer to 5 star hotel to enjoy a hot breakfast.
- · Arrival in Yinchuan, the capital of the Ningxia Hui Autonomous Region in China.

DAY 03 YINCHUAN - 323KM - GUYUAN

(HB/LL/LD)



• Western Xia Mausoleum (Includes Western Xia Museum + buggy car + 3D movie + wood type printing experience): is one of the largest and most well-preserved imperial mausoleums in China, and is known as the "Oriental Pyramid".



· Haibao Pagoda Temple Visit the oldest Buddhist temple in Yinchuan, a 1,500-year-old pagoda.

DAY 04 GUYUAN - 70KM - JINGYUAN - 70KM - GUYUAN

(HB/LL/LD)



• Liupanshan National Forest Park (Includes buggy car, as well as the Xiaonanchuan buggy car): A national 4A-level eco-tourism area and national nature reserve. Xiaonanchuan is must visit scenic spot of Liupanshan and one of the main sources of Jing River.It is known as the "Little Jiuzhai".

DAY 05 GUYUAN - 218KM - ZHONGWEI

(HB/LL/LD)



fto • The Guyuan Museum Of Ningxia: It is one of the national-level museums. A comprehensive museum with a collection of historical relics.

*Closed on Mondays



 Xumishan Grottoes (Includes buggy car): It is one of the top ten grottoes in China. There are 162 caves and over 500 well-preserved statues, located on 8 peaks stretching for 2 kilometers.

DAY 06 ZHONGWEI

(HB/LL/LD)



• Tengger Desert (Includes 2-ways escalator + shuttle bus + buggy car): A national 5A level scenic spot, China variety show (Where Are We Going, Dad?) filming location.

**Thongwei Temple: By the Qing Dynasty has become a



large-scale ancient building complex and a temple of the three religions.



Tonghu Grassland is the largest inland lake wetland grassland in Jilin Province, offering beautiful natural



 Stargazing in the desert (Expert-guided explanation): is a unique and unforgettable journey.

DAY 07 ZHONGWEI - 198KM - YINCHUAN

(HB/LL/LD)



Qingtongxia Yellow River Grand Canyon (Includes boat ride + 108 tower): It is an 4A level scenic spot, known as the "Little Three Gorges of the Yellow River" in the upper reaches of the Yellow River.



• Shuidonggou Site (Includes museum + dynamic experience exhibition hall + buggy car + boat ride + horse-drawn carriages + camel ride + Cangbing Hole): China's first Paleolithic site, 40,000 years ago there were ancient humans. In 2021, it was selected as one of the "100 Greatest Archaeological Discoveries", and in 2022, it became a national archaeological site park.

DAY 08 YINCHUAN

(HB/LL/LD)



· Shahu (Includes boat ride) with sand, water, reed, bird, mountain five landscape sources organically combined to form a national 5A tourist scenic spot. It is known as a "rare" cultural tourist attraction.



• Zhenbeibao Western Studios: Is a film and television base in northwest China. If you are lucky, you can see professional film crews, so that you really feel "come as a tourist, leave as



· Helan Mountain Petroglyphs (Includes buggy car) is the art gallery of Chinese nomads is also a national 4A level tourist attraction.

DAY 09 YINCHUAN > KUL

(BB/MOB)

· Depart for home.

*MOB=Meals on Board/HB=Hotel Breakfast/LL=Local Lunch/LD = Local Dinner/BB=Breakfast Boxed



Exclusive Arrangement

Disclaimer:

Sequences of itinerary are subject to local arrangement. Itineraries, meals, hotels and transportation are subject to change without prior notice.







9天 7晚

星星的故乡

银川/固原/泾源/中卫

第01天 吉隆坡 👉 宁夏银川

(机上用餐)

第02天 银川

(酒店早餐/机上用餐/道地晚餐)

- · 在北京转机期间, 前往5星级酒店, 享用早餐。
- •抵达银川,这是中国宁夏回族自治区的首府。

第03天 银川 - 323KM - 固原

(酒店早餐/道地午餐/道地晚餐)



一・西夏陵 (含西夏博物馆 + 电瓶车 + 3D电影 <西夏情缘>, 西夏文 木活字印刷体验): 是中国现存规模最大、地面遗迹保存最完整 的帝王陵园之一,被誉为"东方金字塔"。



·参观海宝塔:银川历史最悠久的佛教寺庙,一座一千五百年历 史的古塔。

第04天 固原 - 70KM - 泾源

(酒店早餐/道地午餐/道地晚餐)





・六盘山国家森林公园 (含上下车 + 小南川区间车): 现为国家 4A级生态旅游区、国家级自然保护区。**小南川**是六盘山的王牌 景区, 也是泾河的主源头之一。素有"小九寨"美誉。

第05天 固原 - 218KM - 中卫

(酒店早餐/道地午餐/道地晚餐)



・固原博物馆:是国家一级博物馆之一。收藏历史文物为主的综 合性博物馆。





・ 須弥山石窟 (含区间车): 是中国十大石窟之一。 现有162个洞窟, 500多尊保存较为完整的造像,分布在连绵2公里的8座山峰上。

第06天 中卫

(酒店早餐/道地午餐/道地晚餐)



· 腾格里沙漠景区 (含大漠扶梯上下行 + 摆渡车 + 南区电瓶车): 是 国家5A级景区,《爸爸去哪儿?》中国综艺节目的拍摄地点之一。



・高庙: 到清代已成为大型古建筑群和三教合一的寺庙。



•通湖草原是吉林省最大的内陆湖泊湿地草原,提供美丽的自然景观。

•沙漠观星体验 (专人讲解): 是一场独特而令人难忘的旅程。

第07天 中卫 - 198KM - 银川

(酒店早餐/道地午餐/道地晚餐)



•青铜峡黄河大峡谷 (含游船 + 108塔): 是4A级景区, 被誉为黄 河上游的"黄河小三峡"。



·水洞沟遗址 (含博物馆 + 动感体验展馆 + 电瓶车 + 游船 + 马车 + 骆驼车 + 藏兵洞 + 区间车): 中国首个旧石器时代遗址, 4万 年前有古人类。2021年入选"百年百大考古发现", 2022年 成为国家考古遗址公园。

第08天 银川

(酒店早餐/道地午餐/道地晚餐)



·沙湖 (含大船)以自然景观为主体,沙、水、苇、鸟、山五大景源有 机结合构成的国家5A级旅游景区, 被誉为"世间少有"的文化旅



• 镇北堡西部影视城: 是中国西北地区一个影视基地, 如幸运可以碰见 专业的拍摄人员,让您真正感受到"来时是游客,走时成明星"。



· 贺兰山岩画 (含电瓶车): 是中国游牧民族的艺术画廊也是国家4A级

第09天 银川→ 吉隆坡

(早餐盒/机上用餐)

• 启程回家。

免责声明:

行程次序以当地旅行社安排为准。行程、膳食、住宿、交通等可能会因不可抗拒 因素而更动,怒不另行通知。



Must See Attraction



Carefree Enjoy relaxation, truly appreciate the world

悠游 享受放松 感慨世界美好

Capture The color & essence of each journey

收获 旅途中的色彩和精髓

Cozy Vibes to create joyful moment together

温馨 共创愉悦片刻

镇北堡西部影视城 [1]

Zhenbeibao Western Studios

If dubbed the "Hollywood of the East." Locally known as Zhenbei Fort. More than 30 movies and TV dramas have been filmed there, including Red Sorghum, Journey to the West, and New Dragon Inn. If you are lucky enough to be a cameo.

被誉为"东方好莱坞"。当地人称之为镇北堡。《红高粱》、《西游记》、 《新龙门客栈》等30多部影视剧曾在此拍摄。如果幸运有机会客串演出。



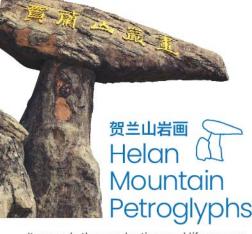


六盘山国家森林公园 Liupanshan National Forest Park

With its beautiful environment, cool climate and high anion content, is known as the "Green Island of the Plateau", and is one of the favorite summer vacation spots in Northwest China. Deep into the secret world of Liupanshan, return to the nature of the true, feel the freedom of the soul.

环境优美、气候凉爽, 负氧离子含量高, 有"高原绿岛"之称, 是西北人 最喜欢去的避暑胜地之一。 深入六盘山秘境, 回归自然的本真, 感受心灵 的自由。





It records the production and life scenes of ancient humans 3000~10000 years ago, such as herding, hunting, sacrifice, warfare, entertainment and intercourse, and becomes a cultural treasure house for the study of ancient human cultural history and primitive art history.

记录了远古人类3000~10000年前放牧、狩 猎、祭祀、征战、娱舞、交媾等生产生活场景 成为研究远古人类文化史、原始艺术史的文 化宝库。



躺在沙漠 "抓" 星星 溢溢 Lying in the Desert "catching" the stars

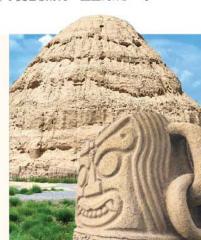
Ningxia is an excellent place for stargazing, and May - Sep is a particularly good time every year. Therefore, Ningxia is also known as the "hometown of stars".

宁夏沙漠是超棒的观星地, 每年5 - 9月是特别好的 时间点。因此, 宁夏也被称为"星星的故乡"

西夏陵 😂 🖨 Western Xia Mausoleum

It is one of the largest and most well-preserved imperial tombs in China, and also the largest Western Xia cultural site in China.

这是中国现存规模最大、地面遗迹保存最完整的帝王陵园之一, 也是中国最大的西夏文化遗址。



青铜峡黄河大峡谷 多量 Qingtongxia Yellow River Grand Canyon

A national 4A-level tourist attraction, a national key cultural relics protection unit, and the core area of the Ningxia Yellow River Ancient Irrigation Area, a world irrigation engineering heritage, is one of the top ten tourist business cards of "Plugging the Jiangnan and Magical Ningxia".

国家 4A 级旅游景区、全国重点文物保护单位、世界灌溉工程遗产宁夏黄河古灌区核心区,是 "塞上江南、神奇宁夏"十大旅游名片之一。





選集 勝格里沙漠景区 Tengger Desert

The fourth largest desert in China, captivates visitors with its vast expanse of golden sand under a high, clear sky and light clouds. The enchanting scenery attracts many admirers.

中国第四大沙漠。天高云淡、风清气爽、黄沙 似金,吸引着不少游人前来欣赏迷人风光。





»湖 尝 Shahu

An oasis in the desert, is surrounded by sand dunes, offering a unique contrast with its clear waters amid the sandy surroundings.

沙漠中的绿洲:沙湖坐落于沙漠地区,被周围的沙丘所环绕,因此在沙漠中形成了一片绿洲,给人一种独特的对比感。

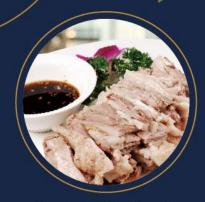


水洞沟遗址 <u>国</u> Shuidonggou Site

Discovered in 1923, the Shuidonggou Site, excavated six times by 2014, is considered one of China's earliest Paleolithic sites and is renowned as the "cradle of prehistoric archaeology in the East."

于1923年首次被发现和发掘,随后在中华人民共和国成立后经历了多次考古活动。截至2014年,该遗址已经进行了6次发掘。作为中国最早被发掘的旧石器时代遗址之一,水洞沟遗址被誉为"东方史前考古的摇篮"。

www.Taste Indulge 味蕾



Hand-Grabbed Lamb 手抓羊肉

Hand-Grabbed is a medicinal diet with lamb waist and cilantro as the main ingredients. It has a history of nearly 1,000 years and is named after eating it with hands. In September 2018, was named one of the top ten classic dishes in ningxia.

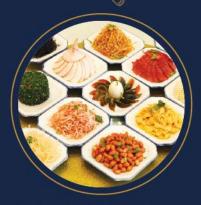
手抓羊肉是以羊腰窝肉,香菜主料制作的 药膳,相传手抓羊肉有近千年的历史,原 以手抓食用而得名。2018年9月,被评 为"中国菜"之宁夏十大经典名菜。



Babao Tea 八宝茶

Originating in the Tang Dynasty, the Silk Road has a history of over 1,300 years. Traders from diverse ethnic backgrounds exchanged local specialties, boiling them into tea to alleviate travel fatigue and foster new friendships.

起源于唐朝的丝绸之路有着1300多年的历史。当时,来自各族群的商人互相交流、分享本地特产,将它们煮成茶,用以缓解旅途疲劳并结交新朋友。



Nine bowls of thirteen flowers 九碗十三花

is the banquet dish of the Hui population, which is used to entertain the most honored guests.

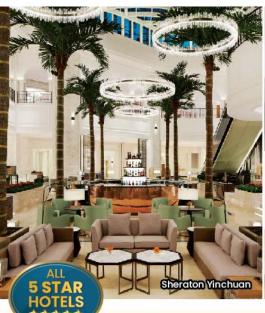
是回族宴席上用来招待最尊贵客人的菜肴。

Days 天数	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1	-	-	机上用餐 Meals on board
2	酒店早餐 198	机上用餐	手抓羊肉风味 80
	Hotel Breakfast	Meals on board	Hand-Grabbed Lamb
3	酒店早餐	中式合菜 60	十大碗风味 80
	Hotel Breakfast	Chinese cuisine	Ten Bowl cuisine
4	酒店早餐	中式合菜 60	固原风味 80
	Hotel Breakfast	Chinese Cuisine	Guyuan cuisine
5	酒店早餐	农家风味 60	蒿子面风味 80
	Hotel Breakfast	Farmhouse cuisine	Artemisia Noodles cuisine
6	酒店早餐	九碗十三花风味 60	沙漠 BBQ风味 100
	Hotel Breakfast	Nine bowls of thirteen flowers cuisine	Desert BBQ
7	酒店早餐	黄河鲤鱼风味 60	饽饽肉风味 80
	Hotel Breakfast	Yellow River Big Crap cuisine	Bobo meat cuisine
8	酒店早餐	沙湖鱼头风味 60	刷羊肉风味 200
	Hotel Breakfast	Fish of Shahu cuisine	Lamb Hot pot
9	早餐盒 Breakfast Boxed	机上用餐 Meals on board	-





Embark on a complete journey at 5-star hotel, offering a quality & comfortable stay. 全程安排五星级酒店,让您在整个旅程中享受到有质量且舒适的住宿环境。

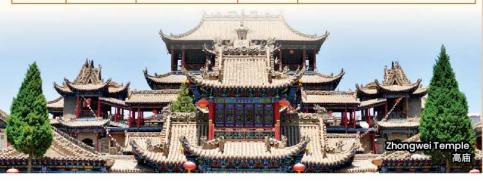








二 STAY 留宿	◎ LOCATION 地点	<u>自</u> HOTEL 酒店	☆ RATED 等级	EII REMARKS 备注
1 Night	Yinchuan	Sheraton Yinchuan or similar	****	Nestled against the Helan Mountains, our contemporary hotel offers world-class amenities in a prime location near business centers and attractions.
2 Nights	Guyuan	Huaqi Earl Hotel or similar	****	With quiet and convenient transportation, Guyuan is one of the most popular luxury hotels.
2 Nights	Zhongwei	Zhongwei Boao Hotel or similar	****	A shopping center and food street are next to the hotel.
2 Nights	Yinchuan	Sheraton Yinchuan or similar	****	Nestled against the Helan Mountains, our contemporary hotel offers world-class amenities in a prime location near business centers and attractions.







GD Partner:



f The Signature Tour