

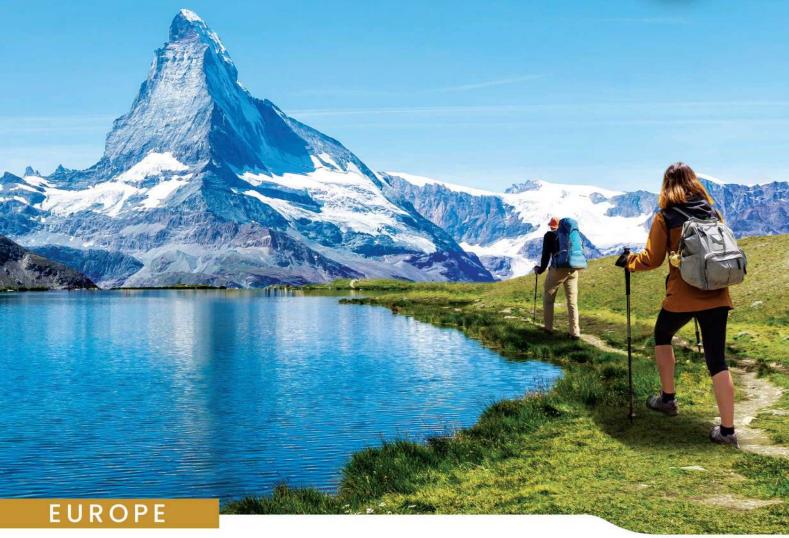
# 9D HIKE AND DISCOVER SWITZERLAND

ZURICH / LUCERNE / GRINDELWALD / INTERLAKEN / LAUTERBRUNNE / MÜRREN / BRIG / ZERMATT / MILAN

# **瑞士**徒步寻迹之旅

苏黎世 / 卢塞恩 / 格林德瓦 / 因特拉肯 / 劳特布伦嫩 / 米伦 / 布里格 / 采尔马特 / 米兰





# S-Class Journey, Signature Memories

# 全心服务 难忘体验

The GD Premium Team embraces your journey with unwavering authenticity, methodically crafting every nuance. Our service stems from the core, characterized by a client-first professionalism, providing wholehearted and adept planning. GD Premium团队满怀真诚,为您的旅程精心雕琢每个细节。我们的服务源自核心,以客户至上的专业精神为特征,提供全心全意和熟练的规划。



#### **Professional Team**

#### 专业旅游团队

Our people are certified travel professionals who have over years of experience. Every staff undergoes extensive customer service and quality assurance training.

我们的团队是经过认证的旅游专业人员,拥有超过多年的经验。每位员工都接受了广泛的客户服务和质量保证培训 。



#### **Exclusive & Meticulous Route Planning**

#### 独家精心策划

Our Exclusive & Meticulous Route Planning ensures every journey is tailored to your dreams and designed with meticulous care. It may provide you with an unforgettable journey!

带您一起用以前所未有的方式来探索世界。我们会提供独家细致的路线规划,确保每一次旅程都根据您的梦想专门定制,让您拥有难以忘怀的旅程体验!



#### Accommodation

#### 住宿

We have always embraced the concept of 'home away from home' when selecting hotels. We often go to great lengths to meticulously assess factors such as room types, geographical locations, and even the views available from within the rooms, all to ensure that we provide you with an accommodation experience that meets the standards. Our aim is to make your journey feel as comfortable as being at home. Typically, our first choice is 4-star and 5-star hotels, as they often meet our expectations for good quality accommodation.

我们一直秉承着宾至如归的理念来挑选酒店。我们经常以酒店的房型、地理位置,甚至房内可欣赏到的景色来尽心筛选,以确保为您提供最符合标准的住宿体验,让您在旅途中也能感受到如同在家一般的舒适。通常4星和5星级酒店都是我们的首选,因为它们往往能达到我们对好质量住宿的要求。







#### 9D 6N

### HIKE AND DISCOVER **SWITZERLAND**

ZURICH / LUCERNE / GRINDELWALD / INTERLAKEN / LAUTERBRUNNE / MÜRREN / BRIG / ZERMATT / MILAN

#### (MOB)

### DAY 02 ZURICH - 55KM - LUCERNE - 86KM

DAY 01 KUL > ZURICH, SWITZERLAND



(LL/WD)



• Lucerne photo stop: Old Chapel Bridge - the oldest wooden bridge in Switzerland, the Lion Monument, Old Town and Lake Lucerne.

#### DAY 03 GRINDELWALD EIGERGLETSCHER (HB/LL/KCD)

- 🚆 LAUTERBRUNNEN 👜 GRÜTSCHALP
- MÜRREN 2.5KM GIMMELWALD
- STECHELBERG 18КМ INTERLAKEN
- · Eiger Express Cable Car: From Grindelwald to Eigergletscher, a 20-minute ride with stunning views of the Eiger's north
- Rack Rail Journey: Round Trip from Eigergletscher to Jungfraujoch, ascend with breathtaking views of the Swiss Alps, including the Eiger, Mönch, and Jungfrau mountains.
- Lunch at the Top of Europe: Enjoy with incredible Alpine views.
- Train ride from Eigergletscher to Lauterbrunnen via Kleine Scheidegg.
- Ride cable car from Lauterbrunnen to Grütschalp, enjoy scenic landscape views.
- Once you get to beautiful Grütschalp, you will take the train to Mürren.
- · Hiking from Mürren to Gimmelwald.
  - · Board a cable car to Stechelberg.
    - Depart for Interlaken.

#### DAY 04 INTERLAKEN - 20KM - GRINDELWALD (HB/LL/LD) - 20KM - INTERLAKEN



• Return elevator ticket for Trümmelbach Falls: creating a series of impressive waterfalls.

· Brienzer Rothorn via cogwheel railway, you will admire the breathtaking mountain vistas.

\*Apr - Jun : Trümmelbach Falls \*Jul - Sep: Brienzer Rothorn

· Gondola to First by gondola lift: Round trip from Grindelwald to First, including the cliff walk activity.

#### DAY 05 INTERLAKEN - 216KM - BRIG

(HB/LL/LD)

- 37KM - TÄSCH 🚆 ZERMATT

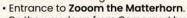


- Explore the Stockalper Palace, admiring its architectural beauty.
- The one-way shuttle train journey from Täsch to Zermatt (2nd class), which takes only about 12 minutes, is indeed special because it serves as the gateway to one of the world's most iconic car-free mountain destinations, Zermatt.
- · Free at leisure.



(HB/LL/SD)

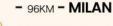
🔡 • Board the world's first fully electrified cog railway - the Gornergrat Bahn which starts from the village centre in Zermatt to Gornergrat.



- o fig. On the way down from Gornergart by train, stop at Rotenbden, walk to Riffelsee, photostop at the Lake Riffelsee. The flawless inverted mirror-image is reflected on the unruffled lake's surface.
  - · One-way shuttle train from Zermatt to Täsch. • Transfer to the global fashion: Milan.

#### DAY 07 MILAN - 96KM - SERRAVALLE SCRIVIA

(HB/FD)





• Experience a unique village-style shopping - Serravalle Designer Outlet all the way from Milan. Shop at will at over 180 designer stores.



· Photo stop at Duomo Cathedral, La Scala Theatre and Da Vinci Statue

#### DAY 08 MILAN > KUL

(MOB)

· Depart for home.

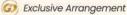
#### DAY 09 ARRIVE HOME

· Return home with cherished memories.



#### Meal Codes:

\*MOB=Meals on Board/HB=Hotel Breakfast/L=Lunch/LL=Local Lunch/LD=Local Dinner/WD=Welcome Dinner/KCD=Korea Cuisine Dinner/SD=Steamboat Dinner/FD=Farewell Dinner



#### Disclaimer:

Sequences of itinerary are subject to local arrangement. Itineraries, meals, hotels and transportation are subject to change without prior notice.





#### 9天 6晚

# 瑞士徒步**寻迹之旅**

苏黎世 / 卢塞恩 / 格林德瓦 / 因特拉肯 / 劳特布伦嫩 / 米伦 / 布里格 / 采尔马特 / 米兰

#### 第01天 吉隆坡 👉 瑞士苏黎世

(机上用餐)

#### 第02天 苏黎世 - 55KM - 卢塞恩

(道地午餐/欢迎晚宴)

- 86KM - 格林德瓦



・ 卢塞恩照片站: 老教堂桥 - 最古老的瑞士的木桥, 狮子纪念碑, 老城和卢塞恩湖。

#### 第03天 格林德瓦 🎂 艾格冰川

(酒店早餐/当地午餐/韩式晚餐)

- 🚆 洛特布伦嫩 苎 GRÜTSCHALP
- 米伦 2.5KM 吉梅尔瓦尔德
- 施特赫尔贝格 18KM 因特拉肯
- 艾格尔特快缆车: 从格林德瓦到艾格尔莱彻的往返行程, 20分钟 的车程,可以欣赏到艾格尔北峰的壮丽景色。
- 轨道铁路之旅: 从艾格格莱彻到少女峰的往回行程, 登上瑞士阿 尔卑斯山的壮丽景色,包括包括艾格峰,蒙赫峰和少女峰。
- •在"欧洲之巅"享用午餐:令人难以置信的高山景。
- 从艾格冰川搭乘火车到洛特布伦嫩,途经克莱恩・谢德格。
- · 从洛特布伦嫩搭乘缆车到Grütschalp, 欣赏风景如画的景色。
- ·一旦到达美丽的Grütschalp, 您将搭乘火车前往米伦。
- ・从米伦徒步到吉梅尔瓦尔德。
  - 搭乘缆车到施特赫尔贝格。
  - 出发前往因特拉肯。

#### 第**04**天 因特拉肯 - 20KM

(酒店早餐/道地午餐/道地晚餐)

- 格林德瓦尔德 - 20KM - 因特拉肯



深刻的瀑布。



- 止的山脉美景。
  - \* 4月 6月: 特吕梅尔巴赫瀑布
  - \* 7月 9月: 洛特峰列车
  - 乘坐缆车从格林德瓦尔德到第一的往返行程, 包括悬崖漫步活动。

#### 第05天 因特拉肯 - 216KM - 布里格

(酒店早餐/道地午餐/道地晚餐)

- 37KM - 塔施 🚆 采尔马特



- 探索斯托卡尔珀宫殿, 欣赏其建筑之美。
  - · 从塔施到采尔马特的单程火车旅程 (二等座位), 仅需约12分, 确 实特殊,因为它是通往世界上最具标志性的无汽车山区目的地 之一, 采尔马特。

### 第06天 采尔马特 💆 戈尔内格拉特峰 (酒店早餐/道地午餐/火锅晚餐)

- 9KM 采尔马特 🗒 塔施
- 230KM 意大利米兰
- 搭乘世界上第一条全电动的齿轨铁路 戈尔纳格拉特铁路, 从 采尔马特村出发到戈尔纳格拉峰。
- ·包括Zooom the Matterhorn门票。



- ・ 从戈尔纳格拉特路程的途中,在罗滕博登站停下,步行到里菲尔 湖, 在里菲尔湖拍照留恋。无瑕的倒影如镜像般映在宁静的湖 面上。
  - · 采尔马特到塔施的单程火车。 • 前往至全球时尚之都: 米兰。

#### 第07天 米兰 - 96KM

(酒店早餐/欢送晚宴)

- 塞拉瓦莱・斯克里维亚 - 96KM - 米兰



• 名牌购物村 - 塞拉瓦莱名品村。随心购物,超过180家设计师 店铺等待您。



· 在大教堂, 斯卡拉剧院和达芬奇雕像拍照。

#### 第08天 米兰 十 吉隆坡

(机上用餐)

• 启程回家。

#### 第09天 到家

带着珍贵的回忆回家。



#### 免责声明:

行程次序以当地旅行社安排为准。行程,膳食,住宿,交通等可能会因不可抗拒 因素而更动, 怒不另行通知。

# Must See Attractions

# 经典地标 深入探索

Carefree Enjoy relaxation, truly appreciate the world

悠游 享受放松 感慨世界美好

Capture The color & essence of each journey

收获 旅途中的色彩和精髓

Cozy Vibes to create joyful moment together

温馨 | 共创愉悦片刻



### 艾格快线 Eiger Express



Covers nearly 6.5 kilometers with 44 cabins for 26 passengers each. It offers a swift 20-minute ride from Grindelwald Station to the Eiger Glacier, providing a unique elevated perspective of the mountain landscape, including the Eiger North Face.

全长近6.5公里,有44个可容纳26人的大车厢,从格林德瓦站搭这个缆车只 要20分钟就可以到达艾格冰川。另一个好处是,与传统的登山铁路提供的 平面山景不同,艾格快线可以从较高的位置俯瞰山景,让您看到艾格北峰。

### 格林德瓦 - 第一缆车 Grindelwald - First Gondola



Located at the top mountain station of Grindelwald - First gondola. Grindelwald to First takes about 25 minutes. It also includes access to the Cliff Walk at the top.

位于格林德沃山顶站-第一缆车。缆车旅程大约需要25分钟,还包括通往山顶 悬崖步道的诵道。



### 布里恩茨 - 洛特峰列车 Brienz Rothorn Railway

The remarkable scenery and unique railway journey at Brienz Rothorn provide unparalleled views of the Swiss Alps and Lake Brienz. It's a must-visit for nature enthusiasts, photographers, and those seeking Bernese Oberland's beauty.

在布里恩茨罗特恩,令人惊叹的景色和独特的铁路之旅将为您呈现瑞士阿尔 卑斯山和布里恩茨湖的无与伦比的美景。这是自然爱好者、摄影师和寻求伯 尔尼阿尔卑斯山之美的人们不可错过的必游之地。



# 购物时光 - 塞拉瓦莱名品村 (名牌购物村) Shopping time at Serravalle Designer Outlet

The opportunity to shop for high-end fashion and luxury items at discounted prices. It's a shopping destination for fashion enthusiasts looking for quality and style.

有机会以折扣价购买高端时尚和奢侈品。这里是追求品质和风格的时尚爱好 者的购物目的地。



#### 从米伦到基梅尔瓦尔德

## Mürren to Gimmelwald

This hike is suitable for hikers of all experience levels and fitness levels, offering stunning mountain and valley views along the way. Enjoy the scenic beauty!

这次徒步适合各种经验水平和体能水平的徒步者,沿途提供壮丽的山景和山谷美景。享受风景如画的美丽!

Distance : About 2.5 km Duration : 1 to 1.5 hours

Terrain : The trail includes some gradual

uphill and downhill sections

Level of Difficulty : Easy

**距离** : 大约2.5千米 估计需要时间 : 1至1.5小时

地形 : 步道包括一些逐渐上坡和下坡的部分

难度级别 : 容易 \*FREE TREKKING POLES

\*附送登山村

## 从罗滕博登到里菲尔贝格 Rotenboden to Riffelberg

The hike itself begins at Rotenboden station where you can already see the lake on the left of the rail track (looking towards the valley). The famous lake is a great subject for photos, especially on windless days in the early morning or at dusk. The smooth surface of the water will perfectly reflect the Matterhorn.

在罗滕博登站徒步, 你可以在那里看到湖泊位于铁轨的左侧(面向山谷方向)。 这个著名的湖泊是拍照的好地方, 特别是在清晨或黄昏的无风日子里。水面的平静将完美地反映出马特洪峰。

Distance : About 2.3 km
Duration : 1 hour

Terrain : The trail includes downhill sections

Level of Difficulty :Moderate距离:约2.3公里估计需要时间:1小时地形:步道包括下坡段

难度级别 : 中等

\*FREE TREKKING POLES
\*附送登山杖



#### SAFETY INFORMATION

- · Weather conditions can change quickly in the mountains.
- Appropriate clothing is therefore essential, along with adequate supplies of food and water. In uncertain weather, turn back in good time.
- Inform others of the planned route, and whenever possible avoid going alone.
- Do not leave the marked routes; do not venture onto glaciers without a mountain guide.

#### 安全信息

- 山区的天气条件可能会迅速改变。
- 因此,适当的服装至关重要,还要带足够的食物和水。 在不确定的天气下,及时返回。
- 请告知其他人你的计划路线,尽量不要独自行动。
- 不要离开标记好的路线;不要在没有山地向导的情况下冒险涉足冰川。



# Taste Indulge 味蕾



Cheese Fondue 瑞士奶酪火锅



Rösti 瑞士薯餅



Raclette Cheese 瑞士特色烤奶酪



Korean Cuisine 韩式料理



Steamboat 火锅



Hard Rock Cafe Milan 米兰硬石餐厅

### . **EXCLUSIVE** 独家安排 ARRANGEMENT



# 瓦莱黑鼻绵羊肉 The Valais Blacknose sheep meat

The Valais Blacknose sheep is prized for both its large size, making it a good meat breed, and its renowned wool. Due to its rarity, it can be quite expensive.

瓦莱黑鼻绵羊因其庞大的体型, 成为优质的肉羊品种, 并以其著名的羊毛而受到推崇。由于其稀有性, 价格相 对较高。

Remarks/备注: All pictures in brochure are for illustration purpose only/ 行程上的图片仅供参考



Embark on a complete journey at 4-star & 5-star hotel, offering a quality & comfortable stay. 全程安排四+五星级酒店,让您在整个旅程中享受到有质量且舒适的住宿环境。











四 STAY 留宿	◎ LOCATION 地点	h HOTEL 酒店	☆ RATED 等级	III REMARKS 备注
1 Night	Grindelwald	Sunstar Hotel Grindelwald or similar	***	Outstandingly panoramic location.
2 Nights	Interlaken	Lindner Grand Beau Rivage or similar	****	Breathtaking views of Eiger Mönch, and Jungfrau.
1 Night	Zermatt	Ambassador Zermatt or similar	***	Room facing Matterhorn view
2 Nights	Milan	DoubleTree by Hilton Milan or similar	***	Located in the North-Westerr part of Milan in the heart of the lively business district.







GD Partner:

