

# 8D7N 昆明/大理/丽江/ 中甸 (香格里拉) (单程动车)

KUNMING / DALI / LIJIANG / ZHONGDIAN (SHANGRI-LA) (ONE WAY HIGH SPEED TRAIN)

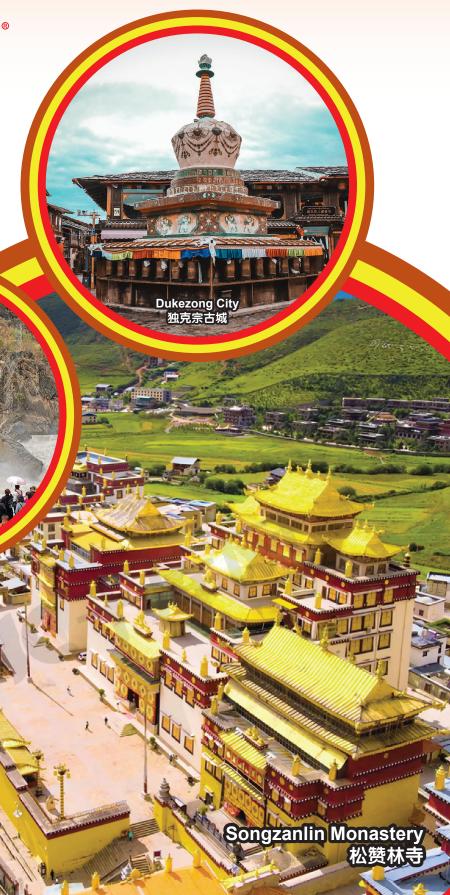
Tour Code: CKN-6







Tiger Leaping



行程次序,以当地旅社安排为准。 Sequences of Itinerary are subject to local arrangement.

Ideal State - Dali Santorini 理想邦 – 大理圣托里尼





#### 精简行程:

3程 🛪 昆明 🖨 (90公里) 石林

(机上用餐/晚)

☑ 入住酒店

#### 石林 🖨 (40公里) 宜良 🖨 (96公里) 昆明 (早/午/晚

- ☑ 石林风景区 (含电瓶车)
  - \*季节限定安排(视天气而定):
  - 1月-3月官良樱花谷( 赏千亩樱花)
  - 4月-5月宜良三角梅主题公园(赏三角梅)
  - 6月-12月九乡溶洞(含游船+单程索道)

#### 第三天

#### 昆明 🖨 (340公里) 大理 (早/午/晚)

- ☑ 理想邦 大理圣托里尼 (含下午茶+旅拍)
- ☑ 大理古城 (洋人街) (不含电瓶车)

### 第四天

### 大理 🗐 (300公里) 中甸

(早/午/晚)

- ☑ 喜洲白族民居(含三道茶及歌舞表演)
- ☑ 喜洲古镇(打卡网红墙)
  - \*季节限定安排(视天气而定):
  - 3月赏油菜花
  - 6-9月赏稻田风光
- ☑ 虎跳峡(含往返手扶梯)
- ☑ 大转经筒
- ☑ 独克宗古城

#### 第五天

#### 中甸 🖨 (180公里) 丽江 (早/午/晚)

- ☑ 松赞林寺(含环保车)
- ☑ 拉姆央措湖(远眺)
- ☑ 丽江古城、四方街
- ☑ 黑龙潭公园

## 第六天

#### 丽江

(早/午/晚)

- ☑ 玉龙雪山(含大索道)
  - 甘海子
  - 蓝月谷暑区(含电瓶车)
  - 印象丽汀歌舞表演
  - (注: 如遇剧场维修或天气等不可抗拒原因而停演,将更换其他 同级演出。)

  - \*3月中旬-4月中旬特别赠送安排前往丽江网红樱花大道赏花 (视天气而定)

# 第七天

## 丽江 員 (510公里) 昆明

(早/午/晚)

- ☑ 动车(约3.5小时-4小时)
- ☑ 钱王老街
- ☑ 翠湖公园
  - \*季节限定安排(视天气而定):
  - 2 3月上旬赏春日浪漫郁金香
  - 6 8月常荷花
  - 11月中 12月 ト旬常银杏
  - 12月底-次年3月观红嘴鸥
- ☑ 金马碧鸡坊

#### 第八天

### 昆明 🛪 回程

(早/午/机上用餐

☑ 花市

#### 观光景点:

石林风景区 - 整个景区由密集的石峰组成,有如一片石盆地。这里的石林直立突兀,线条顺 畅,并呈淡淡的青灰色,最高大的独立岩柱高度超过40米。

## 宜良

- **宜良樱花谷(1月-3月)** 漫山遍野的樱花在每年1-4月相继开放,踏进春天里的樱花海,粉色浪漫让心陷落。
- 宜良三角梅主题公园(4月-5月) 如同三角梅的花语,热情洋溢,活力四射。每年进入初 夏,成片的紫色鲜花大道,宛如进入爱丽丝仙境。
- **九乡溶洞(6月-12月)** 以溶洞景观为主、溶洞外自然风光、人文景观、民族风情为一体的综合性风景名胜区,有"溶洞博物馆"之称。

- 金马碧鸡坊 至今已有近四百年的历史。高12米,宽18米,雕梁画栋精美绝伦,是昆明的象征
- 昆明钱王老街 最能代表昆明市井生活的名片,这边有琳琅满目的花、 鸟、 工艺品,抬头是昆明的老房,耳边回荡着地道的昆明方言,穿插着清脆的鸟鸣声。

## 大理(平均海拔约2090米左右)

- 大理古城 简称榆城又称洋人街,位居风光亮丽的苍山脚下。大理古城是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店
- 喜洲白族民居三道歌舞表演 传承着白族传统的民间民俗舞蹈、传统的白族小调和大本曲弹唱 等古老的表演形式。一边欣赏歌舞,一边品尝大理正宗白族"--苦二甜三回味"的三道茶。

## 丽江(平均海拔约2400米左右)

- **丽江古城** 世界文化遗产,具有800多年历史的丽江古城,始建于南宋末年。街道不拘于工整而自由分布,主街傍水,小巷临渠,300多座古石桥与河水、绿树、古巷、古屋相依相映,极具高原水乡古树、小桥、流水、入家的美学意韵。 300多座古石桥与河水、绿树、古巷、古屋相依相映
- **玉龙雪山大象道** 海拔4506米,索道全长2914米,垂直高差1150米,是中国海拔最高的旅游客运索道之一,也是北半球最南端终年积雷的山脉。
- **蓝月谷景区 一**条从雪山流出的河,河水是雪山积雪融化后又经层过滤,在泉水涌出而最终 汇成白水河。白水河顺着面谷流入被誉为"小九寨沟"的蓝月谷,呈现给世人最丰富的色彩

#### 中甸(香格里拉) (平均海拔约3160米左右)

- 云南省规模最大的藏传佛教寺院,也是康区有名的大寺院之一,还是川滇一带的黄 中心,在整个藏区都有着举足轻重的地位,被誉为"小布达 一座古堡,集藏族造型艺术之大成,又有"藏族艺术博物馆" 该寺依山而建,外形犹 "小布达拉宫 之称。
- 拉姆央措湖 藏语意为"圣母灵魂湖"位于松赞林寺对面,是著名的女神白登拉姆的寄魂湖。
- 独克宗古城 又名"月光古城""藏语意为白色石头城。在这里还可以参观获颁吉尼斯记录的 世界上最大的转经筒。



### 7 早餐 / 7 午餐 / 7 晚餐

- 风味餐 八旅員. ★ 昆明 菌火锅 石林烤鸭风味 ★ 虹鳟鱼风味
- ★ 过桥米线
- ★ 大理砂锅鱼风味 ★ 升级玉龙雪山藏香猪小火锅
- 和风沈粤 🕯 ★ 丽江纳西风味



#### 酒店住宿(7晚)

✓ 石林铂晟假白酒店或同级

大理中和坊或同级

x1晚 x2晚

x2晚

- ✓ 昆明中凰酒店或同级
  - x1晚 x1晚
- 香格里拉蜀锦沐云大饭店 ✓ 丽江祥和一号假日大酒店

#### 自费项目:云南映像歌舞表演乙票[人民币300/人]

免责声明:由于新冠肺炎疫情旅行限制当地/宗教节日,公众假期,天气状况,交通等情况,自然灾害,必要时黄金旅程保留对行程进行适当调整(调整景点游览顺序) 以确保行程顺利进行,会或否事先通知。

备注:如果旅游行程受到上述问题的影响,将不予退款或更换。图片仅供参考。





#### **SCHEDULE**

#### DEPARTURE 🛪 KUNMING (90km) SHILIN

☑ Check In Hotel

#### SHILIN (40km) YILIANG (96km) KUNMING (B/L/D)

- ☑ Shilin Scenic Area (Include buggy ride)
  - \* Seasonal arrangement (subject to weather conditions):
     Jan Mar Yiliang Cherry Blossom Valley

  - Apr May Bougainvillea Theme ParkJun Dec Jiuxiang Karst Caves
- D<sub>3</sub>

#### KUNMING (340km) DALI

(B/L/D)

- ☑ Ideal State Dali Santorini
- ☑ Dali Ancient City (Exclude buggy ride)

### DALI 🖨 (300km) ZHONGDIAN

(B/L/D)

- ☑ Xizhou Ethnic Bai Residence (Include Three Course Tea and show)
- ☑ Xizhou Ancient Town (Viral photo spots)
  - \* Seasonal arrangement (subject to weather conditions):
     Mar Rape blossom viewing
- Jun Sep paddy paddy field viewing
   Tiger Leaping Gorge (Include return escalator)
   Large Rotary Wheel
- ☑ Dukezong City

#### ZHONGDIAN (180km) LIJIANG

(B/L/D)

- ☑ Ganden Sumtseling Temple (Include buggy ride)
- ✓ Lamuyangcuo Lake (Far View)✓ Lijiang old town, Square Street
- ☑ Black Dragon Pool Park

#### D6

### LIJIANG

- ☑ Jade Dragon Snow Mountain (Include cable way)
  - GanHaizi
  - Blue Moon Valley (Include buggy ride) The Impression of Lijiang
  - (If show suspended due to unforeseen circumstances of weather condition, will be replace with other similar
  - Jade Water Village
  - Special arrangement from Mid Mar Mid Apr Cherry blossom viewing at Lijiang Cherry Blossom Avenue (subject to weather conditions)

#### LIJIANG 🚊 (510km) KUNMING (B/L/D)

- ☑ High Speed Train (Estimated 3.5-4 hours)
- ☑ Qianwang Street☑ Green Lake Park
- - Seasonal arrangement (subject to weather conditions):
  - Feb early Mar tulip viewingJun Aug Water lilies viewing

  - Mid Nov early Dec Ginkgo
    End Dec Mar Black-heade
- ☑ Golden Horse & Jade Rooster Archway

#### D8

#### KUNMING র DEPARTURE (B/L/MOB)

#### **TOURIST ATTRACTIONS:**

#### SHILIN

Shilin Scenic Area - consist of dense stone, like a stone basin. The stone forest is erect and abrupt and smooth with light bluish-gray color and the largest stones is more than 40 meters.

#### YILIANG

- Yiliang Cherry blossom valley (Jan Mar) Cherry blossom start blooming from Jan to Apr, experience the romance of Yunnan Spring cherry blossom blooming scenery.
- **Yiliang Bougainvillea Theme Park (Apr May) -** Yiliang County is most famous for its bougainvillea, known as It is the hometown of bougainvillea.
- **Jiuxiang Karst cave (Jun Dec) -** Known as the "museum of karst caves", Jiuxiang caves boasts more than 100 karst caves and is the largest cave group system in China.

#### KUNMING

- Golden Horse and Jade Rooster Archway with a height of 12 meters width of 18 meters craft beams and painted pillars which is represent symbol of Kunming. It is having a history of nearly 400 years.
- Kuming Qianwang Old Street There is have different kind of flowers, birds, fish, insects, antiques, jewelry and handicraft

#### DALI (Average Altitude at 2090M)

- Dali Ancient City is the first historical and cultural city in China. There have shop specific sell marble products, tie-dye, straw braid and signature food and drink from the ethnic Bai, or enjoy and have a drink at Foreign Street.
- Xizhou ethnic Bai Taste Three Course Tea and Performance inherit traditional Ethnic Bai dance and other ancient performance and taste their three-course tea.

## LIJIANG (Average Altitude at 2400m)

- **Lijiang Old town -** world cultural heritage side with a history more than 800 years founded in the late Southern Song dynasty. More than 300 ancient stone bridge linked with the river, trees ancient allevs and houses.
- Jade Dragon Snow Mountain With altitude 4506 meters, cable way with the total length 2914 meters, Vertical height difference of 1150meters, is one of the highest tourist cable ways in China and also is the southernmost mountain range in the Northern Hemisphere minded all year round
- **Blue Moon Valley -** known as "Little JiuZhaiGou" presenting the world riches colors and the clearest pond water which flowing out of the snow mountain.

#### ZHONGDIAN (SHANGRI-LA) (Average Altitude at 3160m)

- **Ganden Sumtseling Temple -** the largest Tibetan Buddhist Temple at Yunan and Kang district. It is Shamanism religion in Sichuan-Yunan. Known as "Little Potala Palace".
- Lamuyangcuo Lake in Tibetan means "Virgin Spirit Lake"it is the soul lake of the famous
- Dukezong City known as Moonlight Ancient City, in Tibetan mean white stone city and also visit Guinness World record for the largest wrap wheel in the world.



- 7 Breakfast / 7 Lunch / 7 Dinne
- Special Cuisine: Kunming Mushroom Hotpot
- ★ Shilin Roast Duck ★ Rainbow Trout Cuisine
- ★ Yunan Bridge Noddle
- ★ Cantonese Cuisine ★ Lijiang Naxi Cuisine
- ★ Dali Fish Casserole
  - ★ Upgrade Jade Dragon Snow Mountain Tibetan Pork Hot Pot



## HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Shilin Holiday Inn BoSheng or similar class
- ✓ Kunming Zhong Huang Hotel or similar class Dali ZhongheFang Hotel or similar class
- ✓ Shangri-La Shujin Muyun Hotel or similar class
- x2 Nights x1 Night x1 Night

x1 Niaht

- ✓ Lijiang Xiang He No.1 Hotel or similar class
- x2 Nights
- Optional Tour: Yunnan Song and Dance Performance [RMB 300/PAX]

## **General Information**

# · 云南 Yunnan ·

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货币 Currency	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB	信用卡 Credit Card	* 致电信用卡中心,以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
货币兑换率 Exchange Rate	10 CNY = MYR 6.50 10 元 = 马币 6.50 *Subject to currency of the day *以当天厂率为准*	<del>拨号</del> 代码 Dial Code	China : +86 中国 : +86
电压 Voltage	Voltage - almost always 220 V 电压 - <b>220</b> 伏特	插座 Power Socket	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Different	China - No time different with Malaysia 中国 - 时间与 <b>马来西亚</b> 时间标准时无相差	行李托运 Luggage Allowance	Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机,以及托运行李不超过20公斤。
气候 Weather	Spring 春季       Summer         3月 – 5月       6月 – 8月         Mar to May       Jun to Aug         20℃ ~ 6℃       28℃ ~ 17°	9) S S	utumn 秋季  月 − 11月  12月 − 2月  ep to Nov  3°  ~ 15°
A330 B737 B787			
Departure Da 出发日期: Tour Fare: 团费: Tipping: 小费: Visa: 签证:	ate:	Flight: 航班行程: Airport Tax & Fue 机场税及燃油附加 Agent Collection 旅行社代收费: Travel Insurance: 旅行保险: TOTAL: 总数:	哦:
	GD Partner:		

