



INVITATION

Dear Gym Owner/Affiliate,

Singapore Wrestling is honored to invite you to participate in the **Singapore Combat Championship – Team Beach Wrestling event** on 6th October 2018.

The intricate art of taking down another person has been popular throughout recorded history. Origins of this sport can be traced back 15,000 years to cave drawings in France. Early Egyptian and Babylonian reliefs depict wrestlers/grapplers using most of the holds known to the present-day sport. In ancient Greece, wrestling/grappling occupied a prominent place in legend and literature; wrestling competition, brutal in many aspects, was the supreme contest of the Olympic Games. The ancient Romans borrowed heavily from Greek wrestling, but eliminated much of its brutality. During the Middle Ages, the art of takedowns remained popular and enjoyed the patronage of many royal houses, including those of France, Japan, and England.

In this day and age, the art has taken many different routes and evolved into many popular styles such as Indian Mud-wrestling (Kushti), Japanese Sumo, Brazilian Jujitsu, Submission Grappling, Russian Sambo, Catch-as-catch-can wrestling, Pankration and of course the modern Olympic styles of Judo, Freestyle and Greco-roman wrestling that are now practised by millions of people all over the world!

Our purpose for organizing Singapore Combat Championship is to provide all grapplers from different styles, a common unbiased platform to compete against one another and, to make new friends and foster team spirit in a fun and exciting way! This team competition will be limited to a team of 5 members (3 male and 2 female), in the following weight categories: Men: 70kg, 80kg, +80kg and Women: 55kg and 65kg. It will be based on Beach wrestling regulations set forth by United World Wrestling. For simplicity sake, it will be done in its purest form of Takedowns only and will take place on the sand!

Due to certain limitations, we will only be able to accommodate a maximum of 8 teams for this tournament, so hurry up and send in your team application forms before the stipulated deadline! See you at the beach!

With best regards,
Gabriel Huang - Operations Manager



GENERAL REGULATIONS

1. GENERAL INFORMATION

- 1.1. The Wrestling Federation of Singapore is organizing the **Singapore Combat Championship and all styles included.**
- 1.2. Team Beach Wrestling will take place, based on beach wrestling rules which was created to accommodate all major grappling arts and will be contested as a team event with 5 members per team in the following weight categories:
Men: 70kg, 80kg, +80kg and Women: 55kg and 65kg
- 1.3. The Event is organized by an “Organizing Committee” which is under the aegis of the Wrestling Federation of Singapore.

2. INFORMATION, INVITATIONS AND INTERNET

- 2.1. Latest updates will be sent by e-mail and will also be published on the official event on Facebook. (<https://www.facebook.com/sgcombatchamp/>)

3. PARTICIPATION

- 3.1. The tournament is open to male & female competitors of all nationalities and teams.
- 3.2. Each competitor can only register for one team and compete in one weight category. In the event that a team does not have a competitor for a weight category, the team may field a competitor from a maximum of one weight class lower to fill the slot.
- 3.3. A minimum of 3 competitors are required per team. Only one substitute is allowed per weight category per team.
- 3.4. Each club/gym may send in as many teams as they deem fit.
- 3.5. Every competitor must produce a valid identification on day of weigh-ins.
- 3.6. All competitors, must be of the appropriate age (16 and above). Competitors under the age 18 must have indemnity forms signed by a parent or legal guardian. This form can be requested from the organizer.
- 3.7. All competitors are required to sign and submit to the organizing committee,

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an indemnity form as part of the registration process, before they are permitted to compete.

- 3.8. Registrations will only be accepted online at:
<https://regonline.activeglobal.com/SGCCTeamBeachWrestling>
(Deadline for team entry September 30th 2018)
- 3.9. All registrations must be completed and paid online.

*No late payments/registrations will be entertained.

4. TECHNICAL CONDITIONS

- 4.1. The competition will take place in a team format in the following weight categories:
Men: 70kg, 80kg, +80kg
Women: 55kg and 65kg
- 4.2. The competition will take place on the sand arena.
- 4.3. In the event of an injury, the organizing committee is only responsible for first aid costs (provided by our vendor) incurred at the competition venue.

5. WEIGH-INS AND COMPETITION VENUE

- 5.1. The competition will take place at Siloso Beach, Sentosa, beach area in front of Sapphire Pavilion.
- 5.2. Weigh-ins will be conducted on the day of weigh-ins at 2.00pm.

6. PRIZES

- 6.1. The organizing committee will give individual prizes for each weight category:

1st Place	: Gold Medal, Certificate
2nd Place	: Silver Medal, Certificate
3rd Place	: Bronze Medal, Certificate
All competitors	: Certificate of participation



6.3. The champion team will receive a specially designed Champion's flag banner.

7. FINANCIAL CONDITIONS

7.1. Competition fees will be as follows:

\$158/team (Team coach of affiliate gyms will receive a \$30 rebate)

* For information on affiliation with the Wrestling Federation of Singapore, please e-mail to info@singaporewrestling.com.

7.2. All payment of fees will only be accepted online through <https://regonline.activeglobal.com/sgccteambeachwrestling>

8. RULES OF PLAY

8.1. Competition format:

Team Beach Wrestling will be contested in a Tournament pool format, where teams will be split into 2 pools competing in Round Robin within the pool and with the top 2 teams of each pool advancing to the Semi-finals. *This may be modified under different circumstances in order to fit the competition schedule.

There will be a maximum of 5 competitors per team, one competitor per weight category and a maximum of 5 bouts per team.

Winning 3 out of 5 bouts will determine the winner of the team match which will then proceed to the next round of the competition.

In the event that there are less than 6 teams, Team Beach Wrestling will be contested in Round-robin format and all the team bouts will run until the team match is completed. Total victories will then be used to decide the final winning teams of the tournament.

8.2. Scoring for actions and holds:

1 point

- The wrestler who manages to bring any of his opponent's body to the ground, except his hands.
- The wrestler who manages to bring any of his opponent's body out of the competition area.
- The wrestler whose opponent received a caution for illegal action.

**Note the attacker (and only the attacker) can put one knee to the ground when executing an action.*

3 points are awarded to:

- The wrestler who manages to expose his opponent's back to the ground during a takedown or a throw.

8.3 Victory condition

1. The first wrestler to 3 points wins the match.
2. If the score at the end of the bout is 0-0, it will be a draw. If it is a tie with points scored, the following criteria will be used to declare the winner:
 - Last point scored
 - Lighter weight of the athletes (determined from official weigh-in)

8.3. Match time:

1. Each team match will last a maximum of 15 minutes with each bout lasting a maximum of 3 minutes with exception of when a bout has been won due to one wrestler achieving 3 points.

8.4. Substitutions:

1. Substitutions may take place only outside of match time.
2. A maximum of one substitute team member is allowed per weight category per team.
3. Substitution is allowed only once per weight category throughout the



entire competition.

8.5. Injury:

1. In the event of an injury, the competitor will be given 1 minute of injury time to be examined by the first aid crew on duty to decide if he is fit to carry on. If he is unable to carry on competing, his bout will be forfeited.
2. The substitute team member (subject to prior registration) will be allowed to compete in place of the injured competitor only in subsequent matches.

9. ATTIRE

9.1. Attire:

1. All participants must be dressed in either a wrestling singlet or short sleeved t-shirt/rashguard with shorts/tights above the knee level.

Any other correspondence concerning the Event should be sent to the Wrestling Federation of Singapore via e-mail at register@singaporewrestling.com or by phone at 62804748. Thank you!