



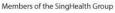


Risk-Stratification Models in Localised GIST: Making sense of them all

Brian K. P. Goh, MBBS, MMed, MSc, FRCSEd, FAMS Senior Consultant, Dept of HPB & Transplant Surgery, SGH Visting Consultant, Dept of Surgical Oncology, NCC Singapore Associate Professor (Adj), Duke-NUS Graduate Medical School bsgkp@hotmail.com or brian.goh@singhealth.com.sg

> 3rd Singapore Sarcoma Consortium **Education and Research Meeting** 12-13th Sept 2015

> > PATIENTS. AT THE HE RT OF ALL WE DO.

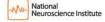


















Disclosures



I have no disclosures





Content



- Introduction
- Current risk-stratification models
- established systems
- rarely-used systems
- Comparison between risk-stratifications models
- Discussion
- Conclusion







- Gastrointestinal stromal tumors (GISTs) have varying malignant potentials
- Complete surgical resection is the treatment of choice





Why is accurate prognostication of GIST after surgical resection important?





1. Appropriate patient counselling





- 1. Appropriate patient counselling
- 2. Determination of intensity of postoperative surveillance





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- 3. Selection of patients for adjuvant treatment:





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High risk patients:

- Adjuvant imatinib improves recurrence-free survival
- Patients with a high recurrence risk have a longer survival with 3 years vs 1 year of adjuvant imatinib





- 1. Appropriate patient counselling
- 2. Determination of intensity of postoperative surveillance
- 3. Selection of patients for adjuvant treatment:

High risk patients:

- Adjuvant imatinib improves recurrence-free survival
- Patients with a high recurrence risk have a longer survival with 3 years vs 1 year of adjuvant imatinib

Low risk patients:

- Many GIST patients are cured after surgery without the need for adjuvant treatment
- Imatinib is generally well-tolerated but still has a high rate of adverse effects
- Imatinib is costly





- Today established prognostic factors for GIST include:
- 1. Tumor size
- 2. Mitotic count
- 3. Site: gastric vs non-gastric





- Today established prognostic factors for GIST include:
- 1. Tumor size
- 2. Mitotic count
- 3. Site: gastric vs non-gastric
- Other prognostic factors include:
- 1. Tumor rupture
- 2. Sex
- 3. Epitheloid subtype, necrosis
- 4. Mutations eg. KIT exon 11
- 5. Other biomarkers
- Several risk-stratification models are available for localized GIST today





Risk-stratification models

NIH criteria, 2002 (Fletcher)

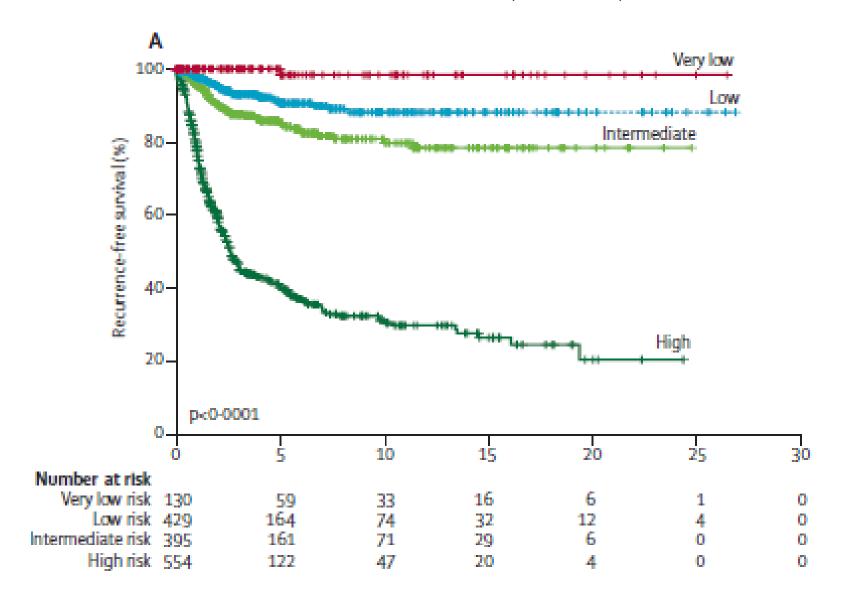
Hum Pathol 2002;33:459

- developed empirically
- workgroup consensus opinion
- Based on tumor size, mitotic count
- Not based on statistical validation
- Subsequently validated in numerous studies

Risk criteria	Tumor size	Mitotic count	Primary tumor site
	(cm)	(per 50	
		HPFs)	
NIH consensus of	criteria 2002	2 (2001)	
Very low risk	<2	<5	Any
Low risk	≥2<5	<5	Any
Intermediate risk	<5	5-10	Any
	5-10	<5	Any
High risk	≥5	≥5	Any
	>10	Any	Any
	Any	>10	Any

Validation of NIH (Fletcher) criteria

Joensuu. Lancet Oncol 2012;13:265, n = 2560



NIH-Miettinen criteria, 2002

Hum Pathol 2002;33:478

- developed empirically
- Workgroup consensus opinion
- Based on tumor size, mitotic count, site
- Not based on statistical validation

Risk criteria	Tumor size (cm)	(per 50	Primary tumor site
		HPFs)	
NIH-Miettinen cri	iteria		
Probably	≤5	≤5	Gastric
benign	≤2	≤5	Intestinal
Uncertain	>5 ≤10	≤5	Gastric
	>2 ≤5	≤5	Intestinal
Probably	>10	>5	Gastric
malignant	>5	>5	Intestinal

AFIP criteria, 2006 (Miettinen) NCCN 2007

Semin Diagn Pathol 2006;23:70, Am J Surg Pathol 2006;30:477, Am J Surg Pathol 2005;29:52, Am J Surg Pathol 2003;27:625, Am J Surg Pathol 2001;25:1121

- Modification of NIH-Miettinen
- Based on size, mitotic count and site
- Formulated based on findings from several previously published studies
- 1055 gastric, 906 jejunum/ileum, 156 duodenum, 144 colorectal,
- No statistical validation
- 4-tier, 15 subcategories

Tumor Parameters			Percent of patients with progressive disease during long-term follow-up and characterization of risk for metastasis					
Group	p TumorSize Mitot		Gastric GISTs	Jejunal and Ileal GISTs		Rectal GISTs		
1	≤2 cm ≤5-/-50- HPFs		0% none	0% 0% none none		0% none		
2	>2 cm ≤5 cm ≤5-/-50- HPFs		1.9% very low	4.3% low	8.3% low	8.5% low		
3a	>5 cm ≤10cm	≤5-/-50- HPFs	3.6% low	24% moderate	34%	57%		
3b	>10 cm	≤5-/-50- HPFs	12% moderate	52% high	high ‡	high ‡		
4	≤2 cm	>5 / 50 HPFs	0% †	50% †	§	54% high		
5	>2 cm ≤5 cm	>5 / 50 HPFs	16% moderate		50% high	52% high		
6a	>5 cm ≤10cm	>5 / 50 HPFs	55% high	85% high	060/	71%		
6b	>10 cm	>5 / 50 HPFs	86% high	90% high	86% high	high ‡		

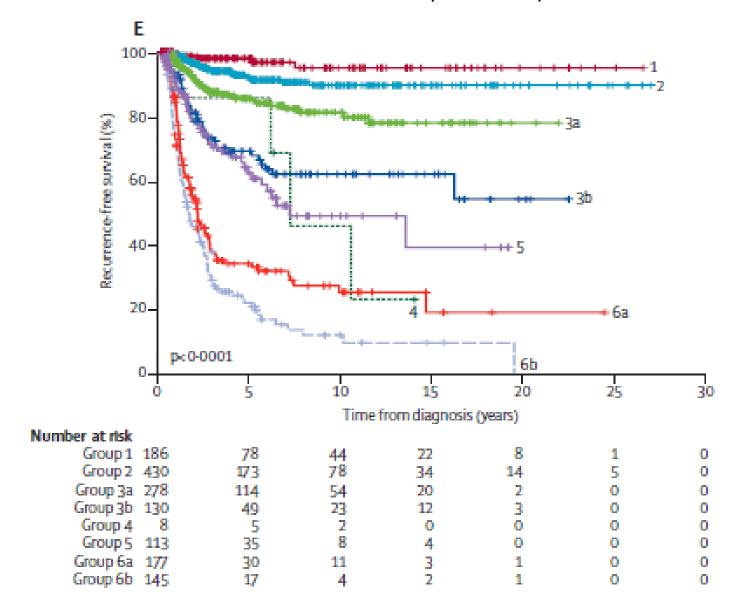
[†] denotes tumor categories with very few cases

[‡] Groups 3a and 3b, 6a and 6b are combined in duodenal and rectal GISTs because of small number of cases.

Risk criteria	Tumor size (cm)	Mitotic count (per 50 HPFs)	Primary tumor site
AFIP criteria 2006			
Very low risk	≤2	≤5	Any
	>2≤5	≤5	Gastric
Low risk	>2≤5	≤5	Non-gastric
	>5≤10	≤5	Gastric
	≤2	>5	Gastric
Intermediate risk	>10	≤5	Gastric
	>2≤5	>5	Gastric
	>5≤10	≤5	Non-gastric
High risk	>10	≤5	Non-gastric
	≤2	>5	Non-gastric
	>2≤5	>5	Non-gastric
	>5≤10	>5	Any
	>10	>5	Any

Validation of AFIP (NCCN) criteria

Joensuu. Lancet Oncol 2012;13:265, n = 2560



Modified NIH criteria, 2008 (Joensuu)

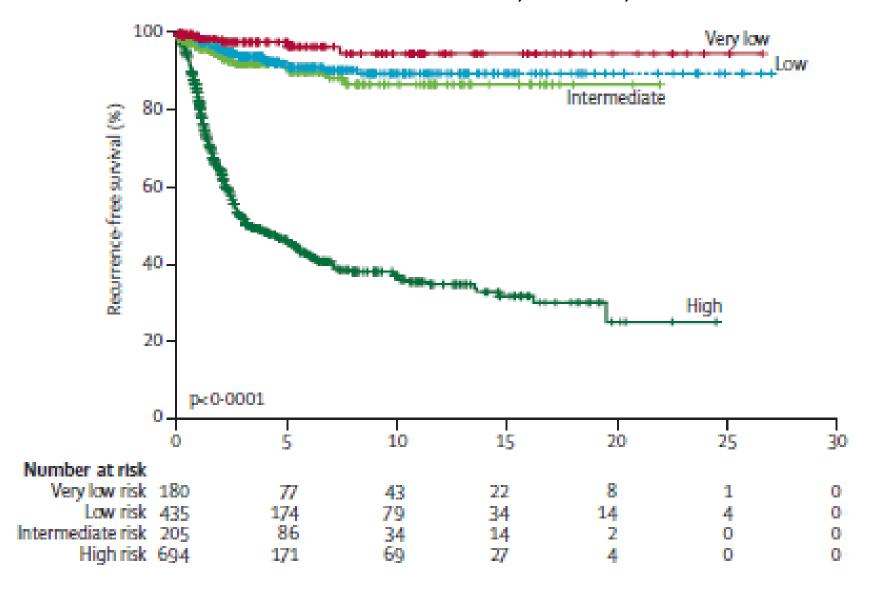
Hum Pathol 2008;39:1411

- formulated based on personal opinion
- Based on mitotic count, size, site and rupture
- No statistical validation
- 4 risk categories
- Very low, low and intermediate risk had excellent outcomes
- Essentially 2 risk categories

Risk criteria	Tumor size	Mitotic count	Primary tumor site		
	(cm)	(per 50			
		HPFs)			
Joensuu criteria	(modified N	IIH criteria) 20	008		
Very low risk	≤2	≤5	Any		
Low risk	>2≤5	≤5	Any		
Intermediate	>2≤5	>5≤10	Gastric		
risk					
	≤2	>5≤10	Any		
	>5≤10	≤5	Gastric		
High risk	Any	Any	Tumor rupture		
	>10	Any	Any		
	Any	>10	Any		
	>5	>5	Any		
	>2≤5	>5	Non-gastric		
	>5≤10	≤5	Non-gastric		

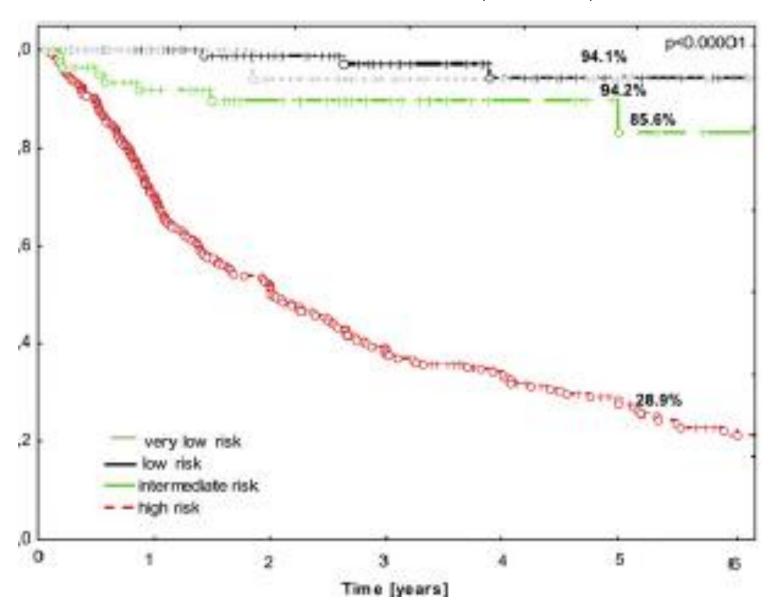
Validation of mNIH (Joensuu) criteria

Joensuu. Lancet Oncol 2012;13:265, n = 2560



Validation of mNIH (Joensuu) criteria

Rutkowski. EJSO 2011;37:890, n = 640





MSKCC nomogram



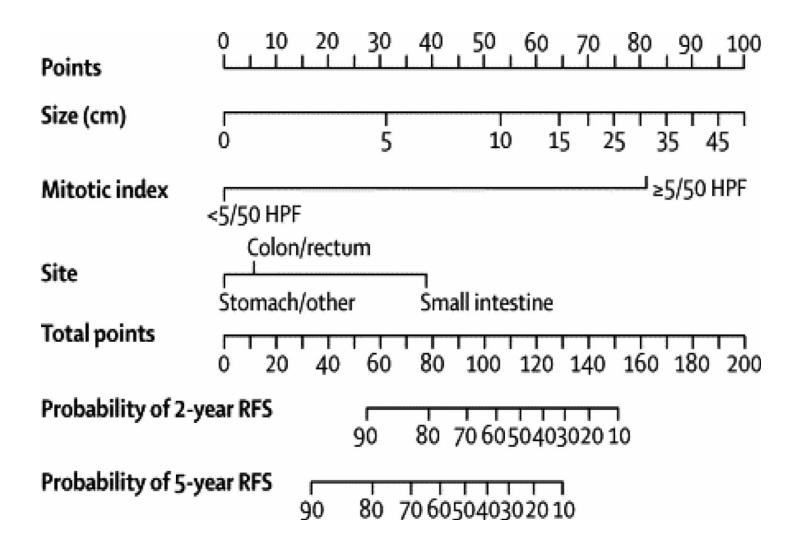
Lancet Oncol 2009;10:1045

- Formulated based on 127 patients from MSKCC
- Median FU 4.7 years
- Validated 2 cohorts: Spanish Group for Research on Sarcomas (GEIS) (n=212) and the Mayo Clinic (Mayo) (n=148)
- Predictive factors: mitotic count (categorical), size, site
- Rupture not significant (small numbers)
- Nomogram constructed (continuous, nonlinear)



MSKCC Nomogram







MSKCC nomogram



Lancet Oncol 2009;10:1045

- MSKCC nomogram compared to NIH, AFIP and NIH-Miettinen
- Nomogram significantly superior to NIH and NIH-Miettinen not AFIP

	Nomogram	NIH-Fletcher		NIH-Miet	tinen	AFIP-Miettinen		
	Concordance	Concordance	p-value*	Concordance	p-value*	Concordance	p-value*	
MSKCC	0.78 (±0.02)	0.72 (±0.03)	0.03	0.56 (±0.04)	<0.01	0.76 (±0.004)	0.33	
GEIS	0.76 (±0.03)	0.70 (±0.04)	0.04	0.66 (±0.04)	0.01	0.73 (±0.004)	0.28	
Mayo	0.80 (±0.02)	0.74 (±0.02)	0.04	0.78 (±0.02)	0.05	0.76 (±0.003)	0.09	

Joensuu Contour map

Lancet Oncol 2012;13:265

- Observation cohort study- derived from published population-based studies
- Assess prognostic factors of RFS in resectable GISTs
- Pooled analysis of 2560 patients from 10 studies
- Median overall survival 12.4 years
- Validation in 920 patients from Italy

Time period	Number of patients	Sex: male	Median age at diagnosis in years (range)	Patients or tumours with data available					
				Tumour size	Mitotic count	Tumour site	Tumour rupture	RFS	Overall survival
1988-2010	157	90 (57-3%)	67 (25-90)	148 (94-3%)	148 (94-3%)	157 (100%)	0	156 (99-4%)	157 (100%)
1990-2003	50	29 (58-0%)	68 (24-89)	49 (98-0%)	50 (100%)	50 (100%)	49 (98-0%)	50 (100%)	50 (100%)
1999-2009	63	36 (57-1%)	67 (31-96)	61 (96-8%)	57 (90-5%)	63 (100%)	0	62 (98-4%)	63 (100%)
1987-2006	72	35 (48-6%)	62 (30-92)	72 (100%)	72 (100%)	72 (100%)	0	72 (100%)	72 (100%)
1971-2001	231	116 (50-2%)	68 (19-92)	231 (100%)	231 (100%)	231 (100%)	0	231 (100%)	231 (100%)
1971-2003	457	238 (52-1%)	67 (23-94)	336 (73.5%)	457 (100%)	430 (94-1%)	0	0	457 (100%)
1981-2010	580	271 (46-7%)	60 (9-89)	566 (97-6%)	528 (91-0%)	580 (100%)	543 (93.6%)	580 (100%)	580 (100%)
1972-2009	474	251 (53-0%)	63 (10-93)	465 (98-1%)	408 (86-1%)	474 (100%)	470 (99-2%)	474 (100%)	474 (100%)
1996-2010	224	104 (46-4%)	62 (20-94)	211 (94-2%)	81 (36-2%)	224 (100%)	136 (60-7%)	0	149 (66-5%)
1993-2010	252	133 (52-8%)	60 (14-90)	239 (94-8%)	227* (90-1%)	251 (99-6%)	0	0	226 (89-7%)
1971-2010	2560	1303 (50.9%)	63 (9-96)	2378 (92-9%)	2259†(88-2%)	2532 (98.9%)	1198 (46-8%)	1625 (63-5%)	2459 (96-1%)
1980-2000	920	520 (56-5%)	66 (12-95)	903 (98-2%)	920 (100%)	920 (100%)	0	920 (100%)	909 (98-8%)
	1988-2010 1990-2003 1999-2009 1987-2006 1971-2001 1971-2010 1972-2009 1996-2010 1993-2010 1971-2010	1988-2010 157 1990-2003 50 1999-2009 63 1987-2006 72 1971-2001 231 1971-2003 457 1981-2010 580 1972-2009 474 1996-2010 224 1993-2010 252 1971-2010 2560	1988-2010 157 90 (57-3%) 1990-2003 50 29 (58-0%) 1999-2009 63 36 (57-1%) 1987-2006 72 35 (48-6%) 1971-2001 231 116 (50-2%) 1971-2003 457 238 (52-1%) 1981-2010 580 271 (46-7%) 1972-2009 474 251 (53-0%) 1996-2010 224 104 (46-4%) 1993-2010 252 133 (52-8%) 1971-2010 2560 1303 (50-9%)	period patients diagnosis in years (range) 1988-2010 157 90 (57-3%) 67 (25-90) 1990-2003 50 29 (58-0%) 68 (24-89) 1999-2009 63 36 (57-1%) 67 (31-96) 1987-2006 72 35 (48-6%) 62 (30-92) 1971-2001 231 116 (50-2%) 68 (19-92) 1971-2003 457 238 (52-1%) 67 (23-94) 1981-2010 580 271 (46-7%) 60 (9-89) 1972-2009 474 251 (53-0%) 63 (10-93) 1996-2010 224 104 (46-4%) 62 (20-94) 1993-2010 252 133 (52-8%) 60 (14-90) 1971-2010 2560 1303 (50-9%) 63 (9-96)	period patients diagnosis in years (range) 1988-2010 157 90 (57·3%) 67 (25-90) 148 (94·3%) 1990-2003 50 29 (58·0%) 68 (24-89) 49 (98·0%) 1999-2009 63 36 (57·1%) 67 (31-96) 61 (96·8%) 1987-2006 72 35 (48·6%) 62 (30-92) 72 (100%) 1971-2001 231 116 (50·2%) 68 (19-92) 231 (100%) 1971-2003 457 238 (52·1%) 67 (23-94) 336 (73·5%) 1981-2010 580 271 (46·7%) 60 (9-89) 566 (97·6%) 1972-2009 474 251 (53·0%) 63 (10-93) 465 (98·1%) 1996-2010 224 104 (46·4%) 62 (20-94) 211 (94·2%) 1993-2010 252 133 (52·8%) 60 (14-90) 239 (94·8%) 1971-2010 2560 1303 (50·9%) 63 (9-96) 2378 (92·9%)	Tumour size Mitotic count	Patients Patients	Patients Patients	Patients Patients

Data are number (%) unless otherwise indicated. RFS=recurrence-free survival. *Only categorised data available. †Mitosis count available both as a continuous and categorical variable for 1773 tumours, and as a categorical variable only for 486 tumours in the pooled series.

Table 1: Characteristics of the series

Joensuu Contour map

Lancet Oncol 2012;13:265

- Tumor size, mitotic count, location (gastric vs non-gastric vs EGIST), sex and rupture independent predictor of RFS
- Non-linear (GP-Cox models) were applied –
 prognostic heat maps and contour maps were
 produced using the above variables except sex

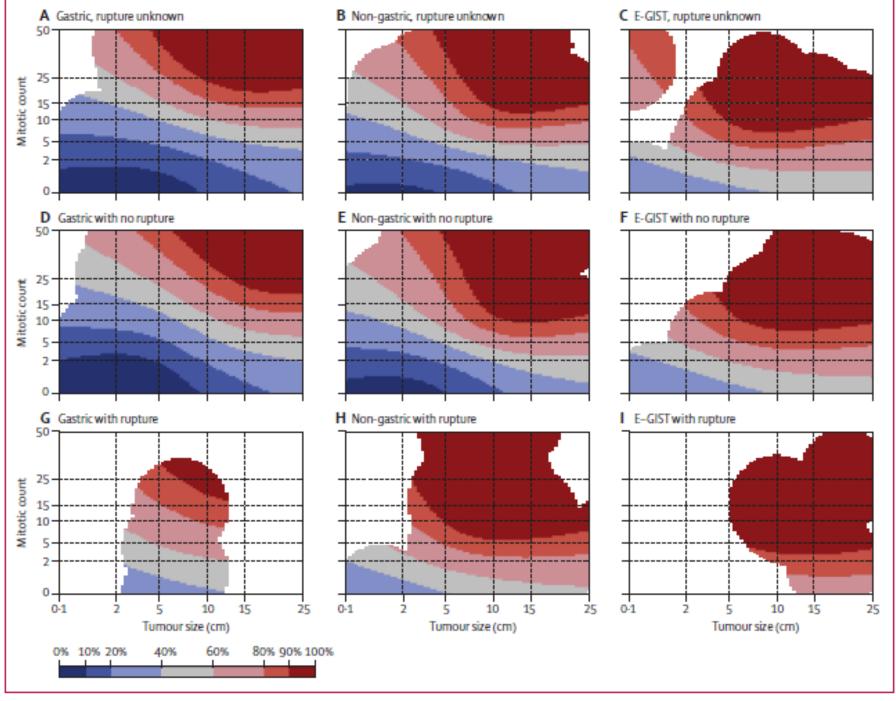


Figure 4: Contour maps for estimating the risk of GIST recurrence after surgery

Joensuu Contour map

Lancet Oncol 2012;13:265

- Comparison between the contour map vs NIH vs mNIH and AFIP in predicting 10-year RFS
- Contour map was the most accurate
- Same results for 5-year RFS

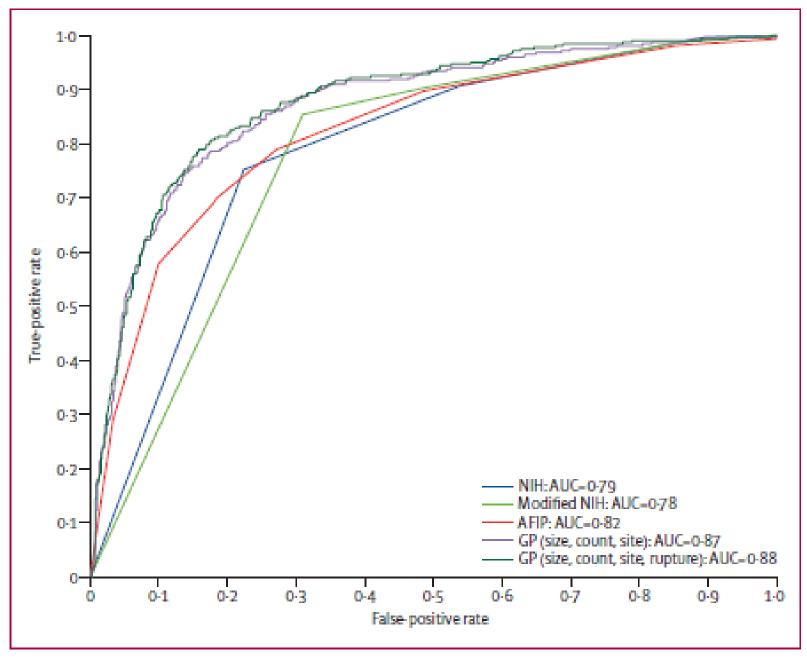


Figure 5: Receiver operating characteristic (ROC) analysis of the risk of GIST recurrence during the first 10 years of follow-up after surgery

Summary of 5 current prognostication systems (? most popular)

System	N	Variables	Type	Remarks
NIH '02 Fletcher	Nil	size, mitot ct	Categorical	Consensus opinion
AFIP '06 Miettinen	Nil	size, mitot ct, site (gastric vs nongastric)	Categorical	Consensus opinion
mNIH '08 Joensuu	Nil	size, mitot ct, site, rupture	Categorical	Personal opinion
MSKCC '09	127	size, mitot ct, site	Continuous, nonlinear	Validated in 212 and 148 patients
Joensuu contour map '12	2560	size, mitot ct, rupture, site (gastric vs nongastric vs EGIST)	Continuous, nonlinear	Validated in 920 patients

OTHER RISK STRATIFICATION MODELS

Modified NIH system, 2007 (Huang)

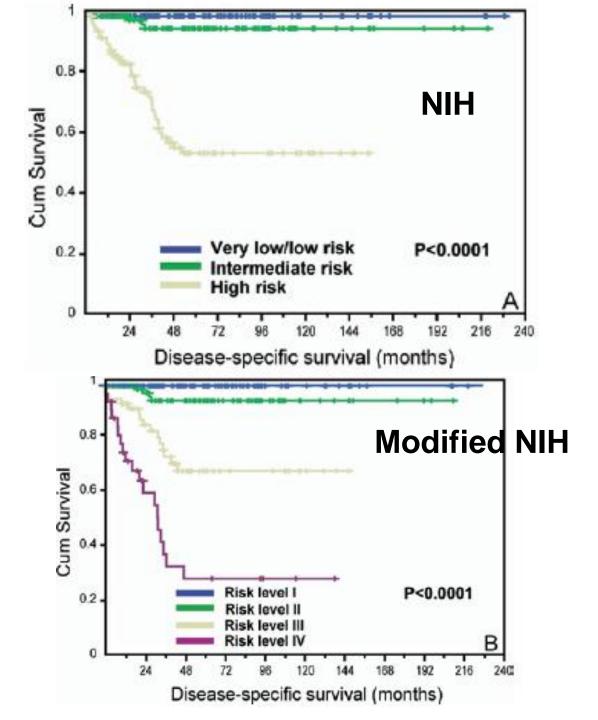
Surgery 2007;141:748

- 289 resected GISTs in Taiwan
- Modified NIH system
- Mitotic count and size
- Very low and low risk categories combined
- High risk: stratified into 2 groups

Table I. Criteria of the original vs modified NIH schemes to define aggressiveness of GISTs

Original NIH scheme	Modified scheme
Very low-risk <2 cm, <5/50 HPF	Risk level I ≦5 cm, <5/50 HPF
Low-risk 2-5 cm, <5/50 HPF	
Intermediate-risk <5 cm, 6-10/50 HP 5-10 cm, <5/50 HPF	Risk level II <5 cm, 6-10/50 HPF 5-10 cm, <5/50 HPF
High-risk >5 cm, >5/50 HPF >10 cm, any mitosis any size, >10/50 HPF	Risk level III ≤5 cm, >10/50 HPF 5-10 cm, 6-10/50 HPF >10 cm, <5/50 HPF Risk level IV
	>5 cm, $>10/50$ HPF

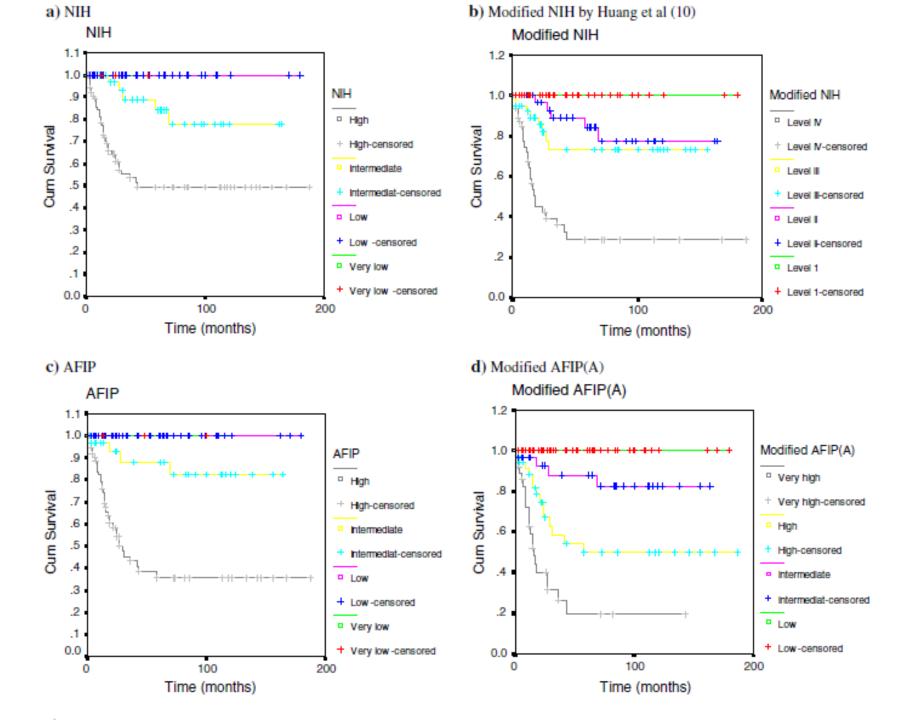
NIH, National Institutes of Health; GIST, gastrointestinal stromal tumor; HPF, high power field.



Modified AFIP criteria, 2008 (Goh)

Ann Surg Oncol 2008;15(8):2153

- 171 resected GISTs in Singapore
- Modified AFIP system
- Mitotic count, size and site
- Very low and low risk categories combined
- High risk: stratified into 2 groups



TGM system, 2009 (Woodall)

Arch Surg 2009;144:670-78.

- Not restricted to localized GIST
- Review of SEER database, USA 2537 patients
- Median FU 21 months
- Size, grade and metastases
- No documentation of mitotic count in database
- TG for localized GIST

Table 4. Proposed TGM Staging System for Gastrointestinal Stromal Tumors

Stage	Ţ	G	М	No. (%) of Patients (n=1175)	P Value	HR (95% CI)
Ī	T1	G1	M0	187 (15.9)		1 [Reference]
II	T2	G1	M0	153 (13.0)	.08	1.61 (0.94-2.75)
III	Any T	G2	M0	196 (16.7)	<.001	4.09 (2.57-6.51)
IV	Any T	Any G	M1	639 (54.4)	<.001	6.73 (4.39-10.31)
	,	G2	M0	196 (16.7)	<.001	

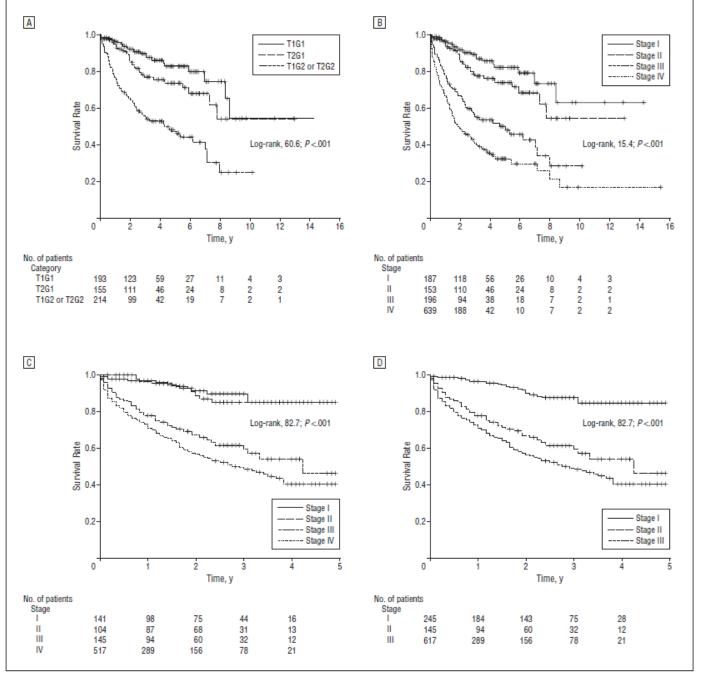


Figure 2. Kaplan-Meier survival curves for patients with gastrointestinal stromal tumors (GISTs). A, TG classification for patients without metastatic disease. B, TGM classification for all patients. C, TGM classification for patients diagnosed as having GISTs in 2000 or later. D, GM classification for patients diagnosed as having GISTs in 2000 or later.

AJCC, TNM 2010

AJCC 7th edition

- Adopted from the AFIP/NCCN system
- Translated into TNM
- Mitotic count, size, site, metastases/LN involvement

Primary Tumor (T)

TX: Primary tumor cannot be assessed

T0: no evidence for primary tumor

T1: tumor 2 cm or less

T2: tumor more than 2 cm but not more than 5 cm

T3: tumor more than 5 cm but not more than 10 cm

T4: tumor more than 10 cm in greatest dimension

Regional Lymph Nodes (N)

NX: regional lymph nodes cannot be assessed

N0: no regional lymph node metastasis

N1: regional lymph node metastasis

Distant Metastasis (M)

M0: no distant metastasis

M1: distant metastasis

Mitotic Rate

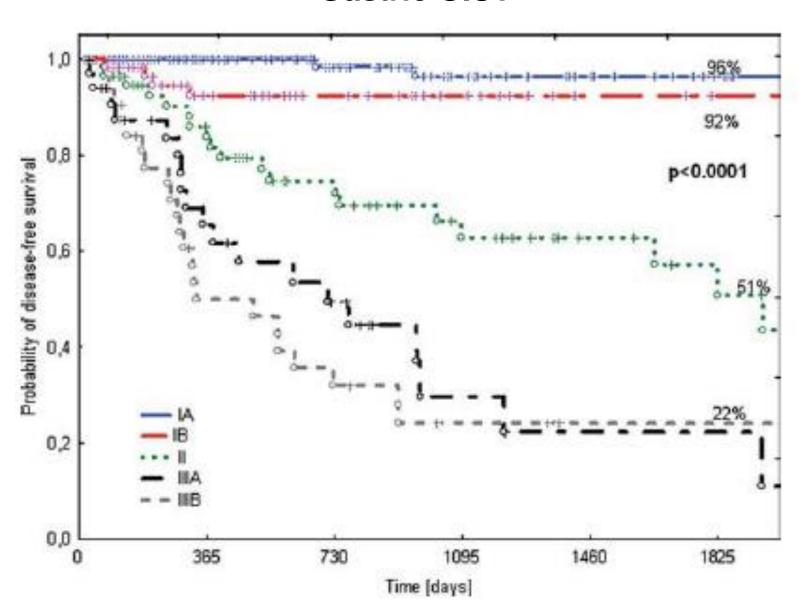
low mitotic rate: 5 or fewer per 50 HPF

high mitotic rate: over 5 per 50 HPF

<i>Gastric GIST</i> * Group	Т	N	М	Mitotic Rate
Stage IA	T1 or T2	N0	MO	low
Stage IB	T3 T1	N0 N0	MO	low high
Stage II	T2 T4	N0 N0	MO	high low
Stage IIIA	Т3	N0	MO	high
Stage IIIB	T4	N0	MO	high
Stage IV	any T any T	N1 any N	M0 M1	any rate any rate
Small Intestinal GIST** Group	Т	N	М	Mitotic Rate
Stage I	T1 or T2	N0	MO	Low
Stage II	T3	N0	MO	Low
Stage IIIA	T1 T4	N0 N0	M0 M0	High Low
Stage IIIB	T2 T3 T4	N0 N0 N0	MO MO MO	High High High
Stage IV	any T any T	N1 any N	M0 M1	any rate any rate

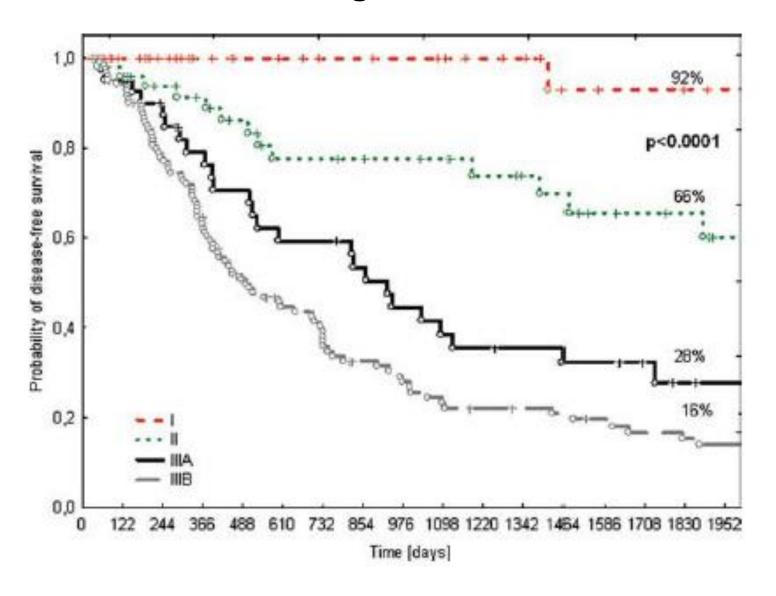
Validation of AJCC system

Rutkowski. Cancer 2011;1174916, n = 640 **Gastric GIST**



Validation of AJCC system

Rutkowski. Cancer 2011;1174916, n = 640
Non-gastric GIST



Italian nomogram, 2011 (Rossi)

Am J Surg Pathol 2011;35:1646

- 929 resected GISTs reviewed in Italy
- Nomogram developed from 526 patients to predict overall survival
- No external validation
- Median FU 126 months
- Based on mitotic count, size, site, age
- Mitosis and size as continuous variables

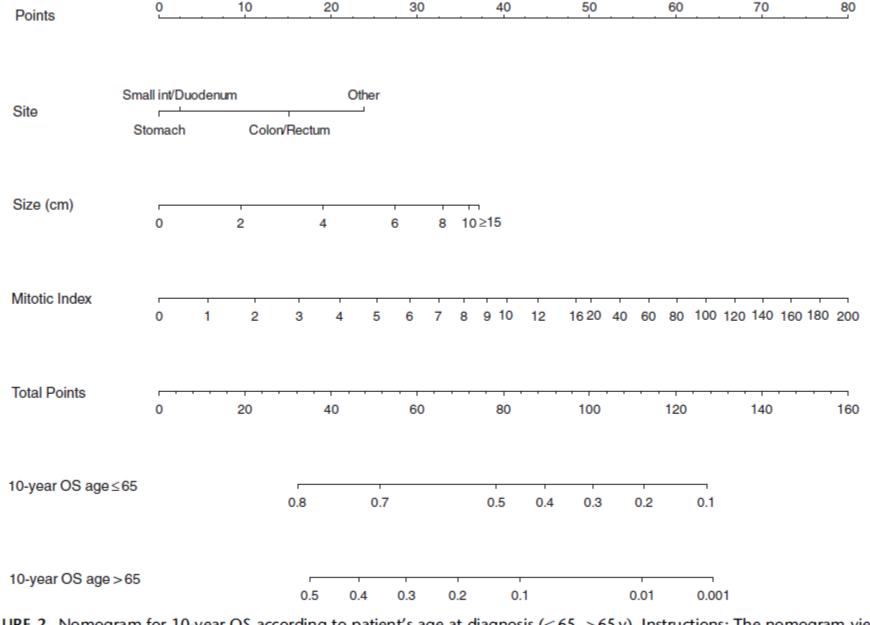


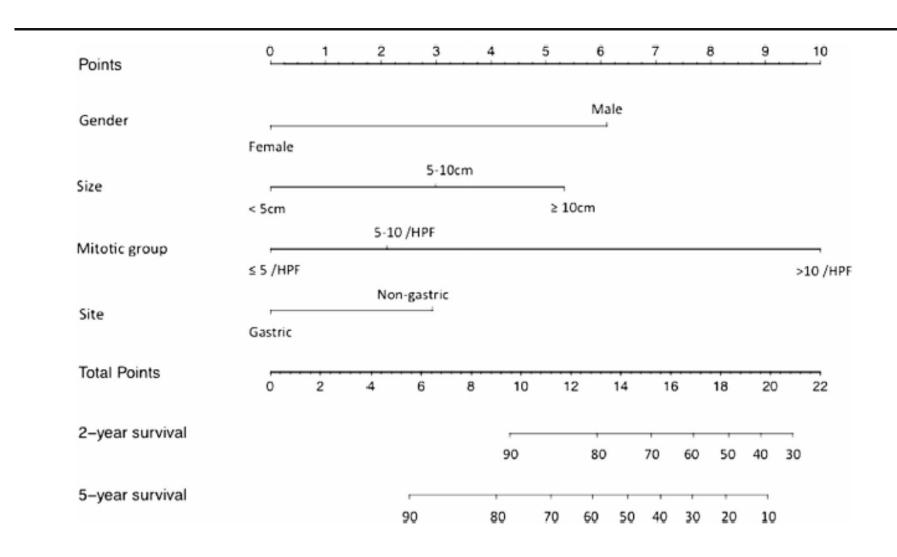
FIGURE 2. Nomogram for 10-year OS according to patient's age at diagnosis (≤ 65 , > 65 y). Instructions: The nomogram yields the 10-year OS probability corresponding to a patient's combination of covariates. Locate the patient's tumor site and draw a line straight upward to the Points axis to determine the score associated with that site. Repeat the process for tumor size and mitotic index, sum the 3 resulting scores, and locate the sum on the Total Points axis. Then, on the basis of patient's age at diagnosis (≤ 65 or > 65 y), draw a line straight down to the corresponding 10-year OS axis to find OS probability.

Nomogram, 2014 (Bischof)

J Gastrointest Surg 2014;18:2123

- 356 resected GISTs in North America
- Nomogram developed to predict DFS
- No external validation
- Median FU 20 months
- Based on mitotic count, size, site, sex
- Tumor rupture not significant predictor
- Mitosis and size as categorical variables

Nomogram, 2014 (Bischof et al)



Nomogram, 2014 (Bischof)

J Gastrointest Surg 2014;18:2123

 Nomogram superior to NIH, mNIH and MSKCC C-index (0.77 vs 0.73, 0.71, 0,71)

Similar to AFIP (0.78)

Summary of Risk-stratification models for GIST

Categorical	Continuous, non-linear
NIH-Fletcher '02	MSKCC nomogram, '09
MI, size	MI (cat), size, site
NIH-Miettinen '02	Italian nomogram '11
MI, size, site	MI, size, site, age
AFIP '06	Joensuu heat map '12
MI, size, site	MI, size, site, rupture
mNIH '08 (Joensuu)	Bishof nomogram '14
MI, size, site, rupture	MI (cat), size (cat), site, sex
AJCC, TNM '10 MI, size, site, metastases	
* Cat = categorical	





Comparison between Riskstratification models

Goh et al. Ann Surg Oncol 2008

Annals of Surgical Oncology 15(8):2153–2163 DOI: 10.1245/s10434-008-9969-z

Which Is the Optimal Risk Stratification System for Surgically
Treated Localized Primary GIST? Comparison of Three
Contemporary Prognostic Criteria in 171 Tumors
and a Proposal for a Modified Armed Forces Institute
of Pathology Risk Criteria

Brian K. P. Goh, MBBS, MRCS, MMed (Surgery), FRCS,¹
Pierce K. H. Chow, MBBS, FRCS, PhD,^{1,2} Wai-Ming Yap, MBBS, FRCPa,³
Sittampalam M. Kesavan, MBBS, FRCPa,³ In-Chin Song, DipMT,⁴
Pradeep G. Paul, BSMS, MSc,⁵ Boon-Swee Ooi, MBBS, FRCS,⁶
Yaw-Fui A. Chung, MBBS, FRCS,¹ and Wai-Keong Wong, MBBS, FRCS¹





Goh et al. Ann Surg Oncol 2008

- 171 patients with resected GIST, without adjuvant imatinib
- To validate and compare the NIH, AFIP, Hwang modified NIH
- AFIP > Hwang modified NIH > NIH
- Proposed modified AFIP the most accurate

TABLE 7. Comparison of the prognostic stratification of five risk criteria for gastrointestinal stromal tumor, including our two proposed modifications to the AFIP criteria

Risk criteria	Discriminatory ability linear trend (χ² test) ²	Homogeneity likelihood ratio $(\chi^2 \text{ test})^b$	Akaike information criteria ^c
NIH	17.9	38.8	341.9
Modified NIH	33.5	52.4	328.2
AFIP	22.4	61.9	320.9
Modified AFIP(A)	44.0	67.2	313.5
Modified AFIP(B)	38.2	61.9	318.7

AFIP, Armed Forces Institute of Pathology; NIH, National Institutes of Health.

^a Higher discriminatory ability linear trend indicates a higher linear trend between stages.

b Higher homogeneity likelihood ratio indicates there is a smaller difference within the stages.

^c Lower Akaike information criteria signify that the model is a better fit and a better predictor of survival.

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Ann Surg Oncol DOI 10.1245/s10434-015-4400-z Annals of

SURGICAL ONCOLOGY

OFFICIAL JOURNAL OF THE SOCIETY OF SURGICAL ONCOLOGY

ORIGINAL ARTICLE - GASTROINTESTINAL ONCOLOGY

Validation of the MSKCC Gastrointestinal Stromal Tumor Nomogram and Comparison with Other Prognostication Systems: Single-Institution Experience with 289 Patients

Aik-Yong Chok, MBBS, MRCS¹, Brian K. P. Goh, MBBS, MMed, MSc, FRCS^{1,2}, Ye-Xin Koh, MBBS, MRCS¹, Weng-Kit Lye, MSc², John C. Allen Jr., PhD², Richard Quek, MBBS, MRCP³, Melissa C. C. Teo, MBBS, MRCS, FRCS⁴, Pierce K. H. Chow, MBBS, FRCS, PhD^{1,2}, Hock-Soo Ong, MBBS, FRCS⁵, Alexander Y. F. Chung, MBBS, FRCS¹, and Wai-Keong Wong, MBBS, FRCS⁵



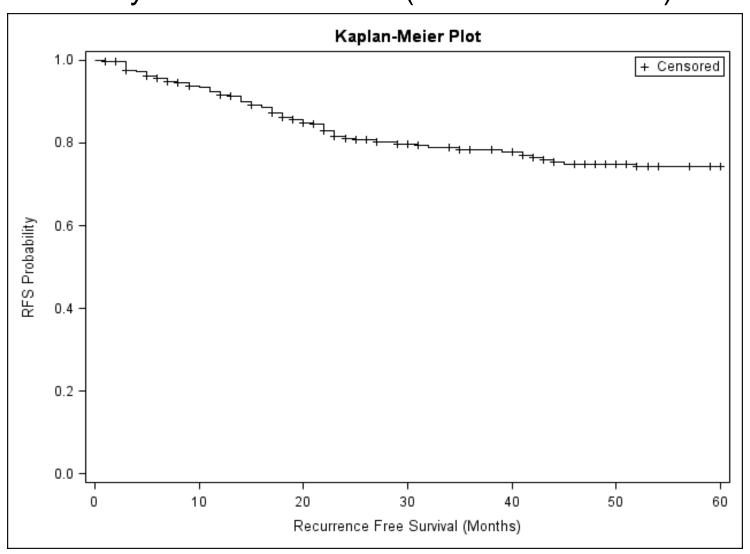


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- 289 patients with resected GIST, without adjuvant imatinib
- To validate the MSKCC nomogram
- To compare the predictive accuracy of the GIST nomogram versus current established classification systems (NIH, mNIH and AFIP)
- Median FU 61 months

RFS of GIST

2-yr RFS was 77.2% (95%CI: 71.6-81.8) 5-yr RFS was 67.9% (95%CI: 61.7-73.4)



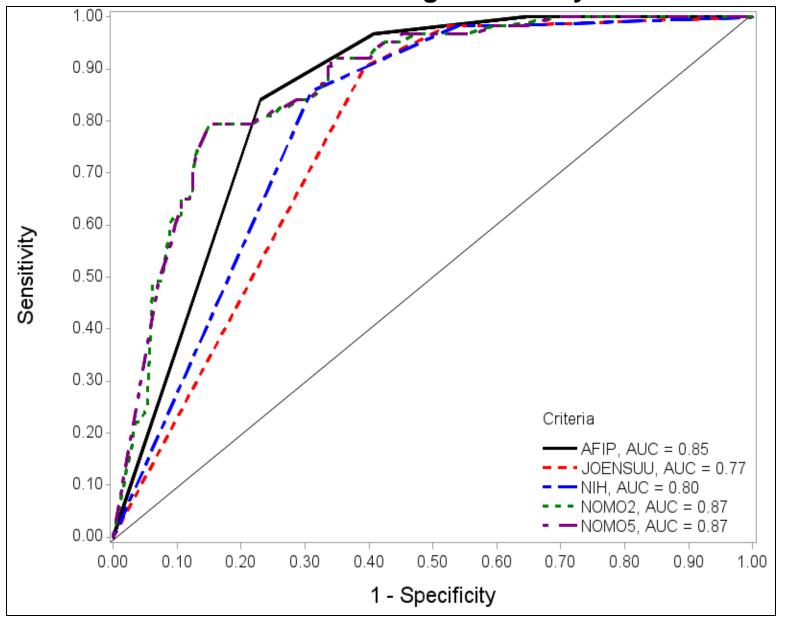


Results



- All 4 systems: NIH, AFIP, mNIH (Joensuu) criteria and MSKCC were useful in stratifying patients according to risk of recurrence
- MSKCC nomogram was significantly more accurate than the NIH and Joensuu criteria
- Difference between the MSKCC nomogram and AFIP was not significant

Receiver operating characteristic (ROC) curve analysis of the risk of GIST recurrence during the first 5 years





Limitations



- The predictive ability of the nomogram dependent on the proportion of high/low risk tumors in a particular study cohort.
- MSKCC nomogram overestimated the probability of recurrence especially for low risk tumors
- Hence, it performance tended to be poorer in study cohorts with a high proportion of low risk tumors

Selected studies comparing the accuracy of the various staging systems

Author, yr	N	NIH	AFIP	mNIH	MSKCC	Remarks
Gold '09	127 212 148	0.72 0.70 0.74	0.76 0.73 0.76	Nil	0.78 0.76 0.80	3 cohorts
Rossi '11	526	0.64	0.73	Nil	Nil	Nomo 0.72
Joensuu '12	2560	0.79	0.82	0.78	-	Contour map 0.88
Bishof '14	365	0.73	0.78	0.71	0.71	Nomo 0.77
Yanagimoto '15	712	0.74	0.80	0.74	Nil	AJCC 0.83 JNIH 0.66
Chok '15	289	0.80	0.85	0.77	0.87	Asian population



Discussion



- Risk stratification models: categorical vs continuous
- Remains uncertain which risk-stratification model is superior
- In general, systems which are derived from a continuous, non linear model probably more accurate
 - more individualized
 - less user friendly
- Variables to include: mitotic count, size, site, rupture, sex, age



Future



- Current prognostication systems may be improved with incorporation of additional variables
- Kit mutational status
- Genomic-based methods CINSARC, AURKA expression, Genomic index
- Inflammatory markers CRP, NLR, PLR





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Genomic Grade Index predicts postoperative clinical outcome of GIST

F Bertucci^{*,1,2,3}, P Finetti¹, J Ostrowski⁴, WK Kim⁵, H Kim⁵, MA Pantaleo⁶, A Astolfi⁷, M Polkowski⁸ and D Birnbaum¹

¹Department of Molecular Oncology, Centre de Recherche en Cancérologie de Marseille; UMR I 068 Inserm; Institut Paoli-Calmettes, 232 Boulevard Sainte Marguerite, I 3273 Marseille Cedex 09, France; ²Department of Medical Oncology, Institut Paoli-Calmettes, Centre de Recherche en Cancérologie de Marseille, UMR I 068 Inserm, Marseille, France; ³Aix-Marseille University, Marseille, France; ⁴Department of Oncological Genetics, M Sklodowska-Curie Memorial Cancer Center and Institute of Oncology, Warsaw, Poland; ⁵Department of Pathology, Yonsei University College of Medicine, Seoul, Korea; ⁶Department of Hematology and Oncological Sciences, L.A. Seragnoli, S. Orsola-Malpighi Hospital, University of Bologna, Bologna, Italy; ⁷Interdepartmental Centre for Cancer Research G. Prodi, University of Bologna, Bologna, Italy; ⁸Department of Gastroenterology, Medical Center of Postgraduate Education, Warsaw, Poland

BACKGROUND: Prognosis of localised gastrointestinal stromal tumour (GIST) is heterogeneous, notably for patients with AFIP intermediate or high risk of relapse, who are candidates to adjuvant imatinib. We hypothesised that gene expression profiles might improve the prognostication and help to refine the indications for imatinib.

METHODS: We collected gene expression and histoclinical data of 146 pre-treatment localised GIST samples treated with surgery alone. We searched for a gene expression signature (GES) predictive for relapse-free survival (RFS) and compared its performances to that of three published prognostic proliferation-based GES (Genomic Grade Index (GGI), 16-Kinase, and CINSARC) and AFIP classification. We also analysed a data set from 28 patients with advanced GIST treated with neo-adjuvant imatinib.

RESULTS: We identified a 275-gene GES (gene expression signature) predictive of RFS in a learning set and validated its robustness in an independent set. However, the GGI outperformed its prognostic performances, and those of the two other signatures and the AFIP intermediate-risk classification in two independent tests sets in uni- and multivariate analyses. Importantly, GGI could split the AFIP intermediate/high-risk samples into two groups with different RFS. Genomic Grade Index 'high-risk' tumours were more proliferative and genetically unstable than 'low-risk' tumours, and more sensitive to imatinib.

CONCLUSION: GGI refines the prediction of RFS in localised GIST and might help tailor adjuvant imatinib.



Conclusions



- Still uncertain which risk-stratification system is superior
- Established prognostic factors size, mitotic index, site
- Models that address the continuous and non-linear nature of the prognostic variables for GIST – more accurate than models that categorise these variables
- These models are more likely to produce the most precise individualized risk estimation for GIST
- mNIH system (Joensuu) produces a single high-risk group – useful for selection for adjuvant therapy













Thank You

bsgkp@hotmail.com



