

## Race Information

Venue: Kompleks Sukan Air Putrajaya Presint 6

Event Date: 13 January 2019 (Sunday)

Registration Time: 6.00 am – 6.50 am

Flag off Time: 7.00 am Lucky Draw: 10.00am

## Run Category

Boys Under 18 Girls Under 18

Men Open Women Open

Men Masters 40 above

Women Masters 35 above

Mix Senior Veterans 55 above

## Entitlements

All runners' will receive My Jantungku Run 2019 Tee All runners' for all categories who have completed the run will receive My Jantungku Run 2019 Finishers Medal

All runners' who have completed the run is entitle to redeem one can of "Turbo 3" energy drink

All runners' who have completed the Run is entitled to one lucky draw per their category and one open category.

## Rules & Regulations

1. My Jantungku Run 2019 organised by Malaysia Occupational Safety & Health Practitioners' Association (MOSHPA) is open to all Malaysians and all other countries citizens and/or PR citizens and expatriates who are working, studying and stays in Malaysia.
2. Participants below 18 years of age need to seek their parental or guardian consent before participating in the event.
3. Once the registration has been processed and payment has been made, the registration fees are NON-TRANSFERABLE and NON-REFUNDABLE for participant who does not take part in the event for whatever reason or if the event has to be cancelled for reason of force majeure i.e. due to occurrence of incidents that are beyond the control of MOSHPA. MOSHPA reserves the rights to change the date, venue or cancelled the event.
4. Participants agree to provide true, accurate, current and complete information about them and must ensure they are in good health conditions to take part in the event.
5. It is compulsory for the participants to wear the Bib number at the front during the event. Failure which, they will be disqualified and will not receive their finishers medal and lucky draw entry.

6. Participants must follow the assigned event route, the instruction or direction of security officials, traffic management officials, event's officials and any other enforcement officials.

7. The Organiser reserves the right to use any photographs (including those of Participants), motion pictures, recordings, or any other media records during and after the event for current and future official events and other promotions.

8. All merchandise colour, design and material are subject to change without prior notice. Change in sizes during collection of the event tee is strictly NOT ALLOWED. For late

registration participants (less than 10 days before the event), the size of the event tee is strictly on the first come and first serve basis. 9. Whilst every reasonable precaution will be taken by MOSHPA to ensure the participants safety, MOSHPA, its event manager, its sponsors and its appointed officials shall not be liable for any death or injury, loss or damage, suffered or otherwise and howsoever arising during the event.

10. The Organiser reserves the right to amend the Rules & Regulations at any time, at its sole discretion, without any prior notice