



MANIFESTING YOUR DESTINY

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Manifesting Your Destiny

Foreword

To allow manifestation to be seen as successful or to be perceived as such there are certain elements that should be addressed, such as the mind and body melding together as one. Manifestation is about exploring your inner self and reaching it to that extent where your dreams can become part of your regular life. This is true and it is possible because there are people who have learned the art of manifestation and they have made their dreams come true.

Manifestation gives you full control over your life and they make you stronger and humble in a sense that you will come to accept the realities of your life. You can see a dream, think about something special, set a goal for your life but without proper manifestation of those thoughts, your dreams and ideas will not be able to bloom. Moreover you will not be able to implement them in your life and make these thoughts, dreams and ideas reality.

To take advantage of manifestation, you need to know the exact sense of manifestation in the first place. Once you know the components and steps of executing the manifestation techniques then, you can finally see things which are really important in your life. In this EBook I will share with you the entire philosophy behind manifestation. You will know that manifestations are part of our regular life and with little effort you can master how to control your life with your desires.

Chapter 1: The Art of Manifestation

Synopsis

Some people would say that manifestation is done through the energy expounded when a choice is made. Generally it is taken to mean that something is brought into “being” which implies that manifestation is limited to the physical elements but herein lies the phenomena as manifestation does also seem evident in our thought process.



The Basics

If you take more regulated definition of manifestation then, according to Wikipedia “Manifestation is a belief that one can by force of will, desire and focused energy makes something true on physical level”

“Manifestation is the art of fashioning a co-creative, synchronistic, and mutually supportive relationship between the inner creative energies of a person’s own mind and spirit and their counterpart within the larger world in order to bring a new and desirable situation into being.”

But, how can you master the art of manifestation? What are the things that you need to consider? Why do you need to manifest something?

There are different approaches that you may take for consideration when making manifestations. These approaches may vary depending on how the person handles the situation.

But, before everything else, you have to know what manifestation means before you take any necessary steps. You also have to know the abilities required for you to make successful manifestation. This is because there are things that may assist you while you are applying the steps to manifest anything.

So, what are really the secrets to successful manifestation and why do you need to master it? Is it a requirement in this life?

Or, is it another way for you to be successful in life? The answer is simple and it depends on the person.

Building up manifestation

Powerful and focused thoughts are often enough to bring all your tangible and intangible needs into existence but it needs a very concentrated effort and if you add two more things in this effort then, no one can stop you from living your dream life.

Your thoughts should be backed with powerful emotions. Emotions are like back bones of thoughts and it is really important that when you think about something then, you must feel in the exact same way as you will after achieving that thing.

If it is confusing then, take for example the thought of being afraid by something or some situation and it often happens that when you think about being frightened in a situation then, eventually you end up being frightened at that very particular moment by showing gestures like shivering, swatting or other similar things.

This is exactly what I mean from backing your thoughts with emotions. You should feel that emotion that how will you feel after marrying that perfect person or how will you feel after getting behind the driving seat of that new Mercedes Benz?

The second ingredient is action which will make you closer to your dream. Your actions should be synchronized with your thoughts because it sometimes happen that people think in another way but act in another.

Such people never get 100 percent from their life because in order to make it happen, you need to focus and you need to concentrate on your actions. Never do

what you are not thinking. Other than synchronizing your actions, they should also be very enjoyable for you because if you are not enjoying what you are doing then, it will become a half hearted task and halfhearted tasks do not get full results.

Thoughts have the power to change your world but in order to do that, you need to make your thoughts stronger and passionate and then back them with emotions and in the end when you start taking steps towards your desire then, no force can stop you from getting till the end.

Chapter 2: What Do You Truly Want

Synopsis

In the quest to achieve various feats in life either on an everyday platform or within the general life span of an individual, having the ability to clearly understand and acknowledge what is needed or wanted will prove to be an incomparable asset.



Desire

First of all, you should know that manifestation is not something which can get you rid of challenges of life. Challenges are part of life and if you go deep in manifestation mastery then, you will know that manifestation can make things worse for lazy people.

Just sitting in your couch and thinking about your desires, goals and wishes will not get you closer to all of them. Some people think that manifestation is a spiritual thing and it has nothing to be with reality but as a matter of fact, manifestation is all about realities of life and it makes you to accept the realities of life and make them even better.

As long as you are useful to others and others are not getting hurt by your emotions, actions and feelings then, you are on the right path. Some people ignore the realities and live their dream life without bothering much about real people. This is not the approach to manifestation instead you can call that approach a self-centred approach. You can get the concept of manifestation by acting on this small phrase that states that:

“Be the change which you want in world.”

There is another phrase which says that “think before you make wish because you every wish can come true” this is very much true because it can happen many times that you think about something stupid and after a while, you experience that it has actually occurred in your life.

For example you might think that you could have lived for another year or so without marriage and it can happen that after 6-8 months later of this thought, you could be in middle of a divorce and then, you will be thinking that you are losing everything which you have in life.

There is a step by step guide for learning manifestation and this guide can really help you in making your wishes come true.

Having a positive mindset

First of all, you should learn to remain positive. Positivity is a blessing which everyone cannot have but you can learn to be positive. Some people are there, who have a very settled and well-maintained life but they still remain hungry for more and they always keep thinking about other things.

They do not admire their own life but they keep thinking about negative things which they do not have. This is a wrong approach to life which can lead you to some non-satisfactory life.

Start appreciating your life

This is a very concrete and very important concept which can take some time to be clear but you need to admire your life. You need to believe in concept that everything which you have in your life is there because of your own choice.

Stop blaming third parties for your loss and failures and accept the fact that whether you achieve a success or failure but you are the only one who should be accountable and responsible for it. Cherish your life and start believing that if your life is not giving you what you want then, you need to struggle even more to get all

that because life cannot be unfair with everyone, it gives you whatever you think for yourself.

Turn a new leaf

You should dump all the bad thoughts and show respect for your life which is better than half of the people living on planet earth. For example if you have internet access, you are healthy, you can read and write then, these are things which lots of people on earth do not have.

There are people who live their 90 percent of life without electricity. There are people who are born without arms and legs. There are people who have to work in 60 degree temperature just because they do not have education on their part.

This is all life but you are given with so many blessings and you should admire them and make most of them. Do not let small things like some financial crises or some family problems ruin your life. This is obvious that no one has a perfect life but no one also has a worst life because the things which we think are worst are lot better for some other people and sometimes life which we do not want, some people are dreaming to live that life.

Free yourself from desires

When you desire something then, you declare that you want something but at the same time, it also gives the meaning that you do not have something. These two are closely related thing but you should desire according to your caliber and tend to get that desire in your real life as soon as possible with your struggle and effort.

Changing desires into goals

When you have a wish then, do not make it an unachievable one instead try to visualize it as much as possible and try to make it a goal. Never think about time which you will spend in achieving that particular thing but you should always be focused about it.

The most you think, nearer you will go to that wish and you will start completing the tasks of achieving it but this requires an endless belief in yourself and in your thoughts.

Write a book

This may sound little funny to you but I have tried this logic and it has worked for me. You need to have a book which you should write at your own. Make a statement of everything in this book and make sure that you are writing your goals on the first page then, start your journey towards those goals one by one.

Start writing each and every step which you take for reaching towards a goal. Never write just one big goal in this book instead divide each goal in sub goals and try to achieve one small goal every day. This will make your day productive and will make your to feel lot better.

Keep moving while pacing your speed of achieving smaller goals. When you are achieving your goals then, start increasing your speed of completing those smaller goals.

In start try to complete one in a day and then keep progressing to two and three a day. Once you think that you have completed enough.

Figuring Out

The reason most individual have difficulties in achieving what they originally set out to do is because very few have a clear and grounded idea of what the end goal should be, thus the ever important point to ensuing a clear understanding of what is wanted is the key to the successful outcome.

Here are some valuable tips on how to be able to start anything and see it to a successful completion with the desired results not having to be compromised.

- Spending some quiet and focus time on the issue at hand help to create the clearness of the mental process whereupon the idea and outline is addressed. This quiet contemplation when done on a regular basis help to create a powerful energy that can be a balancing and harmonizing tool for the mind, body and spirit. This can also be interpreted as being able to connect with the inner “voice” or “gut feeling” that most individual depend upon.
- When the mind schools itself to be able to reach a quiet plateau, several positive elements can be evident. Thought processes can be clearly outlined within the mind’s eye and a more beneficial brainstorming exercise can be unfolded.

Thoughts and ideas can be linked to skills and capabilities in a more realistic and acceptable scenario. Using a notebook to record these ideas that come to mind is

one way of figuring out what is most attractive, desirable or attainable for the individual.

Dreaming is also another way the individual can explore any hidden desired and consequently focus on positive elements that may contribute to the successful achievement of it.



Chapter 3: Maintaining Trust

Synopsis

Trust is perhaps the single most important element in any equation. Trust in one's self and in others is something that should always be taken seriously and without any flippancy.



Trust

When an individual is in the process of embarking on a project, trust in his or her capabilities and ability to see the project to its successful completion is both necessary and a prerequisite.

For every individual, the daily trials and experiences become easier if there is an element of trust evident always. The same principle applies to the business world where trust is looked upon as the seal that holds all things together.

The attitude of trust can be defined into two distinctive categories which are active and positive components. In the active trust component, there is a clear and ever-present level of trust in the leadership, veracity, and reliability of the parties involved in the business relationship.

The passive trust component is reflected in the absence of having to worry or be suspicious of the other parties within the business relationship. Though frequently taken for granted, this element should not be underestimated when it comes to the smooth and successfulness of any endeavor.

Cultivating the habit of being genuinely interested and concerned in all the various facets of an endeavor and its probable problems is one way of maintaining an attitude of trust. Often, individuals dismiss the importance of seemingly smaller elements of nonverbal and body language impacts. These also play an important role in helping to maintain the element of trust.

When all parties are comfortable and open within the relationship then the element of trust can be further enhanced as a clear understanding of the various needs and wants are addressed accordingly.

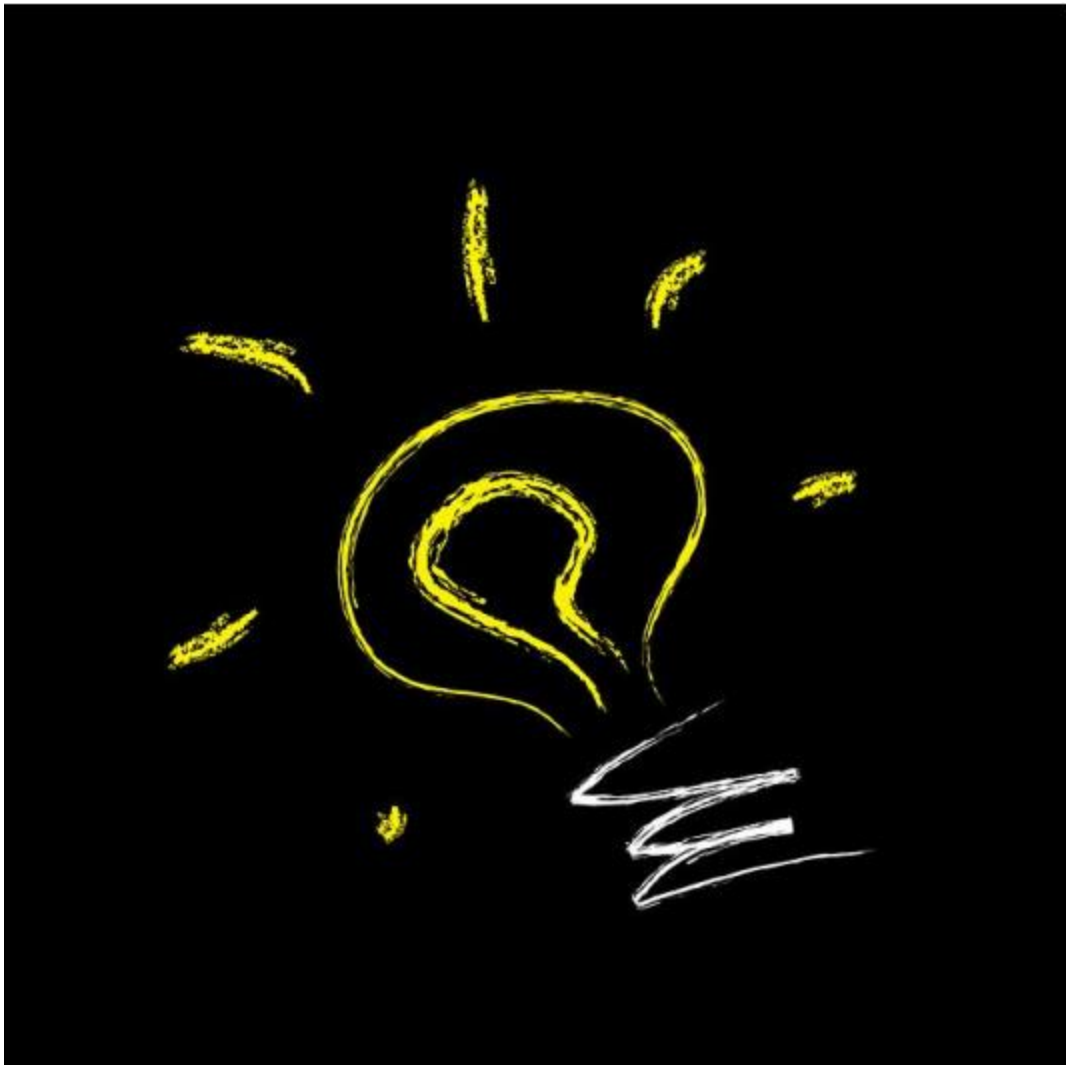
Being able to deliver or achieve whatever has been mapped out will also ensure the level of trust is maintained and even strengthened. Being dependable is one of the key components of trust.



Chapter 4: Benefits of Manifestation

Synopsis

By mastering Manifestation, one could gain the benefits from it such the thoughts of being idealistic and inspirational which helps in turn helps to build awareness around him or her.



The Benefits

The idea of manifestation is very unique and innovative which says that we can control our reality through our minds and by setting up a specific goal we can program our subconscious to achieve that goal for us. There are some very important things which you need to learn and know while practicing manifestation. In following discussion I am going to tell you about those things.

Inspirational thoughts and ideas

To achieve anything, you must have a strong belief and inspiration after that thing. This really works and I have experienced it myself. Before setting up any goal or desire, you just sit back with a blank mind and relax and let the thoughts come in your mind at their own. Once you can do that then, you will have some very pure thoughts. Someone has said that universe sends you thoughts in form of hunches and inspirations but you cannot agree with this idea without practicing manifestation.

Once you are into learning and achieving manifestation then, you will know that you are giving thoughts like never before and these thoughts will also have a purpose and meaning with them. It is just an amazing feeling that what you think in your conscious mind is executed by your subconscious mind.

Getting It Together

Setting your intention is very important because this could serve as your guide or note that would remind you what you really want for your life. If you don't know your intention, start by determining your goals and the things you want to achieve for your personal or business life. If you have goals in mind, try to write it down and keep the list with you. You may aim for anything as long as it would make your life much better.

Your intentions will also determine the things that you need for you to stay on the path to successful manifestation. If you are still confused about your intentions, try to take everything slow and don't rush setting your intentions. The reason behind it is that you may concentrate on one thing and forgot to include the things that you may need while you are in the process. You also have to bear in mind that it can be complex to consider all the things you want. It is because this may just confuse you and might not give you the positive results that you want to get.

When setting your intentions, only include the vital things that would benefit you. If you think that one of your goals may just ruin what you want to achieve, then, remove it. Don't set your intentions individually because it would not lead you to the results that you wanted to achieve. If possible, concentrate only on what you really want and eliminate the things that may not give you any rewards.

Chapter 5: Achieving Manifestation

Synopsis

There are only 2 simple steps to achieve manifestation firstly you need to set a goal that you wanted to achieve and secondly visualizing positive emotions with your goal.



How to Get It Done

If you are really moved after reading all of the above discussion and you also want to try manifestation then, there is a simpler approach for achieving it rather than that detailed approach which I mentioned in chapter 02. This approach is simpler and easy to grasp and it is perfect for starters because it gives you simpler instructions and simpler tasks to execute.

Set up a goal

This is first step which should make sense because goal setting is very important to live life but when you are practicing manifestation then, your goals are needed to be more specific in nature for example at personal level you can set goal for weight loss, to quit smoking or to go back to school and if you are more on high level then, you can make a goal to gather 10,000 dollars in a month or cure an incurable disease. All of this might sound little hazy and funny in start but once you get hold of things then, there is a power in universe which can make your subconscious mind to act on the instructions which you conscious mind sends.

Make a plan to achieve that goal

Just sitting at home and thinking about a goal will not bring to closer to that goal instead you need make a definite and exact plan which you can follow.

Most of the people think that manifestation is some kind if magic and everything will come true just by thinking hard but believe it or not but thinking is just one part of manifestation and you need lot more to work with.

There are some goals in life which you will not know that how you are going to get there but this is the beauty of intention manifestation that once you start thinking about that goal then, you will always find a way and your subconscious mind will guide you through very specific and exact way.

You will be able to plan out everything. Write the things which you want and write down steps which are needed to be completed in order to get that bigger goal. This can be tiring at times but for the sake of your good life, you have to do it. Once you are accustomed to it then, you will take it just as fun and you will start enjoying all this.

Visualization and attaching positive emotions with your goal

This is last and in fact most important step in intention manifestation because according to most of the authors, subconscious is not affected by only words and thoughts.

You have to attach some intense emotions and keep visualizing that goal in your mind. This will keep the subconscious more interested in that goal. Even if you have a goal and a very definite plan to achieve it but still, you cannot get it without proper visualization and emotional stimuli.

This is about seeing yourself on the other side of the road and getting excited about it. Its little tough idea to grasp but you can learn it like this that if you want to marry a particular girl then, before marriage, you need to get as much excited as you can just by imagining her as your wife. This can bring about lots of excitement and joy in your life but you have to feel that excitement and joy before time and

that state where you are happy even without achieving that goal will make your subconscious to awake and work around that goal.

There is no guarantee that intention manifestation will directly change your reality but one thing is for sure that it can really affect your life by influencing your subconscious.

With effective and focused strategy to bring manifestation in your life, you will definitely bring about change in your life and you will be able to integrate manifestation in your life.

So even if all of these above mentioned things do not make sense to you, you still have to make your thoughts focused and bring emotions and visualization in your life. It will bring about a very general and good change in your life.



Chapter 6: Tapping into Manifestation

Synopsis

Lots of people start to manifest their ideas and desires but they suddenly realize that how this is going to happen? How that is possible that we think of something and the whole universe will start to help us in getting that?



Tapping In

So, how can you find such power? The universe or the world itself could offer you resources that would help you manifest anything. This so-called power can be anywhere. The only thing that you should do is to seek it.

The power could also be any form. It may be tips or advice from other people who have already manifested what you want in life successfully.

It can be also a form of your source of energy like your belief. Some people fail because they lack belief. Belief is like the light that will guide you while you are on your journey to prove something that may play an essential role in reaching your goals.

The power of universe may be useless to some, but now that you know that it could be essential, you should learn how to use it efficiently. This is because even though the power of the world is unlimited, there will come a point that it may not be reachable and later on, vanish.

Therefore, before you use any power, consume it wisely and share it with some who also want to manifest something that they would like to achieve.

Chapter 7: Attracting and Manifesting Abundance

Synopsis

Attracting and manifesting abundance can only be achieved if you have the right mindset. This means that you have to change your points of view and direct yourself towards attracting and manifesting abundance whether it is all about your finances or in some other ways.

What really makes you happy? Is it money? If so, it means that you are attracted to money and you are more likely to have it. As stated in one of the laws of attraction, “the need of money” is reversed to “the possession of more money”. This partly portrays contentment doesn’t it? Anyhow, your perception of abundance may be in terms of career, love and religion. Only you could identify which aspect must be more abundant to fulfil contentment.

Many people have acquired true happiness simply because they are contented with what they have and who they are in life. How about you, what makes you happy? Have you found your true happiness? You may have all the riches in the world but it seems as though there’s still a missing piece in your puzzle. What should you do to figure this out and succeed in pursuing it? Here are some steps how you could attract and manifest abundance.

Step 1: Identify what's lacking

Have you ever asked yourself what's missing in your life? There are five major elements that we all have yet not everyone possesses high levels of each. A person may have a higher standing when career is being talked about yet still have financial issues. Or one may be financially stable yet he is physically unhealthy. This is what makes abundance, manifestation and contentment diversified from one person to another.

1. Career Wellbeing
2. Social Wellbeing
3. Supportive Relationship
4. Trust and Belonging
5. Financial Wellbeing

Key points to Achieve Financial Abundance

Identify Your Abundant Nature: Acknowledging what your best interests are as well as your capabilities is one way to pinpoint your forte. When conducting this search, you must not let anything or anyone drag you down. It would be a successful way to reach your goals.

Welcome Opportunities around You: To be financially abundant, you must never ignore any opportunity that comes your way. As much as possible, grab contingencies being offered as these may not be proposed to you again in the future.

Expect Diversion for Financial Success: Prepare yourself that certain circumstances and arrangements might not go as planned. Planning does not end at “Plan A” or “Plan B”. Bear in mind that there are over 20 letters in the English Alphabet. In the case that issues arise, you would be able to transform these negativities to affirmations. This would be discussed later on.

Take Action: Once you have identified what you are good at and you are confident that your plans are effective then it's high time that you put them into action. The earlier you start the more chances of success.

Release Attachment to Your Actions: If your priorities do not work out and issues seem to be impossible to resolve, you might as well let go of them. Just make sure that you've learned and accepted your mistakes and avoid committing these faux pas the second time around.

Physical and Mental Wellbeing: We must be reminded that establishing abundance must start from ourselves. This element has been ignored by most people as they seem to forget that proper eating habits, abundant sleep and appropriate exercise are still highly essential. Apparently, negligence had led a number of people to obesity, malnourishment, illnesses and even death.

Physical health is connected to our overall abundance in our careers, social affairs, financial obligations and so much more. However, physical wellbeing always goes hand in hand with our way of thinking. These two are inseparable elements whereas being mentally fit also affects our physical wellbeing as mind controls our bodies. Mental wellbeing provides a holistic approach to our lives.

Furthermore, our physical and mental aspects are also affected by our emotions. The key to a happy, healthy and abundant life is the foundation of your emotions. Controlling positive and negative emotions could sometimes be difficult yet with the proper mindset and physical health, emotional wellbeing could be achieved. Comparing our emotions at present with ancient times, these have made drastic changes. This is what makes us more sophisticated in terms of our internal and overall behaviour. These emotions are triggered when basic needs are not met as well as when personal issues or problems arise.

Positive Emotions: Our emotions are intensified by our life experiences from childhood to present. These emotions are based on events, objects, social affairs and so forth. Positive emotions are felt when these factors have touched our sensitive sides at some point. Favourable emotions makes people feel good and could be the source of productivity and creativity in different elements. These are then shared or portrayed and eventually reflect in a person's life. These positive emotions must be kept though negative ones arise. It is best to take negative emotions and transform them to positive ones.

Negative Emotions: Similar to the causes of positive emotions, negative mental state is taken from all the experiences you had in life. You may be emotionally attached to unfavourable exposure which led you to certain points of anger, hatred, embarrassment, sorrow and so forth. Many of these negative emotions are reasons why you react adversely to certain situations. Coping up with these negativities could take time but due to bad experiences, you became a better person and made you even stronger. It altered your life at some point yet became a better person.

Community Wellbeing: This element is related to your powerful social element as well as your cultural, economical and environmental beliefs since there is a need for you to communicate to everyone that surrounds you. Community wellbeing is the measure of help to certain groups that gives betterment not just to you but to everyone.

The connection with different types of people is gained here especially in your neighbourhood, religious group, culture, organizations and so forth. Being with people that have the same beliefs in different aspects as yours could gain abundance in life. If you are satisfied and feel fulfilled, it strengthens your inner self and could even be the answer to true happiness.

Step 2: Develop Good Affirmations



Affirmations are the most essential factors in positive thinking. The word itself denotes a very powerful and positive expectations and understanding towards life. Negative elements could stumble in our thoughts yet could be transformed into positive ones.

Purifying Affirmations: Most people think that this is the most difficult of all affirmations. This type of affirmation is a form of positive thinking that mainly focuses on cleansing any unwanted and unneeded factors that bother you. It may be your suppressed negative emotions, bad or traumatic memories, disasters, illusions and so much more. This is one way to release needles inside of you and create better personalities and even energies.

Admitting Affirmations: These are thoughts that allow or open something to happen. Though this could give you wellness, it neutralizes positive or negative

energies. This means that the release of these perceptions could either result to good or bad. The concept of receiving, allowing and accepting something are at times misunderstood. As mentioned earlier, balance is still important here.

Contemplating Affirmations: These are favourable perceptions in life wherein you aim for the better. The enhancement of this affirmation is based on your good intentions. Intentions bring different results to your affirmations so make sure that your intentions would cause wellness to everyone not just to yourself.

Applying Affirmations: This is bringing your affirmations into manifestation. All your thoughts, positive ones of course, would then be transformed into action. Ideas that kept on bugging you would be discharged. Only the results would help you identify if your perceptions are pleasant or not.

Associating Affirmations: This concedes your inner consciousness and helps you embrace it. Associating affirmations is when you connect one specific intuition to another and bringing one or all the affirmations mentioned together. This would then broaden your points of view and could even help you avoid negative factors and energies to take over.

As more and more intentional affirmations are achieved written, spoken, meditated upon, chanted, read, etc, it would give you the chance to master every single type of affirmations mentioned. It may either result to wellness or not, you would definitely learn from them and create better affirmations over time. You would be able to identify which works best and which to avoid.

To attract abundance, you must point out what really is missing. Look for gaps and missing holes and try to cover them up with what you really need and want to have. If you have found this specific element, then it's time to work on it. Improve yourself if this is something you have not filled in.

Needless to say, positive energies and perceptions must be acquired to keep the attraction of abundance running as well as positive thinking. With meditation, it would help you create larger windows of opportunities. Flushing all those impurities from your mind would help you think straight and provoke you to start manifesting whatever it is in your mind.

So what are you waiting for? Start creating those positive thoughts and act out what needs to be done. It's never too late or too early to keep those brains busy. This way, you would achieve abundance in life be it money, love, career and so forth the soonest possible time.

Chapter 8: The Sum Of The 5 People

Synopsis

If you want to know your future, look at the lives of the people you are presently with. The people around you have direct influence on your life. You acquire some of their attitudes, principles and practices. You are like a small child that imbibes the practices of the adults around.



When you go with dishonest people, eventually you alter your own values and acquire their dishonesty. However, if you go for honest people, their honesty reinforces your own personal values. The kinds of people you share your life with are very powerful personalities that affect your present actions and later own your future life. Because of their great impact in your life, it is very crucial that you

know them very well. Once you know their influence on you, you will know how to take it to your own advantage.

The idea of being the sum of the people around you is often one of the most neglected parts of human psychology. Although this is not a novel thinking, people keep on ignoring the bearing of others in their lives. As a result, they just end up being like their detested character. This is all because they spent too much time with the person.

The person you are with can elevate you as much as they can pull you down. The first step to change your future today is by knowing the five people from your core circle. In order for you to see their impact in your life, here are the steps that you can do.

Identify the 5 people you spend most of your time with

Because you are the sum of the people around you, you need to be careful with the people you spend most of your time with. Although some of them are indispensable in your life, like your parents or siblings, try to spend as little time as possible to inevitable people with negative impact for your future life. Other people that you may frequently spend your time with are your friends, office mates or schoolmates and your special someone. Each person may have a different answer to the five people they spend most of their time with. But it will mostly revolve around these groups.

Identify the qualities of these 5 people

Once you have identified the five people in your life, try to assess each one's personality. Look at them at every aspect of their life. Look at their family relationship, their dedication to work or school, their attitude towards problems and their outlook in life. Getting to know these people will help you know yourself better.

Identify the attitudes you share with these 5 people in your life

After knowing your core circle and their special attributes, try to assess your own life. What positive and negative characteristics do you possess? To whom can you relate your characteristics? When you are able to identify the major influence in that character trait, then you can do something about it. If you want to enhance a positive attribute coming from one of your core groups, then try to get closer to the person. The more time you spend with him/her, the better you can imitate that attitude. However, if you see mostly negative attributes to your core group, better reconsider your relationship with the person.

Everyone needs a tribe. However, your tribe must exert a good influence in your life to benefit from it. If you are in the bad company, your future is at risk. Your choices today including your choice of company have a direct effect on your life. If you want to know your future, look at the lives of the people you spend most of your life with.

Chapter 9: Seeking A Mentor

Synopsis

Everyone look up to someone, it may be an old teacher, your parent or elder sister or brother or your very own best friend. The person you admire may serve as your mentor. Because you adore him/her, most likely you listen to his/her suggestions and teachings. A good mentor provides new knowledge, and directs you to the right path. If you wish to change your life tomorrow, look for a good mentor who will bring you to the kind of life you wish to have. To whether your mentor is good for keeping, here are the ideal characteristics of a mentor.



Acts as a Role Model

You have to practice what you teach. To be an effective mentor, you need to do what you say. The best way to direct a person in the right path is by modeling a good example. As the cliché goes, action speaks louder than words. If your mentor is worth of emulation, look at his/her life. Otherwise, you must find other mentors to relate your life with.

Willingness to Share

A good mentor is someone who is willing to share the secrets of good life. If your mentor is open to share his/her expertise and teaches you the skills to succeed in life, you can trust the person with your life.

Motivates Others

A good mentor can bring out the intrinsic motivation in a person. For your mentor to be a good leader, he/she must bring out the best in you. Some students or followers go back to their old ways when the mentor disappears. If you are one of these people, your mentor is not effective. An effective mentor naturally brings out the inner motivation in his followers. Even in his absence, the followers stay within his teachings without the need for constant supervision.

Chapter 10: Building Up A Team

Synopsis

A group's effort is stronger than an individual's effort. When you want to transform your life today, join groups or teams with the same interest as yours. Unlike when you are working alone to change some aspects of your life, a group effort is stronger and harder to disrupt. When you belong to a team, your conviction to better life is tougher and thus harder to break. When you reach a saturation point, your team can assist and support you along the journey. Contrary to working alone, the team with like-minded individuals can back you up when you lose your perseverance.



Provides a Sense of Security

Working as a team gives you a feeling of security. When you have a group who shares the same interest as yours, you are sure of their support with any problem that may come. You know that there are people who stay with you and will guide you as you go along.

Increased Learning

As you work with people, you increase your knowledge with their experiences. Because you share common interest, you can draw wisdom from them. You do not have to experience personally things just to learn. By listening to their sentiments, you can learn a lot from the events in their lives.

Compensate to an individual's weakness

Each person has his own weakness. When you work alone to change your future, even the small weakness can be deleterious to your goal. However, if you have a team, other members can compensate for your own weakness. They can assist you to deal with a weakness and teach you how to overcome it. You can draw strength from the team especially in your lowest situation.

Develop a Personal Relationship

Joining a team also provides you with relationships that are more personal. As you spend more time with your team, you can find friendship with them and influence each other. Again, in this case, we go back to the five people you spend most of

your time with. Make sure that the team you will join will have a positive impact in your future life.

Increased Understanding of other people's perspective

Because you are working with other people, you will have a better understanding on the way people think and act. You can use your learning to assess your own character and later on improve yourself.



Wrapping Up

Whether you want to reach your goals or make money effectively, making manifestation a permanent habit is essential. It may be hard for some people to do it, but if you know the dos and don'ts about manifestation and you know how to unblock yourself from the said blockages, you will manifest effectively.

Co-creating things that you want takes time and sometimes, you need to undergo a crucial process before you learn everything about the law of attraction and art of manifestation.

For you to stay on the right path, you need to adapt all the lessons you have learned in life and be open to whatever may come. Preparedness is also another important thing that you should not forget. Be prepared all the time because challenges may strike you anytime to test your emotional capabilities and strength to face such problems.

Also, do not expect too much about the outcome because you might get the opposite result of the stuff that you need to do for you to get the secret of successful manifestation. If the world offers you challenges, embrace them and try to seek some ways that would help you get rid of them. And, do not make failure your habit. Instead, make manifestation your permanent habit and improve your lifestyle.

Don't think that you can't make manifestation a permanent habit because everything can be done easily as long as you have faith and will to do it. Thus, get what you want in life and live in a better way.

Bonus Resources

BONUS #1

Try this quiz to look deep within yourself that you awaken and find your strength.



BONUS #2

How to get anything and everything you want!



BONUS #3

Get this Spiritual Wealth Bending Dreamcatcher for FREE!

(Just pay for shipping)



BONUS #4

Discover this SECRET incredible power...

