

Women's team of Indian Army sets world records for performing yoga at 19022 ft altitude

An all women's team of Indian Army officers, under Col Omender K Pawar, scaled the mighty Mt Bhagirathi II and set a world record for performing yoga at an altitude of 19022 ft. The expedition that was done in May-June 2018 was to celebrate the International day of Yoga.



The team of nine women officers has broken the previous record of Indian Army recorded in the Limca Book of Records for performing yoga at 18800 ft in Siachen Glacier. Scaling the snow-clad Bhagirathi after the long winters in Garhwal Himalayas is a mean feat.