

WWSC PACKING LIST



**RED is an absolute must get. If the camper doesn't have it, we won't let them participate.

CLOTHING

DAYTIME 9 sets or more

For both guys and girls, you will need at least 1 set of clothing each day plus extra (3-4 sets).

- In general, it's necessary to bring a few sets of clothing that covers most of your body (e.g. long sleeved shirts and pants). It can be helpful with the sun or with insects.
- Alternatively, or together with the above, you can be wearing swimwear that covers your full body even when you are not in the water (e.g. [swimsuit on the right](#))
- Since we'll be both indoors and outdoors in a day, you can wear clothing that will be suited to the outdoors the whole day. Packing something that will dry easily increases your comfort as it does rain and you will be sweating.
- Sometimes, if you're back from an activity you might want to just slip into something comfortable and dry.

EVENING 2-3 sets

This is for after most activities are done and the night is cooler. This can overlap with some of the daytime clothing.

SLEEP TIME 5 sets

Bring what you want to sleep in.



TO SLEEP

SLEEPING BAG / LIGHT BLANKET 1 set

For the guys who will be in tents:

It can be quite cool at night but you don't need to bring anything heavy to stay warm. A sleeping bag is optional. If you don't have one, you can simply bring a light blanket or a sheet to wrap yourself up in.

A mat for sleeping on is provided ([image on the right](#)) but if you have one you prefer, you can bring one for yourself.



☐ **PILLOW** 1 Piece

Bring your own if you wish.

☐ **EYE MASK + EAR PLUGS** 1 Piece

If you are a light sleeper.

FOR YOUR FEET

☐ **SANDALS** 1 PAIR

A pair of sandals which you can also use for the bathroom.



☐ **SPORTS SHOES** 1 PAIR

If you want, you can bring a pair of sports shoes to play games in, rather than to do the activities in river booties or sandals, but be prepared for them to get wet.

☐ **SOCKS** 6 PAIRS

A pair or two to wear every night after you have dried off. A pair or two for river activities. They help to keep sand out when worn inside the booties (they have to be tight fitting and long)

☐ **FOOTDEODORANT** 1 PIECE

Some foot powder or spray is good for keeping your feet dry when you turn in for the night. If you want to be kind to your fellow dorm/tent-mates you can bring some footwear deodorant too.

☐ **RIVER BOOTIES** 1 PAIR

River booties

- You can go swimming in these.
- You can also walk on rocks and river hike in these as long as they have a no-slip sole.

Recommendation: Aqua Shoes @Decathlon (RM 30)



FOR YOUR HEAD

☐ **HAT** 1 PIECE

A hat is necessary in the outdoors.

☐ **SUNGLASSES** 1 PAIR

A pair of sunglasses can be helpful in some activities.

Please bring along your pair of glasses and not just your contact lenses because having contact lenses on while in the river can lead to eye contamination and infection. Not an issue for land activities.

☐ **GLASSES BAND + CLIPS** 1 PAIR

If you wear spectacles, you'll need to keep them on your head.



BATH TIME

☐ QUICK DRYING TOWEL **2 PIECES**

A quick-drying towel is very useful.

☐ BATHING SHORTS **1 PAIR**

☐ TOILETRIES BAG + TOILETRIES **1 SET**

You have to bring your own toiletries in a toiletry bag that you can hang up.



WATER ACTIVITIES

☐ GLOVES **1 PAIR**

It's best if these don't retain water, and do not affect your swimming much. The gloves can be for river hikes but also for general use.

Recommendation: RM5 @ DAISO

☐ WATER BOTTLE **1 BOTTLE**

A bottle or container for water that will keep you hydrated. **1 litre** is about the right size. You can also bring a smaller bottle when you want to travel light. There are also lightweight options like a **Camelbak** that would need you to bring a small backpack as well.

☐ FULL-LENGTH SWIM WEAR **1 PAIR**

If you have a wetsuit (like the ones used in diving) you can use that too as it does offer more protection. OR long-sleeved lycra top. This is highly advisable for all campers to avoid abrasions during river hike. Guys can choose to wear tights under short pants.

Clothes to wear over the swim wear may finish your look.



☐ KNEE PADS **1 PAIR**

For extra protection during river hiking and outdoor activities.

Recommendation: RM5 @ DAISO

☐ SUNBLOCK **1 TUBE**

☐ GOGGLES **1 PAIR**

Please bring a pair of goggles if you have one.

LAND ACTIVITIES

☐ INSECT REPELLENT **1 BOTTLE**

Preferably with Citronella as the active ingredient.

☐ RAINCOAT **1 PIECE**

We would recommend rain jackets made from breathable material. These tend to be higher in quality and more functionally suitable for activities.

☐ BIBLE + NOTEBOOK + PEN

If you have a Bible, you can bring it along with a pen you like using.

MORE USEFUL ITEMS

LAUNDRY BAG 1-2 PCS

A laundry bag to keep your dirty clothes separated from your clean ones.

You may also wish to do some laundry when you have a shower so you have spare clothing.

TORCH LIGHT

1 PIECE

Do not use your phone for this. It's useful to have one that you can use hands-free.



EXTRAS

CASH

You might want to buy a WWSC shirt or have a snack on the way up.

PERSONAL MEDICINE

If you have any personal medicine, please bring it. The pharmacist at camp will keep it for you and dispense them to you. Unless it's medicine that you need to have close with you at all time, (e.g. inhaler, gtn)

Tribal Drift Shirt

[Only applies to past campers]

Identification Card (I.C)

ITEMS TO BRING DEPENDING ON WHETHER YOU'VE CHOSEN THE RELEVANT ELECTIVE

Refer to the electives list for your selection and respective required item(s)

TO LEAVE AT HOME

Media with parental advisories/anything with sexual connotations

Snacks / junk food

Anything prohibited by Malaysian Law

Cell phones, iPhones, iPads, electronic devices of any sort except iPods.

Knives or weapons

High heels and other unstable shoes unsuitable for an outdoor lifestyle

Expensive watches, jewelry, etc.

Irreplaceable items of sentimental value

If these items are brought, the Camp Director will hold these items for safe-keeping.