LA IMMACULADA CONCEPCION SCHOOL

MIDDLE SCHOOL

GRADE 5 – EDUKASYON SA PAGPAPAKATAO

March 23- 27, 2020

NURTURING SPIRITUALITY

Praying is a way of talking and listening to God. It is the way of communicating with Him in order to have a relationship with Him and to nourish it. We got to know God and His commands and guidance by reading the bible.

When we pray we allow God to dwell I our hearts and take charge of our lives. This is spirituality

Remember this too, prayer is usually composed of adoration, contrition, thanksgiving, and supplication. It can be easily remembered as ACTS: Adoration is to praise God, Contrition is to ask for forgiveness from God, Thanksgiving it to express our gratitude to God for the blessings we receive from Him, and Supplication is to ask for God's help in our needs.

Do not forget: no one is ever too young to read the bible. As we tread the path of spirituality, we develop God-centered values, and we delight in doing what pleases God.

Activity

Directions: on a short bond paper, write your own prayer to God. Use the ACTS pattern of prayer.

Dear God,

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Amen.