



March 23 -27, 2020

TO DO LIST:

March 23-25, 2020

Directions: Explain the following challenges that an adolescent faces. Write your answer on a one whole sheet of paper.

- a. Attitudes and Behavior toward Sexuality and Sexual Relationships
- b. Academic Concerns
- c. Group Belongingness
- d. Health and Nutrition
- e. Developing or Regaining Self-Esteem
- f. Roles
- g. Material Poverty
- h. Parents Working Abroad
- i. Career Choices
- j. Relationships
- k. Values and Beliefs

March 26-27, 2020

DEFINING RESPONSIBILITIES AND EXPECTATIONS

In defining your responsibilities, your self-identity should be made clear to you. By defining your responsibilities, your values should be clearly defined. Your role in society should also be defined in order for you to define your responsibilities.

Directions: Fill in the blank boxes with your thoughts and feelings about what your responsibilities and what others expect from you. Write your answers on a long bond paper.

MY ROLES	THE VALUES I NEED TO FULFILL MY ROLE EFFECTIVELY	MY RESPONSIBILITIES BASED ON MY ROLE	WHAT ARE EXPECTED OF ME BASED ON MY ROLE
A Member of the Human Race			
A Citizen of the Philippines			
A Resident of My City or Town			
A Member of My Family			
A Student at LICS			
A Friend to Someone			
A Member of An Organization			
A Child of God			