



LA IMMACULADA CONCEPCION SCHOOL  
SENIOR HIGH SCHOOL  
GRADE 12 – CORE: HOPE4 – RECREATIONAL AND OUTDOOR GAMES

May 11-15, 2020

**Topic:** HANDBALL – Practical Activity

**Activity:**

Our activity today is you will make a short video of you while executing the bounce pass and you will return to your partner.

The procedure is:

You will start from a short distance 4 step far of your partner, after 1 pass of you partner and you will receive that ball and you return the ball by a bounce pass and after that you will make 2 steps backward in the whole activity you make 3 receive the ball.

Again you can ask help to your brother and sister or any family relative as long he/she is free.

Proper execute of receiving is observe and fail to catch the ball or dropped will have some deduction.

Proper execute of the passing is observe.

**To do list:**

1. It is choice what angle on the camera you will do as long I can see you receive the ball came from your partner.
2. After you finish your video please send you output on the designated email or site of our school.

**Note:**

Again you can ask help on your brother and sister to enable to practice better before video yourself.