MARCH 30,31-APRIL 1,2,3, 2020

TOPIC: THE DISCIPLINE OF SOCIAL WORK

SUB-TOPIC: THE SOCIAL WORK HELPING PROCESS

- Social work as a helping profession is also considered as a relationship between the social worker and the client. Just like any other relationship, it has a beginning and ending.

According to Hepworth, Rooney, and Larsen (2008, p.35) there is a helping process as made up of three phases.

PHASE I	PHASE II	PHASE III
Exploration, Engagement,	Implementation of the plan and	Termination
Assessment, and Planning	the attainment of goals	
- Social worker's first task is to engage the system in strength - based problem solving directed toward goal accomplishment Data gathering for assessment, it is essential for the social worker to apply the "principle of parsimony", which include but not limited to facts, feelings, persons, circumstances, and systems Plans are means to achieve them which consists of the specific actions or steps to be done in order to reach the goals. The Social worker looks at all possible ways of tackling the problem and chooses the most favorable.	- Implementation of the plans identified to address the problem are carried out The implementation phase of the intervention is directed o meeting established goals and may involve activities: a. encouraging family involvement b. engaging other community resources c. role playing d. offering play therapy	- The process of formally ending the individual worker-client relationship Two terms used in relation to the termination of the client-worker relationship: a. TRANSFER is the process by which a client is referred by her/his social worker to another worker. b. REFERRAL is the act of directing a client to another workers/agency worker's competence.

APRIL 2, 2020

Activity #1

Directions: If you are a social worker which of the following situation will you choose. Apply the three helping process. Essay type.



Activity #2

APRIL 3, 2020

Directions: Make an essay.

Observe a person in your family who are staying home because of enhanced community quarantine. Then, analyze the effects of this in his/her daily life. Apply the helping process as a social worker.

Provide your answer in one whole sheet yellow pad.