



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – MATHEMATICS

POINTERS TO REVIEW

1. Integers
 - Adding and Subtracting of Integers
 - Multiplying and Dividing of Integers
2. Perimeter, Circumference and Area of Plane Figures
 - Formula
3. Surface Area and Volume of Solid Figures
 - Formula
4. Algebraic Expression
 - Adding and Subtracting of Algebraic Expressions
 - Multiplying and Dividing of Algebraic Expressions
5. Money and Investment
6. Statistics
 - Terms and Concept
7. Measures of Central Tendency
 - Terms and Concept
 - Median
 - Mode

Reference: Integrated Mathematics Grade 7



POINTERS TO REVIEW

1. Subject Verb Agreement (English Module pp. 201-204)
2. Tag Questions (English Module p. 47)
3. Fact and Opinion
4. Fantasy and Reality
5. Figures of Speech (English Module p. 58)
 - Simile
 - Metaphor
 - Metonymy
 - Hyperbole
- Pronouns
 - Reflexive Pronouns
 - Relative Pronouns
7. Creating Card Catalog
8. Parts of the Book
9. Different Types of Text
 - Narrative Text
 - Informative Text
 - Descriptive Text
 - Persuasive Text
 - Recount

Reference: Lecture Notebook and English Module



LA IMMACULADA CONCEPCION SCHOOL

JUNIOR HIGH SCHOOL

GRADE 7 – SCIENCE

POINTERS TO REVIEW

1. Understanding Matter
 - Scientific Inquiry (Scientific Notation) no. 4
 - Laboratory Apparatus no. 12
 - Classification of Matter (Elements and Compounds) 13

2. Living Things and Their Environment
 - Cell and Cell Parts 70
 - Microorganisms 90
 - Reproduction 120
 - Ecosystem 142

3. Force, Motion and Energy
 - Speed, distance, velocity, acceleration 174
 - Parts of the Wave 206
 - Temperature Scale 242

4. Exploring Earth and Space
 - Maps (Grid Lines) 284
 - Layer of the Atmosphere 306
 - Air Currents 326
 - Wind (Monsoon and Breezes) 331
 - Rotation and Revolution 348

Reference: Integrated I Science Philippines 7



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – FILIPINO

POINTERS TO REVIEW

1. Ibong Adarna

- | | |
|-------------------------------------|------------------|
| - Ikatlong yugto (pahina 123-196) | saknong 407-846 |
| - Ikaapat na yugto (pahina 205-236) | saknong 847-1034 |

Reference: Ibong Adarna Book



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – VALUES EDUCATION

POINTERS TO REVIEW

1. **Man is Born for Love**
 - What is love?
 - Definition of love

2. **The Challenge of Being Simple and Natural**
 - 6 R's Of Voluntary Simplicity

3. **Being Formed in Values and Virtues**
 - Hierarchy of Values
 - Ten Essential Virtues

4. **Making Good Use of my Freedom**
 - The Four Essential of Freedom
 - Freedom Versus Responsibility

Reference: Lecture Notebook



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – TLE

POINTERS TO REVIEW

1. Drafting
 - What is drafting?
 - Tools and equipment in drafting.
 - Uses of drafting tools and equipment

2. PC Hardware
 - What is PC Hardware?
 - Different tools in PC Hardware.
 - Uses of PC Hardware tools and equipment.

3. Front Office Services
 - Technical Terms.
 - Front Office tools, equipment, and paraphernalia
 - Uses of Front Office tools, equipment and paraphernalia

4. Cookery
 - Definition of terms
 - Basic tools used in cooking and their uses
 - Food art (watch video on youtube)

Reference: Lecture Notebook



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – MUSIC and ARTS

POINTERS TO REVIEW

1. Different Theatrical Forms
 - Moro-Moro
 - Bodabil
 - Sarswela
 - Senakulo

2. Elements of Theater
 - Theme or Thought
 - Plot
 - Characters
 - Language
 - Music
 - Spectacle

Reference: Lecture Notebook



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – PHYSICAL EDUCATION

POINTERS TO REVIEW

1. Physical Fitness
 - Health Related Components
 - Skill Related Components
2. Gymnastics
3. Swimming
 - Free style
 - step by step procedure
 - Back stroke
 - Breast stroke
 - Butterfly stroke
4. Philippine folk dance
 - Fundamental arm and leg position

Reference: Lecture Notebook



POINTERS TO REVIEW

1. **Growth and Development**
 - Physical health
 - Mental health
 - Social health
 - Moral-spiritual health

2. **Nutrition**
 - Good nutrition
 - Carbohydrates
 - Calorie
 - Anorexia
 - Halitosis

3. **Personal Health**
 - Grief
 - Depression
 - Eustress
 - Distress
 - Bipolar
 - Mental disorder

4. **Prevention and Control of Diseases and Disorder**
 - Department of Health
 - Allergy
 - Communicable

Reference: Lecture Notebook



LA IMMACULADA CONCEPCION SCHOOL
JUNIOR HIGH SCHOOL
GRADE 7 – SCOUTING

POINTERS TO REVIEW

1. Review the different types of hand signal and formation

Reference: Lecture Notebook