

A MANIFESTO FOR PARENTS

THE NEEDS OF OUR KIDS ARE VERY SIMPLE

CLEAN BUMS ~ FULL TUMMIES ~ WARM BEDS

LOTS OF LOVE

everything else is a bonus

TRUST

YOUR INSTINCTS

THERE IS NO MANUAL

EVERYONE

feels like they're making it up as they go

THE **RIGHT** WAY IS THE ONE THAT **WORKS!**

PERFECTION IS NOT
PRACTICAL

or possible

MISTAKES

ARE THERE TO BE MADE
and to be learnt from

STOP, TAKE STOCK, AND BREATHE

savour each moment

laugh, tickle, kiss, cuddle

LOVE

BEING A
PARENT
IT'S THE
COOLEST
THING EVER

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