

A MANIFESTO FOR MUMS

THE NEEDS OF OUR KIDS ARE VERY SIMPLE

CLEAN BUMS ~ FULL TUMMIES ~ WARM BEDS

LOTS OF LOVE

everything else is a bonus

TRUST

YOUR INSTINCTS

THERE IS NO MANUAL

EVERYONE

feels like they're making it up as they go

THE **RIGHT** WAY IS THE ONE THAT **WORKS!**

PERFECTION IS NOT

PRACTICAL

or possible

MISTAKES

ARE THERE TO BE MADE

and to be learnt from

STOP, TAKE STOCK, AND BREATHE

savour each moment

laugh, tickle, kiss, cuddle

LOVE

BEING A

MUM. IT'S THE

COOLEST

THING EVER

KELLYEXETER.COM

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