



Ricochet Exercise

Intermediate

- To start a ricochet without lifting the bow, raise your right wrist during the up bow.
- Drop your wrist very fast when your bow is between the middle and the balance point. This will make the bow jump for the down bow.
- Keep your thumb completely relaxed, and don't lift the bow actively off the string.
- Try to let the bow bounce eight times, then repeat the up bow.