

“STUDY OF SPIRITUAL QUOTIENT LEVEL AMONG THE YOUTH OF GUJARAT”

PROPOSAL SUBMITTED TO

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The synopsis shall be in English and should include the following components:

- a. Title of the thesis and abstract
- b. Brief description on the state of the art of the research topic
- c. Definition of the Problem
- d. Objective and Scope of work
- e. Original contribution by the thesis.
- f. Methodology of Research, Results / Comparisons
- g. Achievements with respect to objectives
- h. Conclusion
- i. Copies of papers published and a list of all publications arising from the thesis
- j. Patents (if any)
- k. References

a. Title of the thesis and abstract

"STUDY OF SQ (SPIRITUAL QUOTIENT) LEVEL AMONG THE YOUTH OF GUJARAT"

Abstract:

There is substantial rise in the level of education but we find an increase of stress and crime in the society. Concern was felt to know present level of Spiritual Quotient among the youth as it is the highest level of quotient. The main objectives were to know the level of SQ, explore main sources and find a relation between crime and SQ among youth of Gujarat. Quantitative study was conducted with random sampling method technique with a sample size of 631 respondents from five major city of Gujarat, India.

SQ was measured under 6 main factors that is Meaning and Purpose, Values and principles, Consciousness, Universal love and Considering oneself as a part of the supreme. Primary Data was collected with the help of survey from structure Questionnaire. To achieve the mentioned objectives; Inferential Statistical t- test, descriptive Statistics, One-way Analysis of Variance (ANOVA), Correlation analysis, multiple Regression Analysis, and Cluster Analysis was done. A pilot study was conducted on 62 participants in the city of Ahmedabad, Gujarat.

The study concluded that 60.1% percent people were aware about "spirituality" or "Spiritual Quotient (SQ)". Most candidates (69.60 %) had heard about SQ from family and especially from their mother or grandparents.

The research showed that spirituality was learnt at all the ages as 41.70% felt so and between the ages of 15 to 24 years old as 37.90% candidates felt so. Another important conclusion was revealed that most participants (69.60 %) felt that spirituality is attained

mainly at home. It was sad to know from the study that Educational institute or work place had contributed around 10% in SQ level of youth.

The study showed SQ was attained by visiting religious places like temples, church, Mosque, Gurudwara, etc. and by doing Karma (Doing their duty). Other ways of gaining SQ was by Introspection, by having faith in GOD and by Natural surroundings.

From the study of different education group it was found that spiritual quotient level was low with two factors of Consciousness and Universal love. The study also showed that different income group had low level of spiritual quotient with the two factors of Universal love (OUNL) and Part of Supreme God.

The study also showed that change in all the 6 factors like Meaning and Purpose, Values and principles, Consciousness, Universal love and Considering oneself as a part of the supreme affected Spiritual quotient among the youth of Gujarat.

Another important inference was that “Values and Principles ” was identified as the single factor affecting on Spiritual quotient with the highest intensity. Moreover three combined factors of “Values and Principles ”, “Spirituality and Crime” and “Consciousness” were identified as the factors affecting on Spiritual quotient the most. It was concluded from the study that youth have tendency to do wrong as their level of spirituality is low.

The scope of research is huge as it involves all the places where youth is involved like Educational institutes, Profit and non-profit organizations etc.

Key words: spiritual quotient, youth, Gujarat

b. Brief description on the state of the art of the research topic

The title of research to know present level of Spiritual Quotient among the youth was selected because we see there is increase of stress and crime in the society. Another important thing was learnt that SQ is the highest level of quotient. SQ was measured under 6 main

factors that is Meaning and Purpose, Values and principles, Consciousness, Universal love and Considering oneself as a part of the supreme. It was concluded from the study that level of spirituality of youth is low and that may be the reason that youth have tendency to do wrong.

c. Definition of the Problem

Problem Definition :

- 1) What is the awareness for Spiritual Quotient among youth of Gujarat ?
- 2) What are the main sources of SQ in the life of youth (School, College, Company, Personal Contact (Mother, Father, Brother, Teacher, Friends, Relatives))?
- 3) What is the level of Spiritual Quotient among youth in Gujarat ?
- 4) What is the relation between crime rate and SQ among youth ?

d. Objective and Scope of work

Research Objectives

1. Study and understand SQ level among youth of Gujarat.
2. Main Sources of SQ (School, College, Company, Personal Contact)
3. Analyse and compare SQ levels of youth of Gujarat with respect to different demographic variables.
4. Establish a relation between crime rate and SQ among youth.
5. Suggesting the benefits of SQ in life in Gujarat.

Scope of Study: The research work will help at all places where youth are involved.

Educational Institutions like Schools and colleges will be benefited. Study will also be helpful in other organisation whether it may be profit or non-profit. The study would provide guidance to government in forming educational policies. Benefit of SQ level will serve the

social purpose of democratic system. Other age group will also benefit from the research work as youth will be understood in a better way. Another important scope is for developing society and to make this world a better place for next generation.

e. Original contribution by the thesis.

Major contributions

- Total 36 determinants of spiritual quotient level among the youth had been identified. They are divided into six (6) main factors deciding Spiritual quotient level of youth.
- A tool was developed to find level of spiritual quotient for youth. This tool is useful for individual as well as institutions to know SQ level of youth.
- The model developed had covered all presently available factors together against the few currently available models developed by other researchers to assess the level of SQ.

f. Methodology of Research, Results / Comparisons

Sampling Design

Universe and Target Population

Universe- World youth

Target population definition and Sample Frame:

- Population: Youth of five major urban cities of Gujarat i.e. Ahmedabad, Rajkot, Surat, Vadodara, Mehsana, that is equal to 1,16,46,000 according to census 2011.

- Sampling frame: Youth of five colleges, Schools, organisation and local area from four Zones of five major cities of Gujarat.

Sample Technique:

Random sampling method technique was used. In sampling school and colleges according to geographical location were selected. Five Major city of Gujarat were taken like Ahmedabad, Surat, Vadodara, Rajkot and Mehsana.

Sample:

The sample was selected with random sampling method. The study was done in five major districts of Gujarat based on highest number of population. The schools and colleges were selected depending upon their location in respective cities. All the school and colleges were situated in different zone that is north, south, east and west. Total respondents were 631 candidates of total of 5 schools and 5 colleges with local residential of that area.

Sample size: Total of 631 respondents were surveyed in Gujarat.

Results / Comparisons

There were six factors identified i.e. Meaning and Purpose, Values and principles, Consciousness, universal love and Considering oneself as a part of the supreme of god to determine Spiritual quotient (SQ) level among the youth of Gujarat. The study also established the relationship of demographic characteristics of candidates and individual factors. It was also proved that impact of all individual factors on Spiritual quotient was different for candidates having different demographic characteristics. It was found through data analysis that SQ was mainly attained at home and mainly from their mother and

grandparents. It was sad to know from the study that Educational institute and work place had contributed minimum in SQ level of youth.

It was explored from the research that visiting religious places like temples, church, Mosque, Gurudwara, etc., doing Karma (Doing their duty) helped in attain SQ. Other important ways of gaining SQ was through Introspection, by having faith in GOD and by Natural surroundings.

From the study on different education group it was found that spiritual quotient level was low with the factors of Consciousness and Universal love. The study also showed that different income group due to shift towards materialism resulted in low level of spiritual quotient. Thus the spiritual quotient level is considered to be low among the youth of Gujarat. Another important inference was that “Values and Principles” was identified as the single factor affecting on Spiritual quotient with the highest intensity. It was concluded from the study that present youth do not understand right and wrong and have tendency to do wrong and that is the reason that their level of spirituality is low.

g. Achievements with respect to objectives

Achievements with respects to objectives

- The model was developed thorough literature review and discussions with candidates as well as spiritual leaders. The model was validated through appropriate statistical tools like ANOVA, correlation, multiple regression and cluster analysis.
- All the six factors were independent and there was significant correlation of all the factors with overall impact on Spiritual Quotient.

- The research had also been able to establish the relationship of demographic characteristics of candidates and individual factors. It was also proved that impact of all individual factors on overall Spiritual quotient is different for candidates having different demographic characteristics.
- With the use of the model, areas for improvement in order to increase spiritual quotient level among the youth of Gujarat have been identified and discussed.

h. Conclusion

Conclusion:

Quantitative study was conducted to know the SQ level among the youth of Gujarat. SQ was measured under 6 main factors that is Meaning and Purpose, Values and principles, Consciousness, Universal love and Considering oneself as a part of the supreme.

The study concluded that more than fifty percent people were aware about “spirituality” or “Spiritual Quotient (SQ)”. Most of the candidates had heard about SQ mainly from family and especially from their mother or grandparents.

It was concluded from the survey data that spirituality was learnt at all the ages. It was also revealed that SQ was learnt maximum between the age of 15 to 24 years old. It was found through data analysis that SQ was mainly attained at home. It was sad to know from the study that Educational institute and workplace had contributed minimum in SQ level of youth.

The study showed SQ was attained by visiting religious places like temples, church, Mosque, Gurudwara, etc. and by doing Karma (Doing their duty). Other ways of gaining SQ was by Introspection, by having faith in GOD and by Natural surroundings.

It was concluded from the study that youth had tendency to do wrong as their level of spirituality was low. Thus the spiritual quotient level is considered to be low among the youth of Gujarat.

From the study of different education group it was found that spiritual quotient level was low with the factors of Consciousness and Universal love. The study also showed that different income group had low level of spiritual quotient with the factors of Universal love (OUNL) and Part of Supreme God.

The study also showed that change in all the 6 factors like Meaning and Purpose, Values and principles, Consciousness, Universal love and Considering oneself as a part of the supreme affected Spiritual quotient among the youth of Gujarat.

Another important inference was that “Values and Principles ” was identified as the single factor affecting on Spiritual quotient with the highest intensity. Moreover “Values and Principles ”, “Spirituality and Crime” and “Consciousness” were identified as the three combined factors affecting on Spiritual quotient the most. It was concluded from the study that crime rate is high because level of spiritual quotient among youth is low.

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