



# GUJARAT TECHNOLOGICAL UNIVERSITY

**Program Name: Minor/Hons. Program**

**Level: UG**

**Branch: Minor/Hons. Global Citizenship Personality Development**

**Subject Code: BE050AQ011**

**Subject Name: Personality Development**

w. e. f. Academic Year:	2026-27
Semester:	5
Category of the Course:	Core Courses

<b>Prerequisite:</b>	Zeal to learn the subject.
<b>Rationale:</b>	<ol style="list-style-type: none"> <li>1. Need for global personality development</li> <li>2. Techniques for personality development</li> <li>3. Dealing with challenges</li> <li>4. Development of contributory personality with global perspectives</li> </ol>

### Course Outcomes:

Sr. No.	CO statement	Marks% weightage
CO-1	Students will be able to identify factors affecting in formation of global personality development.	10%
CO-2	Students will learn the importance of thinking mind for living better life	10%
CO-3	Students will identify and be able to categorize good habits for better personality.	20%
CO-4	Students will understand the skills required to be an effective leader and will evaluate the skills	20%
CO-5	Students will analyze problems and effective ways for solutions	20%
CO-6	Students will paraphrase necessary values to become a good human being and will identify the role of various agencies to overcome global challenges	10%
CO-7	Students will interpret the importance of physical fitness and mental wellbeing to be happy	10%

### Teaching and Examination Scheme:

Teaching / Learning Scheme (in Hours per semester)					Total Credits = TH/30	Assessment Pattern and Marks					Total Marks
L	T	P	PBL*	TH		Theory		Tutorial / Practical			
						ESE (E)	PA (M)	PA (I)	PBL (I)	ESE (V)	
45	0	30	45	120	04	70	0	0	50	30	150

\* *Problem Based Learning (PBL) aims to accommodate learning beyond syllabus as per clause 9.4 of NBA manual.*



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Where L = Lecture, T= Tutorial, P= Practical, TW/SL = Term-Work / Self-Learning, TH = Total Hours, PA = Progressive Assessment, ESE = End-Semester Examination

## Content:

Sr. No.	Content	Total Hrs
1	Introduction to Global Personality Development  1) Meaning and scope of personality development in global perspectives 2) Traits of global personality development 3) Cross-cultural perspectives on personality development 4) Importance of global personality development 5) Cultural intelligence (CQ) and global adaptability 6) Values, attitudes, and belief systems in global contexts	7 hrs
2	Personality Change through Habits  1) Self-discipline and persistence 2) Efforts for personal management 3) Responsibility and accountability 4) Balanced self-renewal 5) Seek first to understand, then to be understood 6) Time management 7) Habit formation and behavior change models 8) Self-motivation and goal setting 9) Emotional self-regulation and stress management	7 hrs
3	Leadership Development  1) Managerial skills 2) Entrepreneurial skills 3) Ethics and integrity 4) Interpersonal skills 5) Team skills 6) Vision building and strategic thinking 7) Conflict management and negotiation skills 8) Transformational and servant leadership	9 hrs



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4	Dealing with Difficult Times and Challenges  1) Research and analysis 2) Creativity and innovation 3) Emotional intelligence 4) Risk management 5) Decision making 6) Problem-solving and critical thinking 7) Resilience and adaptability 8) Coping with failure and uncertainty	9 hrs
5	Physical Fitness and Mental Health  1) Science of body and mind 2) General physical fitness 3) Positive personality traits through yoga and meditation 4) Stress management and mental well-being 5) Mindfulness practices and emotional balance 6) Work–life balance and healthy lifestyle habits	7 hrs
6	Global Challenges, Efforts, and Role of Leaders  1) Peace and harmony 2) Food security, health, and education 3) Disaster management and sustainable development 4) Role of intra-national bodies, UNO, and sub-agencies 5) Convergence of global leadership for common good 6) Climate change and environmental responsibility 7) Inclusive growth and social equity 8) Ethical global leadership and international cooperation	6 hrs
<b>TOTAL</b>		<b>45</b>

### Suggested Specification table with Marks (Theory):

Distribution of Theory Marks					
R Level	U Level	A Level	N Level	E Level	C Level



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10%	25%	25%	20%	10%	10%
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**R: Remembrance; U: Understanding; A: Application, N: Analyze and E: Evaluate C: Create and above Levels (Revised Bloom's Taxonomy)**

### Reference Books:

1. Journal of Personality and Social Psychology scientific journal published by the American Psychological Association
2. All books by Sudha Murthy
3. Shiksha me Kranti by Osho
4. Argumentative Indian by Amartya Sen

### List of Tutorials:

1. Identify the major global challenges to develop global village.
2. Explain the role of personality development to overcome global challenges.
3. Develop a short term plan to develop your personality. Take help of SWOT analysis to identify your strengths and weaknesses.
4. Conduct the review of literature to identify the books, journals and magazines available on global personality development. Identify top five resources to develop your own personality.
5. Identify some important yoga and pranayam to develop healthy body and healthy mind. Prepare a scrap book and past those yoga poses and pranayam with detailed description.

### List of Open Source Software/learning website:

1. <https://www.waldenu.edu/resource/qualities-of-successful-people>
2. <https://www.youtube.com/watch?v=nMZCghZ1hB4>
3. [https://www.youtube.com/watch?v=o3K\\_HbpWNpg](https://www.youtube.com/watch?v=o3K_HbpWNpg)
4. <https://www.youtube.com/watch?v=JxWybvns1jg&t=51s>
5. <https://www.youtube.com/watch?v=mmU56vZs72A>
6. <https://www.youtube.com/watch?v=-Peo0SX5xYE&t=64s>



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## List of suggested activities for Problem Based Learning:

Sr. No.	Topic Title	Activity Details	Est. Time
1	Becoming a Global Citizen	<p>Theme: Introduction to Global Personality Development</p> <p>Problem: A technically skilled graduate fails to adapt while working in a multicultural academic or professional environment.</p> <p>Student Tasks: 1) Define global personality development and its scope 2) Analyze traits of a global personality 3) Examine cultural intelligence (CQ), values, attitudes, and belief systems 4) Propose strategies to improve global adaptability</p>	7.5 hrs
2	Habits that Shape Destiny	<p>Theme: Personality Change through Habits</p> <p>Problem: A capable individual struggles with poor time management, lack of discipline, stress, and inconsistent performance.</p> <p>Student Tasks: 1) Identify ineffective habits and behavioral patterns 2) Apply habit-formation and behavior-change models 3) Design a personal plan covering self-discipline, time management, emotional regulation, and goal setting</p>	7.5 hrs



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3	Building Ethical and Effective Leaders	<p>Theme: Leadership Development</p> <p>Problem: A team leader delivers results but fails to maintain trust, ethics, and team harmony.</p> <p>Student Tasks: 1) Analyze leadership gaps using managerial, interpersonal, and team skills 2) Compare transformational and servant leadership 3) Propose an ethical, vision-driven leadership approach</p>	7.5 hrs
4	Leading Through Uncertainty	<p>Theme: Dealing with Difficult Times and Challenges</p> <p>Problem: An organization faces uncertainty due to failure, risk, and rapidly changing conditions.</p> <p>Student Tasks: 1) Apply research, analysis, and critical thinking 2) Use creativity and innovation for problem-solving 3) Develop decision-making strategies under stress and uncertainty</p>	7.5 hrs
5	Health, Mind, and Performance	<p>Theme: Physical Fitness and Mental Health</p> <p>Problem: High academic or professional pressure leads to burnout, stress, and poor health habits.</p> <p>Student Tasks: 1) Understand the science of body–mind connection 2) Analyze the role of yoga, meditation, and mindfulness 3) Design a balanced routine for mental well-being</p>	7.5 hrs



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		and work–life balance	
6	Global Challenges and Ethical Leadership	<p>Theme: Global Challenges &amp; Role of Leaders</p> <p>Problem: Global crises such as climate change, inequality, health emergencies, and conflicts require coordinated leadership.</p> <p>Student Tasks: 1) Analyze global challenges related to peace, food security, health, and environment 2) Study the role of UNO, sub-agencies, and international cooperation 3) Propose ethical leadership actions for inclusive and sustainable development</p>	7.5 hrs

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