

GUJARAT TECHNOLOGICAL UNIVERSITY
DIPLOMA PROGRAMME IN HOME SCIENCE
SEMESTER: V

Subject Name: Personality Development

Sr. No.	Course content
1.	Introduction: Definition of personality. Developing personality by enhancing Beauty Poise Charm Health. Importance of personal cleanliness Clothing and accessories.
2.	Grooming: Cloth sense Hair care and style Skin care Make-up aids & use of various cosmetics. Body massage. Slimming aids & diet.
3.	Behavioral Training: Relaxation & its effects Voice Modulation Art of conversation. Building good Human relationship Importance of Moral code Social attainments Good manners.