AUGMENTATION RHINOPLASTY

Surgical Name: Rhinoplasty
Hospital Admission: No hospital admission for outpatient case
Duration of Surgery: 1-2 Hours
Anesthetic: Local Anesthesia (LA)
Recommended stay following surgery: 7 days

Introduction

Augmentation rhinoplasty is commonly requested by Asian nationalities. The aim of this procedure is to enhance the shape of the nose and to add height to the nose bridge by having an implant to achieve long term results. Clients who are seeking to have this procedure may have one or more of the following feelings or conditions that may indicate a need for augmentation rhinoplasty:

- Clients who have short nose.
- Clients with thickened alar wings.
- Clients who have wide and low nasal dorsum.
- Clients who have small amount and thin septal cartilage.
- Clients with retracted columella.
- Clients with flaring nostrils.
- Clients with poor tip projection.

Pre- Surgery Instructions

Fasting is not required since this procedure is usually performed under local anesthesia.

Please remember the following:

- NSAIDS drugs and Aspirin must be avoided for atleast 2 weeks prior to surgery. If you are taking Aspirin or any type of blood thinning medications for a medical condition, please notify your Plastic Surgery Thailand surgeon to give you a proper advice.
- Smoking should be stopped atleast 3-4 weeks prior to surgery. If you have been smoking for long time, and you have difficulty quitting, cut back as much as possible.
- Drinking alcohol must be ceased a day or two before surgery.

If you develop an illness right before surgery, please notify your Plastic Surgery Thailand surgeon.

Our team will thorough evaluate your medical history to check for conditions that may delay the surgery or the healing process.

The Procedure

The procedure usually takes 1-2 hours and you are not required to stay in the hospital overnight. After the procedure you can go back home on the same day.
Stage 1 – Induction of Anesthesia: Medications are administered. The procedure is usually performed under local anesthesia.

Stage 2 – Treatment: In performing augmentation rhinoplasty, an implant is needed. Common materials for implants include Gortex or soft silicone. The sharp subcutaneous dissection is carried on from the incision to the lower border of the nasal bone to create a symmetrical pocket over the tip and supra-tip area. The sub-periosteal dissection is continued with periosteal elevator from the lower border of the nasal bone. The upper dissection is limited at the marked line for the superior border of the pre-planned prosthesis pocket. The lateral dissection is performed to achieve the adequate pocket space, which depended on the size of the prosthesis. The dissected pocket is irrigated with normal saline and the hemostasis is secured. The custom-made S-shape implant is inserted. The contour and position are checked.

Stage 3 – Closing the incisions: Stitches are then used to close the incision.

Post-Surgery Instructions

You will be provided with set of medications which includes antibiotics, pain killers, anti-inflammatory etc. Please follow the instruction on when to take your medications. Do not drink alcohol while you are on antibiotics.

You will also have a firm splint over your nose and this is usually remove after a week.

Swimming and other water activities should be avoided for 1 week, or until your surgeon gives you permission.

The non-dissolvable stitches will be taken out after a week.

What to expect following augmentation rhinoplasty surgery:

• Swelling can be expected this usually subsides in 2-3 weeks. Cutting back salt, proper hydration and light exercises such as walking can help to reduce swelling. If you experience sudden swelling in the days after your surgery, call your Coordinator.
• Bruises may be expected but this will improve over time. If you still have some discolorations after several months, notify your Plastic Surgery Thailand surgeon.

You should contact your Coordinator if you experience severe pain not relieve by medications, any unexpected symptoms, such as redness of your breast skin, a burning sensation or unusual swelling and high fever.