

When You Are Fearful

Word

Scripture Reference

Psalm 27:1-14

Discussion Questions

1. What do you usually do when you are afraid?
2. As we look into the future, we realize that there are a lot of unknown things in our path. It seems that everything is changing, which makes us worried about our family, our job, and our life in general. We also get worried about calamities like earthquakes and world events like elections, etc. As Christians, how can we prepare our hearts for the unknown future? Read Psalm 27. This passage give us the answers to the question, “*What to do when we are afraid?*” Or “*How can we be unafraid about the future?*” Learn the answers from Psalm 27.
 - a. When you are afraid, think of God (v.1-3). When you are afraid, stress on God’s nature, emphasize or focus on Him. Identify the sources of fear that David had to face. How did he deal with his fear? What characters of the Almighty God did he focus on to contend with his fear? What circumstance, situation or person are you struggling with fear? How do you handle it in order to overcome it?
 - b. When you are afraid, go and hide in the temple (v.4-6). How could it be when only the priests could get in the tabernacle or temple? However, in the New Testament this temple where the Holy Spirit dwells refer to your heart (2 Cor. 6:19). And so when you are afraid, why not hide in the temple of your heart. Enter into God’s presence in you, meditate and enjoy God’s beauty and glory. How can this possibly be done? How can you focus on Him in the midst of your busyness to enjoy His beauty and glory? How does God, your Rock,

protect your heart from any attack of the enemy? Instead of struggling in fear, what was David’s experience from hiding in the Lord (v. 6).

- c. When you are afraid, Pray (27:7-10). Sometimes God’s children don’t pray because they think that that God already know their needs (which is true, He certainly know your needs even before you utter them). Some think that He doesn’t really care, so why pray. But God wants to listen to your prayers. What was David’s prayer on verse 7? Did you ever pray that kind of prayer? What is God’s mercy? Share a testimony of how you have experienced His grace and mercy as an answer to your prayer.
- d. When you are afraid, learn spiritual lessons (27:11-14). David wanted God to teach him His way and to lead him in a straight path. What are the lessons in life that you have learned from God? Share how you see the goodness of God through the lessons you’ve learned from His Word and your experience with Him.

Walk

No one is spared from experiencing fear. Regardless of the source of your fear, think of God; hide in the temple, which is your heart where the Holy Spirit dwells; pray; and learn spiritual lessons. How big is your God? Is He big enough to help you deal with your fear and solve your problems? What is the condition of your heart? Does the Holy Spirit dwells there? Do you believe that God actually want you to communicate to Him through prayer? What keeps you from being consistent in your prayer life? Think of the spiritual lessons you are learning from every experience you go through, good or bad.

Worship & Prayer

Heavenly Father, thank you for the lessons I just learned from the life story of King David on how he dealt with fear. I acknowledge that I have all kinds of fear and one of them is the unknown of the future. But thank you that regardless of what I go through in life, You are there whom I can depend on. You understand my well-being, and will meet my needs according to Your will. Give me the confidence I need and help me to see your goodness in my life. Help me to be strong in You. In Jesus’ name. Amen.