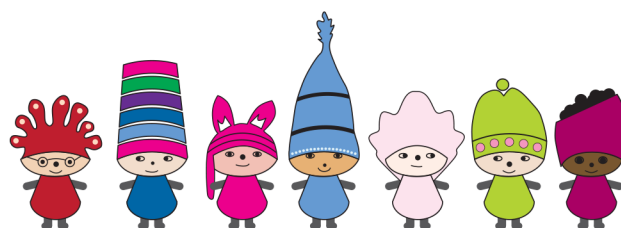


# BEING KIND IS EVERY DAY

Pick up rubbish • Check on an elderly neighbour • Are gentle in play • Help with the shopping • Unpack the dishwasher • Tidy their toys • Fill up the pet water bowls • Listen to a friend • Use their manners • They recycle • Give toys to charity • Give clothes to charity • They are polite • They lay the table • They dry up • They offer to help • Thank people • Share their lunch if someone forgets theirs • Help in the garden • Help cook at home • Return the trolley & leave the coin, as it may make someone's day • Hold a door open • Invite the child standing alone to play • Make a thank you card for a friend • If someone falls over they help them up • Take their dirty clothes to the laundry basket • They are thankful for what they have • Try to avoid arguments • Happy to explain a topic if someone doesn't understand • They pay random compliments • Put aside some pocket money to give to charity • Collect tins of food for charity • Listen to someone who is having a tough day • Bake some cookies to share in class • They help teach younger brothers and sisters • They thank their teacher for a good lesson • They thank their parents for all they do • They think before they speak • They ask are you ok? • Being kind to yourself •



Easy Peasy Kids

[www.easypeasykids.com.au](http://www.easypeasykids.com.au)