

## NARASĪHA GĀTHĀ

The Stanzas on the Lion of Men  
(The Book of Protection)

1. **Cakka varaṅkita ratta supādo**  
**Lakkhaṇa maṇḍita āyata paṇhi**  
**Cāmara chatta vibhūsita pādo**  
**Esa hi tuyha pitā narasīho**

His red sacred feet bear marked with an excellent wheel; His long heels are decked with characteristic marks; His feet are adorned with a chowrie (cāmara) and parasol. That, indeed, is your father, lion of men.

2. **Sakya kumāravarō sukhumālo**  
**Lakkhaṇa vittita puṇṇa sarīro**  
**Loka hitāya gato naravīro**  
**Esa hi tuyha pitā narasīho**

He is a delicate and noble Sakya prince; His body is full of characteristic marks; He is a hero amongst men, intent on the welfare of the world. That, indeed, is your father, lion of men.

3. **Puṇṇa sasaṅka nibhā mukha vaṇṇo**  
**Deva narā napiyo naranāgo**  
**Matta gajinda vilāsita gāmī**  
**Esa hi tuyha pitā narasīho**

Like the full moon is his face; He is dear to gods and men; He is like an elephant amongst men; His gait is graceful as that of an elephant of noble breed. That, indeed, is your father, lion of men.

4. **Kattiya sambhava agga kulīno**  
**Deva manussa namassita pādo**  
**Sīla samādhi patitṭhita citto**  
**Esa hi tuyha pitā narasīho**

He is of noble lineage, sprung from the warrior caste; His feet have been honoured by gods and men; His mind is well established in morality and concentration. That, indeed, is your father, lion of men.

5. **Āyata yutta susaṇṭhita nāso**  
**Gopamukho abhinīla sunetto**  
**Indadhanū abhinīla bhamūkho**  
**Esa hi tuyha pitā narasīho**

Long and prominent is His well-formed nose, His eye-lashes are like those of a heifer; His eyes are extremely blue; like a rainbow are His deep blue eyebrows. That, indeed, is your father, lion of men.

6. **Vaṭṭasumaṭṭa susaṇṭhita gīvo**  
**Sihahanū migarāja sarīro**  
**Kañcana succhavi uttama vaṇṇo**  
**Esa hi tuyha pitā narasiho**

Round and smooth is His well-formed neck; His jaw is like that of a lion; His body is like that of the king of beasts; His beautiful skin is of bright golden colour. That, indeed, is your father, lion of men.

7. **Siniddha sugambhira mañjusu ghoso**  
**Hiṅgula bandhu suratta sujivho**  
**Vīsati vīsati seta sudanto**  
**Esa hi tuyha pitā narasiho**

Soft and deep is His sweet voice; His tongue is as red as vermillion; His white teeth are twenty in each row. That, indeed, is your father, lion of men.

8. **Añjana vaṇṇa sunīla sukeso**  
**Kañcana patta visuddha lalāto**  
**Osadhi paṇḍara suddhasu uṇṇo**  
**Esa hi tuyha pitā narasiho**

Like the colour of collyrium is his deep blue hair; like a polished golden plate is His forehead; as white as the morning star is His beautiful tuft of hair (between the eyebrows). That, indeed, is your father, lion of men.

9. **Gacchati nīlapathe viya cando**  
**Tāragaṇā parivedhita rūpo**  
**Sāvaka majjhagato samaṇindo**  
**Esa hi tuyha pitā narasiho**

Just as the moon, surrounded by multitude of stars, follows the sky path, even so goes the Lord of monks, accompanied by His disciples. That, indeed, is your father, lion of men.