

## BUDDHĀNUSSATI BHĀVANĀ

Meditation on the Buddha

- 1. Ananta vitthāra guṇaṃ  
Guṇato nussaraṃ muniṃ  
Bhāveyya Buddhimā bhikkhū  
Buddhānussatimādito**

An understanding disciple should contemplate on the Buddha's infinite and pervasive virtues...

- 2. Savāsane kileseso  
Eko sabbe nighātiya  
Ahū susuddha santāno  
Pūjānañ ca sadāraho**

... that the Buddha alone has destroyed all defilements, revealing an extremely pure mind, always deserving adoration.

- 3. Sabbakāla gate Dhamme  
Sabbe sammā sayamaṃ muni  
Sabbākārena bujjhitvā  
Eko sabbaññutaṃ gato**

... that the Buddha has rightly realised in all the aspects matters relating to all times and has attained Supreme Enlightenment entirely through His own efforts.

- 4. Vipassanādi vijjāhi  
Silādi caraṇehi ca  
Susamiddhehi sampanno  
Gaganābhehi nāyako**

... that the Leader (the Buddha) is endowed with such forms of Knowledge as Vipassanā, (as extensive as the sky) and such forms of conduct as Sila.

- 5. Sammā gato subbaṃ ṭhānaṃ  
Amogha vacano ca so  
Tividhassāpi lokassa  
Ñātā niravasesato**

... that the Buddha has rightly gone to the blissful state. He is endowed with fruitful speech. He has known the three worlds (sensual, fine material and formless) in their entirety.

- 6. Anekehi guṇoghehi  
Sabba sattuttamo ahū  
Anekehi upā yehi**

## **Naradamme damesi ca**

... that the Buddha has become Supreme among all beings by His manifold qualities. He has, by various means, subdued those who should be subdued.

- 7. Eko sabbassa lokassa  
Sabba sattānu sāsako  
Bhāgya issariyādīnaṃ  
Guṇānaṃ paramo nidhi**

... that the Buddha is a great Teacher to the entire world. He is a noble treasure of qualities such as fortune and prosperity.

- 8. Paññāssa sabba dhammesu  
Karunā sabba jantusu  
Attatthānaṃ paratthānaṃ  
Sādhikā guṇa jetṭhikā**

... that the Buddha's wisdom is all pervasive, and His compassion extends to all beings. He is a benefactor unto Himself and others. He is Supreme in all qualities.

- 9. Dayāya pāramī citvā  
Paññāyattāna muddharī  
Uddharī sabba dhamme ca  
Dayā yaññe ca uddharī**

... that the Buddha elevated Himself by the wisdom gained through the perfections by preaching the Doctrine in all its aspects, and elevated others through His compassion.

- 10. Dissamānopi tāvassa  
Rūpakāyo acintiyō  
Asādhāraṇa ñānaḍḍhe  
Dhammakāye kathāvaka'ti**

Impossible to think of His physical form even when visible. How much more inconceivable is His Dharmakaya (doctrinal body) of unique wisdom?