

ATṬHAVĪSATI PARITTA

The Protective Chant of Twenty-Eight Buddhas
(The Book of Protection)

**1. Taṇhāṅkaro mahāvīro – Medhāṅkaro mahāyaso
Saraṇāṅkaro lokahito – Dīpaṅkaro jutindharo**

Tanhankara, the great hero; Medhankara, of great honour;
Saranankara, abode of love; Dīpankara, the lustrous light

**2. Kondaṅṅo janapāmokkho – Maṅgalo purisāsabho
Sumano Sumano dhīro – Revato rati vaddhano**

Kondaṭṭa, the people's lord; Mangala, the Man Supreme;
Sumana, the good-hearted sage; Revata, who enhanced joy

**3. Sobhito guṇasampanno – Anomadassī januttamo
Padumo loka pajjoto – Nārado vara sārathī**

Sobhita, with virtue crowned; Anomadassī, chief of men;
Paduma, a guiding lamp to all worlds; Nārada, the charioteer unsurpassed

**4. Padumuttaro sattasāro – Sumedho agga puggalo
Sujāto sabba lokaggo – Piyadassī narāsabho**

Padumuttara, peerless being; Sumedha, the paramount;
Sujāta, chief of all the worlds; Piyadassī, mankind's lord.

**5. Atthadassī kāruṇiko – Dhammadassī tamonudo
Siddhattho asamo loke – Tisso varada saṃvaro**

Atthadassī, compassion-grained; Dhammadassī, who dispelled gloom; Siddhattha, matchless
in the world; Tissa, restrained giver of the best

**6. Phusso varada sambuddho – Vipassī ca anūpamo
Sikhī sabbha hito satthā – Vessabhū sukhadāyako**

Phussa, all-seeing donor of the goal; Vipassī, the unrivalled one;
Sikhī, leader of boundless love; Vessabhū, dispenser of bliss

**7. Kakusandho satthavāho – Koṇāgamano raṇaṅjaho
Kassapo siri sampanno – Gotamo sakya puṅgavo**

Kakusandha, caravan-guide of sentient beings; Koṇāgamana, done with strife; Kassapa, of
perfect radiance; Gotama, the Sakya's glory

- 8. Tesam saccena silena
Khanti metta balena ca
Tepi tvam (mam) anurakkhantu
Arogyena sukhena ca'ti**

By the power of their Truthfulness and Virtues, Patience and Loving-kindness, May it be a shield around you (me), may health and happiness be yours (mine)!