

# Nawab of biryani and kebab delivering safe, delicious meals

Since Biryani By Kilo (BBK), India's premium biryani and kebab chain, has opened its outlets in Ludhiana, Jalandhar, Mohali and Chandigarh, it has received an abundance of love from Punjab's food connoisseurs.

BBK has around 50 outlets in Delhi NCR, Lucknow, Kanpur, Kolkata, Bhopal, Mumbai, Pune, Nagpur, Bhubaneswar, Patna, Ranchi, Raipur, Guwahati, and Goa.

It's unique selling point is that fresh handi biryani is prepared for every individual order, which is also delivered to customers in the same handi. In these Covid times, BBK is following measures such as sanitising the kitchen every hour, recording employees' temperature, sanitising delivery bags, delivering fresh dum cooked biryani handis that are opened by customers in tamperproof sealed bags with contactless delivery.

Biryani by Kilo has served traditional Hyderabad, Kolkata and Lucknowi dum-cooked biryani to around 1.5 million satisfied customers so far. All the meals are cooked at over 250°C, which ensures that food is absolutely safe to consume. Most Biryani by Kilo staffers have been administered at least the first dose of the coronavirus vaccination.

BBK menu is not just limited to biryanis but it also offers dishes such as chicken ghee roast, chicken and paneer 65, seekh kebab, vegetarian and mutton galoutis, and desserts such as phirni. BBK has lots of options for vegetarians such as



Celebration package  
PHOTOS: HTCS



Non-vegetarian platter



Matka phirni



Mutton Hyderabad biryani

## BBK OUTLETS IN PUNJAB

**Ludhiana:** Feroz Gandhi Market

**Jalandhar:** Krishna Plaza, Choti Baradari 2

**Mohali:** Sector 82, JLPL Industrial Area

**Chandigarh:** Ground Floor, Sector 30-C

**For orders call:** 9555-212-212 or

www.biryaniby kilo.com or

download BBK App

**Delivery timing:** 10 am - 11 pm

Biryanis starting from ₹325/half kg

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peshawari chole, katha and paneer biryanis, paneer 65, paneer nawabi and burani raita, all of which are from the

nizami tradition and are utterly delicious. BBK also offers 'next level vegetarian and non vegetarian kebab platters. As per government guidelines during lockdown in Punjab, BBK is taking last delivery orders in Ludhiana at 8.15pm, Jalandhar at 8.30pm, Mohali at 9.30pm and Chandigarh at 10pm, as of date.

# ACTORS FACE FINANCIAL WOES, AGAIN

From exhausting savings to looking for new sources of income, artistes share their ordeal

**Juhi Chakraborty**

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Besides affecting people's physical and mental health, the pandemic has also taken a toll on many people's finances, including those in showbiz, as work has been very sporadic in the past 14 months. As the industry is slowly opening up, we talk to actors about how they are keeping stock of their finances.

Shloka Pandit, who recently made her debut with *Hello Charlie*, says, "I live alone in Mumbai and have rent to pay. Thankfully, my parents can help me. It's the case for most actors, because we don't have a fixed salary. We're living on essentials; all the extravagance has gone out of the window, and rightly so."

Actor Meera Deosthale, too, has cut back on expenses since her TV show, *Vidya*, ended in March 2020.

"Us actors have a lifestyle to maintain. But, for one year, I haven't shopped anything. This is how I've been saving money. I've seen friends who had to go back to their parents' house, as they couldn't afford rent," she points out.

Noting a similar situation, actor Bidita Bag says many artistes are depressed because of no or no income. "It's a scary situation. Thanks to my savings, I am not in that phase, but we can't ignore the financial troubles actors are facing," she asserts.

Since they depend on shoots, it has been tough for actors in the past year, due to pandemic restrictions. "My film shoot got stalled and I can't take new work right now. I've been doing music videos to earn," says actor Himansh Kohli, who's currently in Delhi, looking after accounts in his dad's business.

Due to the crisis, many confess to having kept themselves occupied with other sources of income. Actor Delnaaz Irani, for instance, has been focusing on digital work. "It's important to do that. We're lucky to have the option of using technology to help our work," she says.

Stressing on the need to save money, actor Sharad Malhotra says, "Expenses are high; we have EMIs to pay. For actors, it gets difficult, as payment is on project basis. So, it's important to save 30% of what you earn and invest smartly."



Unfortunately, we're eating out of our savings; there is no income currently.

**SHARAD MALHOTRA,**  
Actor

If actors don't have projects, we don't get any money. We have to cut down on expenses.

**SHLOKA PANDIT,**  
Actor

Doing videos and collaborations online is not only keeping me busy, but also helping me earn.

**DELNAAZ IRANI,**  
Actor

PHOTO: CAITLIN OCHS/REUTERS



## Brexit a 'catastrophe' for new UK singers, warns Elton John

Singer Elton John has on Thursday warned of a lost generation in the UK's music industry, owing to post-Brexit curbs on touring in the European Union (EU).

John was among musicians, including Ed Sheeran and Pink Floyd's Roger Waters, who signed a letter in January, criticising the Brexit deal.

"Put bluntly, we are currently in grave danger of losing a generation of talent due to the gaping holes in the government's trade deal," the 74-year-old wrote on Instagram.

The trade deal, which kicked in at the start of the year, no longer guarantees visa-free travel in the EU for UK musicians.

The *Rocket Man* hitmaker said he met Brexit minister David Frost last month, to discuss the issue.

### 'NEW ARTISTS WON'T BE ABLE TO TOUR EUROPE FREELY'

"New and emerging artists will be unable to tour Europe freely — an essential part of their education and development — due to the prohibitive costs of visas, carnets and permits," he continued.

"Despite this looming catastrophe, the government seems unable or unwilling to fix this gaping hole in their trade deal and defaults to blaming EU rather than finding ways out of this mess," he said.

He added, "If I had faced the financial and logistical obstacles facing young musicians now when I started out, I'd never have had the opportunity to build the foundations of my career. I very much doubt I'd be where I am today."

AFP

Despite this looming catastrophe, the government seems unable or unwilling to fix this gaping hole in their trade deal

**ELTON JOHN,** Singer

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Why is flu vaccine important for kids in monsoon

Scan the QR Code for more information on protection from flu https://www.bewiseimmunise.sanofipasteur.in/preventwhatcanbeprevented

**SANOFI PASTEUR**

Annual flu vaccination recommended pre-monsoons for children from 6 months to 8 years.

**DR VIJAY YEWALE,**  
Consultant pediatrician

As the rains usher in a break from the summer heat, changing seasons also bring the threat of seasonal diseases. Respiratory infections like influenza (flu) peak in India during the monsoon season and affect all age groups. Young children and kids with chronic diseases are more at a risk of developing severe influenza and might need to be hospitalised. The Ministry of Health and Family Welfare says influenza vaccine is desirable for children between 6 months and 8 years of age.

The symptoms of seasonal influenza include fever, cough (usually dry), headache, muscle and joint pain, severe malaise, sore throat and a runny nose. The World Health Organisation recommends the vaccine, as it is the most effective way to prevent infection and severe outcomes caused by influenza viruses. Dr Vijay

Yewale, consultant pediatrician and past president, Indian Academy of Pediatrics, suggests young children should take the influenza vaccine pre-monsoons. He explains, "The influenza strain keeps evolving every year, hence annual vaccination between late summer and early monsoons is recommended for children and adults, especially those with co-morbidities like diabetes and asthma. In addition to the vaccine, everyone should fol-

low SMS – Safe physical distancing, Masking, and using Sanitizers, to keep seasonal air-borne diseases at bay."

To learn valuable insights about keeping your little ones safe from seasonal infections this monsoon, join us for a special Live session with Dr Vijay Yewale and Tisca Chopra. The live session will be held today, 2.30pm onwards on Hindustan Times' Facebook page.

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