

RED BACKS Squash

eMag 2012-11

Ingham ignites juniors



Brody Di Bella & Brad Martin



Annie Fox & Dana McLennan



BJ MacDonald & Jordan Di Bella

Preparations for the 2013 QJC have already begun in Ingham.

The club combined their 2020 World Squash Day celebrations with the running of the first junior qualifier for 2013.

Tournament Director Kim DiBella said:

"The weekend went well. We had 60 competitors and all the players showed great sportsmanship over the weekend. We also had a social BBQ to celebrate World Squash Day on Saturday night which was well attended."

1st Qualifier Winners:

GIRLS 9

Charlotte ERBA (Ingham)

GIRLS 11A & 13B

Bianca VAN VUREN (Mackay)

GIRLS 13A, 15A & 17B

Tia MCLENNAN (Mackay)

GIRLS 17A

Dana MCLENNAN (Mackay)

MIXED:

BOYS 9B, 11B & GIRLS 9

Jack WALDON (Ingham)

BOYS 9

Adam HOBBS (Townsville)

BOYS 9A & 11A

BJ MACDONALD (Mackay)

BOYS 13A & B

Brody DI BELLA (Ingham)

BOYS 15A & B

Bailey HILLIER (Ingham)

BOYS 17A & B

Ivan JENSEN (Atherton)

MIXED:

BOYS 19 & GIRLS 17

Ivan JENSEN (Atherton)

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FROM THE EDITOR

Welcome to the 3rd edition of the **REDBACKS eMAG**. This edition features articles from two of NR's modern day heroes: **Lisa Camilleri** and **Brad Hindle**.

Both articles are highly informative giving readers a rare insight into the lives of professional squash players.

Congratulations to the Queensland Sharks and the NR players who contributed to another great result. The Sharks won the Overall Teams Championship for the 9th consecutive time at the recent Australian Junior Closed Championships.

Ingham successfully hosted the 1st junior qualifier for 2013. Ingham's Sean Motti took out the Red Star Award for October.

A new segment called **Controversy Corner** has been added to air and hopefully influence positive change within the industry.

Thank you to all our contributors who have provided articles for the eMag. Don't be shy ... If you have thoughts for an article you don't have to be a polished writer. Just jot a few quick notes down and send them to me. I will then base the article around those thoughts.

Without Topping

Vicky Topping reflects on her time at Mackay Squash Club.

Thanks Mackay Squash Club. It is with mixed feelings that I write this 'thank you'.

Since I arrived at your courts I have been made to feel more than welcome. Kay has substituted me into games where appropriate and put me in fixtures when my frequent trips back to NZ allowed. All the players I have come against have surely given me a run for my money and I hope them!

The comradeship of the club is to be commended and makes it so much easier for new comers to come on board.

No one told me where to go
I had to follow my nose, 'cause I didn't know
However driving down Nebo Road one day
We found the courts hip hip horray!
Dragging moral support close by
We ventured up those stairs it was so hot I thought I'd die!
Virginia and Kay were the first contacts we met
"Welcome", they said, "On the court you get!"
Poor Margaret didn't need the second hit
But they all needed to gauge this newcomer, looking so unfit!
The time has flown since that first day out
I've played and socialized with them all, just about
It's been memorable from the start
So thanks Mackay - from the bottom of my heart.

I have been playing with the club for approximately a year now and have thoroughly enjoyed every moment of it though my **red** face, aching body and old bones may have a funny way of showing pleasure!

The social fixtures are also good to play in and hopefully the numbers can be kept up so they too can continue.

Best of luck Mackay Squash Club for your future ...and once again thanks ...

Vicky Topping



Dreams do come true

Written by Lisa Camilleri

I first dreamt of playing for my country and wearing the Green and Gold at the Commonwealth Games when I was just 8 years old!

Today, I'm a professional squash player doing what I love. I also achieved my dream.

My journey has been full of exciting experiences. I now want to help others by sharing my journey and what I have learnt along the way.

I followed the normal progression for a developing junior. I started by playing junior tournaments, I then looked to represent my Region and my State and finally, I strived to represent my country. I achieved my goals and played for Australia in 2001 at the World Junior Team Championships.

As a result of making that team I was offered an AIS scholarship at the age of 18. In 2002, I moved from Tully to the big smoke!

Going from junior level to pro level was a huge shock to my system as reality hits and only then do you realize just how much hard work and dedication is needed to make it as a pro athlete.

The AIS just wasn't right for me



Source: Graham Crouch/Getty Images AsiaPac

at the time. I trained hard but I wasn't really comfortable. To be honest I was a little lost. I really needed to work out what I wanted to do.

Over the next 5 years I trained as an individual and eventually rediscovered my inner drive. That same drive I had as an 8 year old wanting to represent my country at the Commonwealth Games.

Fortunately, during this time I had a great support team around me. That support team

consisted of many friends, clubs and of course Mum and Dad. That support team helped me regain my focus as to what my real passion was and still is.

Making the decision to play squash was viewed by a lot of my friends and family as crazy. My Dad was always worried about just how I was going to financially support myself.

But I guess when you have that passion for something you just somehow make it work even if you're living on the smell of an oily rag!

In 2009, I was offered another AIS Scholarship but this time I was ready. I trained with a burning desire to represent Australia at the Commonwealth Games in 2010.

Whilst I came 4th at the Commonwealth Games (in the women's doubles with Amelia Pittock) I realised my dream should have been more. It should have been to wear the Green and Gold and win a gold medal!

Being a full time professional squash player, I find my days are filled with training and making sure I'm doing all of the extra things like stretching, rehab and fueling my body with the right nutrients to stay on top of my game.



Dreams do come true

Continued

In 2011 I sustained a pretty serious foot injury which has the potential to end my career. I'm very grateful to be receiving such fantastic support and help from all the AIS professionals. With their help I should make a full recovery and be back on the court any time soon.

With time on my hands, I started to get my very own website up and running to help with: 1. Promoting myself 2. Seeking sponsors 3. Promoting my sponsors 4. Keeping in touch with my fans and 5. Allowing people to connect with me for info on how they can improve.

Whilst establishing my website, I soon realised that many within sport face the same challenges. Over the years I have struggled with the issue of accessing people and information that would help me improve while progressing through the squash ranks. And like most athletes generating an income and sponsorship to support this life of mine has always been an uphill battle.

A combination of my injury, a real passion to help young athletes and the challenges that I have faced have helped me to grow as a person. It has also led me to create something special where I can finally give back and help others within sport to achieve their dreams.



Amelia Pittock and Lisa Camilleri

I have with the help of others created a place where you can join different teams led by elite athletes, coaches and sports administrators; you can access articles, videos and start discussions on subjects that interest you; you can establish a profile and history of your sporting achievements and you can with our help improve your value to sponsors and others to assist in the generation of additional income.

There is much more I want to achieve, like helping clubs to achieve more from the internet and strengthening the relationships between

companies and those they sponsor.

I think what makes **Club2Athlete.com** unique is its ability to connect different people from all walks of life, from all over the world and at any level in any role. Where each of us can help each other to solve the challenges we face and make life that little bit more enjoyable.

Login to Club2Athlete.com today, search for Q Squash Northern Region Redbacks and click the "Follow this Club" button to get and stay connected. Search for individuals like Lisa and connect by clicking the "Join My Team today" button.



Red Star: October



MOTTI MAGIC

The Red Star Award winner for October is Ingham's **Shaun Motti**.

The talented 13 YAG Player has continued his good form from September with another solid performance in October.

Motti was undefeated in the Teams event at the AJC before stepping up and reaching the 15YAG final at the 1st Redbacks Qualifier for 2013 played in Ingham between 20-21 October.

The perfect finish just wasn't to be with Motti finding 14 year old Bailey Hillier (Ingham) too strong at this stage. Hillier won 3-0 but it was a close match: 11-9 11-8 11-9.

Congratulations Sean!





AJC Individual Results

Rebecca Baum 17YAG - Finished 5th**Mackay**

Main: Rebecca Baum [4] def Michelle Cornish [17 WA] 11-8 11-2 11-6 Duration: 0:14
Main: Rebecca Baum [4] lost to Victoria Leow [5 VIC] 4-11 9-11 3-11 Duration: 0:22
Playoff 5-8: Rebecca Baum [4] def Nathalie Sutter [8 QLD] 11-7 11-6 11-6 Duration: 0:23
Playoff 5-6: Rebecca Baum [4] def Jasmin Burnard [6 SA] 11-8 11-3 11-9

Ivan Jensen 15YAG - Finished 10th**Atherton**

Main: Ivan Jensen [8] def Sam Haydon [25 SA] 11-8 11-5 11-9 Duration: 0:20
Main: Ivan Jensen [8] lost to Solayman Nowrozi [21 QLD] 6-11 12-10 11-7 6-11 3-11 Duration: 0:34
Playoff 9-16: Ivan Jensen [8] def Bruno Colantoni [16 WA] 12-10 11-6 11-2 Duration: 0:18
Playoff 9-12: Ivan Jensen [8] def Corey Sergeant [13 QLD] 7-11 11-4 11-3 11-4 Duration: 0:22
Playoff 9-10: Ivan Jensen [8] lost to Damon MacMillan [10 WA] 8-11 11-8 6-11 4-11

Tiffany Loss 19YAG - Finished 6th**Mackay**

Main: Tiffany Loss [10] def Shari Fuller [7 NT] 11-8 11-3 11-5 Duration: 0:17
Main: Tiffany Loss [10] lost to Natalie Newton [2 QLD] 12-14 7-11 8-11 Duration: 0:22
Playoff 5-8: Tiffany Loss [10] def Luka Stroop [6 WA] 11-3 11-6 11-5 Duration: 0:20
Playoff 5-6: Tiffany Loss [10] lost to Nicole Stoneham [4 VIC] 9-11 10-12 4-11 Duration: 0:20

Tia McLennan 13YAG - Finished 6th**Mackay**

Pool A Tia McLennan [8] def Siarna Gaudio [9 WA] 11-4 11-9 11-7
Pool A Tia McLennan [8] lost to Vanessa Graham [1 NSW] 2-11 2-11 1-11 Duration: 0:12
Pool A Tia McLennan [8] def Cherie Surman [SA] 11-5 14-16 11-2 11-7 Duration: 0:18
Main: Tia McLennan lost to Lauren Mc Inerney [SA] 8-11 8-11 11-4 9-11 Duration: 0:24
Playoff 5-8: Tia McLennan def Tia Dougherty [NSW] 13-11 11-9 10-12 11-3
Playoff 5-6: Tia McLennan lost to Alex Haydon [SA] 11-8 7-11 5-11 3-11 Duration: 0:21

Sean Motti 13YAG - Finished 10th**Ingham**

Main: Sean Motti [17] def Anand Siththaranjan [13 ACT] 11-2 11-3 11-3 Duration: 0:12
Main: Sean Motti [17] lost to Peter Nuttall [4 ACT] 11-6 11-9 7-11 9-11 7-11 Duration: 0:36
Playoff 9-16: Sean Motti [17] def Lachlan Cossedged [21 QLD] 11-1 11-3 11-9 Duration: 0:16
Playoff 9-12: Sean Motti [17] def Maaz Khatri [9 SA] 11-8 11-8 1-11 11-9
Playoff 9-10: Sean Motti [17] lost to William Curtis [15 WA] 9-11 4-11 5-11

Emily Turner 15YAG - Finished 9th**Mackay**

Pool B Emily Turner [15] lost to Stacey Cope [2 SA] 8-11 2-11 0-11 Duration: 0:14
Pool B Emily Turner [15] def Courtney Aspinall [10 SA] 11-4 11-4 11-4 Duration: 0:21
Pool B Emily Turner [15] lost to Tiana Saxby [7 NSW] 6-11 11-5 9-11 2-11 Duration: 0:24
Playoff 9-12: Emily Turner def Sophie Devine [WA] 11-6 12-10 11-7 Duration: 0:19
Playoff 9-10: Emily Turner def Lauren Aspinall [SA] 11-7 11-5 11-8 Duration: 0:18



AJC Team Results

The Queensland Sharks have just won the Overall Junior Teams Title for the 9th consecutive year.

This year six Northern Region Juniors contributed to this wonderful result. They were Sean Motti and Tia McLennan in the 13YAG, Ivan Jensen and Emily Turner in the 15YAG, Rebecca Baum in the 17YAG and Tiffany Loss in the 19YAG.

Queensland also won the 15YAG, 17YAG and 19YAG Combined Titles. Unfortunately, despite the 13YAG boys dominating the girls struggled a little and we had to settle for 2nd overall.

Sean Motti - Ingham

4 matches 4 wins 12 games to 0

Tia McLennan - Mackay

3 matches 1 win 4 games to 6

Ivan Jensen - Atherton

2 matches 2 wins 6 games to 0

Emily Turner - Moranbah

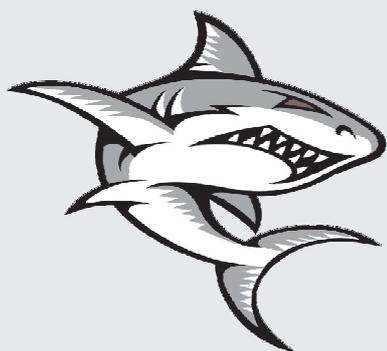
3 matches 3 wins 9 games to 0

Rebecca Baum - Mackay

4 matches 4 wins 12 games to 0

Tiffany Loss - Mackay

2 matches 2 wins 6 games to 0



BACK: Nicholas Calvert, Tiffany Loss, Sam Calvert, Emily Turner, Jim Calvert, Rebecca Baum, Tom Calvert
FRONT: Sean Motti and Tia McLennan

Photo courtesy of Julie Calvert

The Service Box



NORTHERN REGION

The 2013 Q Squash Northern Region **Annual General Meeting** will be conducted on Saturday 16th February 2013 in Mackay.

It will be held in conjunction with the Mackay Junior Qualifier.

Nominations for all positions are invited.

For more information contact **Kay Barclay** on 0432 572 712.



Mackay 11-15 January 2013

The NR Committee are currently organising an Elite Junior Coach Camp for January 2013.

Legendary coaches **Noel Forster** and **Kay Barclay** have joined forces again to put the polish on the current crop of Redback Reps.

More information will be released shortly. Are you interested? Phone **Kay Barclay** on 0432 572 712.

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The Q Squash Northern Region Committee would like to sincerely thank all the Volunteers who helped to make the 2013 Ingham Junior Qualifier a tremendous success ...

THANKS
Thanks

Frank & Chris Erba
Kim & Mario DiBella
Marissa Grasso
Steven Hobbs
Kylie Menzies
Michael Motti



ELITE JUNIOR COACHING CAMP

Mackay 11-15 January 2013

For more information contact

Kay Barclay on
0432 572 712.

Club 2 Athlete

www.club2athlete.com



So lets play Squash!

My name is Bradley Hindle and I'm a full-time professional athlete. For the last 10 years, I have based myself in Europe fulfilling my dream of becoming a professional squash player.

I'm originally from Mackay and I represented NQ and captained a successful Queensland junior team on several occasions.

I was first coached by Kay Barclay from 5 years of age and since then I have won many tournaments around the world, played in European leagues, played countless exhibitions and coached 1000's of people in several different languages and countries.

All said and done I made a healthy professional living doing what I love ... playing squash.

I have been kindly invited by Northern Region to write some articles for their monthly newsletter which I am very honored to do.

In the coming articles, I will share some of my experiences and reveal some advice that has helped me to make it on the professional tour.

Everything I intend on writing will be positive and helpful. My aim is to help everyone improve their squash experience.

BRAD HINDLE SQUASH



So all that aside:

I was first introduced to the game by my mother who was an active squash player and member of Mackay squash.

When I was just 5 years old my Mum introduced me to Kay Barclay and I have never looked back ... **but why was it that I stayed in the game?**

For me it was the positive participation, I had a great group

of squash buddies, great coaching and great supportive parents ... and not just my parents but all parents were supportive of all the kids.

For me, I simply loved getting down on the court and playing and I had the perfect environment in which to play.

I was thankful I was in a squash community that whenever I lost they were all there to keep encouraging me, and whenever I won they gave me big hug and said well done you deserve it ... **squash was the life for me!**



So lets play Squash!

Continued

Shhhh ... some secrets tips to a happy successful squash life!

Squash is a life long game but what are the tricks to a happy squash life? Speaking with many coaches and other professionals all around the world, I always ask out of curiosity for their opinion on what is the main factor to the making of a successful squash professional?

The most common answer I got and not surprisingly is:

Happy squash players makes better squash players. You must enjoy playing, learning, winning and losing ... yes and even losing!

I was invited to train with Johnathon Power and his coach Mike Way. At the time Johnathon had just retired from being world number 1. I could write all day about what I learnt, but Mike Way summed it up best:

“A player that had written goals, knew his or her strengths, accepted their weaknesses and enjoyed the challenges to overcome their weaknesses has ultimately, the golden attitude to success”.

He preached this to all his players and the proof was

evident. He not only coached Johnathon to world number 1, British and World Open Champion, but he also got former professional Graham Ryding to Top 10 and Sahier Razik to Top 20 in the world.



PROFILE:

BRAD HINDLE

Nationality: Maltese-Australian
Birthplace: Mackay
Born: 16 December 1980
Height: 185cm
Weight: 76kgs
Turned Pro: 2003
Pro Titles: 6
Racquet: Harrow

I remember being stuck in an improvement rut for a while and Mike Way saying to me “Why not get out your training diary and after every training session write down a couple of things that went well and a couple of things that could be improved.”

It took a bit of time to break the improvement plateau but by the time the next squash season had started my game had improved significantly .

I began beating players I had never beaten before. Instead of going out in the early rounds of tournaments I found my winning percentages had almost tripled from the previous season.

So whether you're a young aspiring junior, local squash enthusiast or a world class professional keep on learning and improving and most of all enjoy.

If you ever feel that you might be going through an improvement plateau always ask your coach for help. I know many of the coaches personally from NQ and can confidently say they are all very well qualified but more importantly understand how to get the best results.

That aside its time for me to play some squash:) Happy squashing everyone!



Controversy Corner

Written by John Jensen

All sports need to consider change. They need to listen and embrace genuine feedback. The opinions of those effected by the decisions of administrators need to be shared and discussed. Only healthy and positive dialogue and sometimes debate will help our sport to grow.

Competing in State and National Championships is now available to all individual squash players with a reasonable level of skill. However, sub standard umpiring can quickly shatter the experience.

At nearly every tournament, I see parents being rightfully annoyed when their child loses a match due to unfair umpiring.

Yet nobody speaks up about the problems because the message being hammered back from every direction is **“the kids are there to have fun.”**

Given the large financial investment being made as parents it is often very difficult to write off extremely poor umpiring as just being part of the fun.

By not saying anything we condone the continuance of these relatively poor procedures.

Many practices are relatively

easy to fix but unless people are outspoken nothing will ever change to improve the situation.

For Junior Squash Players ranked in the “top ten” at State or National level, most of the fun is replaced by dedication to the sport by way of serious regular training and spending all their school holidays away from home at major Championships.

Just to give you a few examples of what I have witnessed:

1. Having 11-13 year old players controlling a 15 year old semi final State Title match. This is not acceptable. The game is played at a much higher pace and sometimes intimidation from some older players to ‘let calls’ creates an undesirable situation.

2. One 15 YAG referee I observed at the 2012 QJC would still turn around for the opinions of spectators for every let call. Some players in the 15 YAG and below have an inadequate knowledge of the rules or lack confidence in their own ability to make correct decisions. Those individuals should not referee, but elect to

mark the match.

3. At the 2012 NJC, a 13 YAG boy’s match between two highly ranked players had Referee Control handed over to the previous players by the National Referee, who wanted a break. The refereeing was so inconsistent that the whole gallery of spectators and both coaches looked at each other shaking their heads in disbelief. Yet nobody did anything to fix the situation.

4. At a NR Qualifier this year I spotted a Referee spending more time texting on a mobile phone than watching the game. After missing several Let calls, I approached the Referee and politely asked for the phone to be put away. My action was met by unfriendly glares from the junior’s mother!

I have many more similar types of annoying and frustrating incidents, but I think my message is clear: Don’t accept these type of problems as **“part of the kids having fun.”** Do something about it!

Improvement suggestions:

1. At the tournament scheduling stage, maybe more consideration could be given to ensuring certain age groups don’t follow younger age groups..



Controversy Corner

Ingham ignites juniors

Continued

Ivan Jensen
Lucas Nielsen
Sean Motti

Continued

2. Coaches who observe an abnormal amount of doubtful Refereeing decisions should make the Tournament Referee aware of the situation. TR's, should then make every effort to resolve the problem.

3. Intimidation of referees by players should not be tolerated. Such action includes verbal and visual gestures immediately following an opponents let call, "before" the referee has even made a decision, thereby influencing or making a young referee feel under stress. The Rules spell out quite clearly the correct way to appeal a decision.

4. Mobile phones and game pads should be banned completely whilst refereeing. Marking and Refereeing a match is a task that requires your complete attention in order to repay the courtesy you received when playing.

5. All bodies responsible for conducting major Regional, State and National events need to educate players more about their responsibilities in terms of officiating.



Justin DiBella
Bailey Hillier
Sean Motti



Charlotte
Erba



Adam
Hobbs



*All Ingham Qualifier photos
courtesy of Kim DiBella*



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Until recently there has not been a Company which could serve the squash community from multiple directions.

Blu Project Management is providing a fresh approach to serving the squash community. The company is headed by Queenslander Todd Bowden.

Bowden has predominantly built his business in the dusty regions of WA. But now he's heading home to the Sunshine Coast to expand the business on the East Coast of Australia.

Bowden is a qualified builder, a former professional player and coach and a very passionate supporter of our sport.

First and foremost Blu prides itself on being a leader in the design and construction of new squash courts.

Blu has developed an innovative new building system for the construction of squash court facilities to maximise the space for not only squash courts, but for many other sports as well. Not only is their building system cost effective for the client, but also quality driven for exceptional results.

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Blu can provide a complete solution or tailor solutions to suit your immediate needs and budget.

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Bowden advised that "well maintained facilities lead to satisfied customers and in turn, satisfied customers become repeat customers. Owners and operators need to provide safe playing conditions and meet their Workplace Health and Safety obligations. Our aim is to help owners and operators get squash courts back into shape quickly, effectively and economically".

Don't hesitate to contact Todd on **0404 815 993** to discuss your needs further.

Now if building and maintaining courts wasn't enough to keep the team busy Blu also provide competition services. **Site Squash** is a league system which is particularly well suited

Kunnurra Squash Courts WA
Blu renovated the 3 front walls.

BEFORE



AFTER



Check the website for more completed projects

to mining and shires where shift work is a major factor. But more about that next month!

Check out the Blu website for more information.