



PROBLEM OF INDEBTEDNESS AMONG SMALL FARMERS IN RURAL KARNATAKA: A SOCIOLOGICAL STUDY

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Abstract

Agriculture continues to be an important source of livelihood for a large section of the rural population in Karnataka. However, small farmers often face serious economic difficulties due to increasing agricultural expenses, low and uncertain income, crop failures, fluctuating market prices, inadequate irrigation facilities, and dependence on credit. The problem of rural indebtedness among small and marginal farmers in Karnataka is not merely an economic crisis; it is a profound structural and sociological issue deeply embedded in rural stratification, agrarian relations, and community traditions. For smallholder households across regions like the semi-arid districts of Northern Karnataka and the southern agrarian belts, debt functions as a permanent social condition rather than a temporary financial deficit. These factors frequently lead to indebtedness, creating significant economic and social problems for farming households. The study focuses on factors such as the increasing cost of agricultural inputs, dependence on moneylenders and institutional sources of credit, unpredictable climatic conditions, crop loss, low agricultural productivity, and inadequate income. It also examines the social consequences of indebtedness, including poverty, family stress, social insecurity, changes in social relationships, and reduced living standards. The research seeks to understand how economic vulnerability and social conditions influence the borrowing patterns and debt burden of small farmers. The present study, titled “examine the causes, nature, and consequences of indebtedness among small farmers from a sociological perspective. From a sociological perspective, the study highlights the relationship between agricultural distress, rural credit systems, and the socio-economic conditions of small farming communities.

Keywords: Small Farmers, Indebtedness, Rural Karnataka, Agricultural Distress, Rural Credit, Poverty, Socio-Economic Conditions, Money lenders, Agriculture, Rural Society.

Introduction:

The agrarian landscape of Karnataka is currently witnessing a profound structural crisis, at the core of which lies the pervasive problem of rural indebtedness among small and marginal farmers. While agriculture remains the primary livelihood source for a substantial portion of the state's rural population, farming has increasingly become a high-risk, economically unviable enterprise for households operating on marginal landholdings. Traditionally analyzed through narrow economic frameworks as a temporary shortfall between agricultural income and expenditure, indebtedness in rural Karnataka demands a rigorous sociological interrogation. It functions not merely as a quantitative financial deficit, but as a permanent social condition deeply rooted in agrarian stratification, power asymmetries, and cultural imperatives. Agriculture has traditionally been the backbone of rural society in India and continues to provide livelihood and employment to a significant section of the population. In Karnataka, a large proportion of the rural population depends directly or indirectly on agriculture for its economic survival. However, the agricultural sector is affected by several challenges, particularly for small and marginal farmers. Limited landholdings, increasing costs of cultivation, uncertain rainfall, crop failures, fluctuating market prices, inadequate irrigation facilities, and lack of access to timely institutional credit have made farming increasingly difficult and economically insecure. Small farmers are especially vulnerable because they possess limited resources and have a lower capacity to withstand agricultural and financial risks. The cost of essential agricultural inputs such as seeds, fertilizers, pesticides, machinery, irrigation, and labour has increased considerably. At the same time, farmers often face uncertainty regarding crop production and market prices. When agricultural income is insufficient to meet cultivation expenses and household needs, farmers are compelled to borrow money from various sources. Indebtedness has therefore become one of the major socio-economic problems affecting rural farming communities. Farmers obtain loans



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from institutional sources such as banks, cooperative societies, and government-supported financial institutions, as well as non-institutional sources such as moneylenders, relatives, and friends. While borrowing may help farmers meet immediate agricultural and household expenses, repeated borrowing and difficulties in repayment can result in a continuous cycle of debt. High interest rates, crop losses, low income, and unexpected family expenses can further increase the financial burden on small farmers. The problem of indebtedness is not merely an economic issue; it also has important social consequences. Continuous debt can affect the living conditions, family relationships, social status, mental well-being, and overall quality of life of farming households. Financial difficulties may lead to family tensions, reduction in expenditure on education and healthcare, dependence on others, and social insecurity. In some cases, persistent indebtedness may also contribute to migration and changes in traditional rural social structures. Rural Karnataka presents an important context for studying farmer indebtedness because of its diverse agricultural conditions and dependence on rainfall in many regions. Variations in climate, availability of irrigation, cropping patterns, landholdings, and access to financial institutions influence the economic conditions of farmers. Small farmers, in particular, often face difficulties in managing agricultural risks and maintaining a stable income.

A sociological examination of this crisis reveals that debt is perpetuated not only by agricultural production shocks but also by institutional failures and sociocultural pressures. Despite the expansion of formal banking networks, small and marginal farmers frequently encounter structural exclusion due to rigid collateral prerequisites, land title ambiguities, and bureaucratic alienation. Consequently, agrarian households remain heavily dependent on informal credit markets—comprising local moneylenders, landlords, and input-supplying traders—who exact exploitative interest rates and enforce interlinked factor markets that bind cultivators to distress sales. Beyond productive investments, rural families are driven into heavy non-productive borrowing by the demands of the prestige economy, where life-cycle ceremonies, kinship obligations, and social status dictate substantial expenditures. Compounded by the decay of rural public health infrastructure, which forces vulnerable families to rely on costly private medical care during health crises, debt becomes an inescapable generational inheritance. Ultimately, chronic indebtedness accelerates the pauperization of the rural peasantry, triggering land alienation, the proletarianization of independent cultivators into wage labourers, and severe psychological distress within village communities. This study aims to unpack these multidimensional social processes, exploring how debt operates as an instrument of social stratification and examining the systemic mechanisms that sustain agrarian vulnerability in rural Karnataka.

Meaning of Rural Indebtedness:

Meaning of Rural Indebtedness Rural indebtedness refers to the condition in which people living in rural areas, particularly farmers, agricultural labourers, borrow money from money lenders to meet their agricultural, household, social, and other financial needs but face difficulties in repaying the borrowed amount. Farmers may borrow money for various purposes, such as purchasing seeds, fertilizers, pesticides, agricultural equipment, paying labour charges, arranging irrigation, meeting medical expenses, children's education, marriages, and other household necessities. When income from agriculture is insufficient due to crop failure, drought, floods, fluctuating market prices, or other economic difficulties, farmers may be unable to repay their loans on time. As a result, they may borrow additional money, leading to a continuous cycle of debt.

Rural indebtedness can arise from both institutional sources, such as banks, cooperative societies, and government financial institutions, and non-institutional sources, such as moneylenders, landlords, relatives, and friends. Dependence on high-interest loans from non-institutional sources can further increase the financial burden on rural households.

Dimensions defining the sociological meaning of rural indebtedness In India:

1.Distinction Between Productive and Non-Productive Debt: While productive debt is incurred for capital investments intended to generate future income (such as buying seeds, fertilizers, or irrigation equipment), a significant share of rural



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debt is non-productive. Non-productive debt is driven by survival needs, social reproduction, healthcare emergencies, and mandatory cultural obligations, offering no direct economic return to offset the borrowing.

2.The Cycle of Perpetual Rollover: True rural indebtedness occurs when debt is no longer a temporary bridging mechanism but a permanent way of life. Farmers routinely borrow from one source to pay off the interest on another, creating a compounding debt trap where generations inherit liabilities that far exceed their ancestral assets.

3.Structural Subordination and Interlinked Markets: Indebtedness is deeply tied to unequal village power dynamics. Informal credit is frequently interlinked with labor and product markets, compelling indebted farmers to surrender their harvested produce at below-market prices or provide cheap labor to creditors, effectively locking them into bonded or semi-feudal relationships.

4.Pauperization and 4.Social Degradation: Beyond financial insolvency, indebtedness signifies the erosion of a household's social autonomy and dignity. It marks the transition from independent cultivation to structural vulnerability, ultimately resulting in land alienation, the loss of productive assets, and the proletarianization of the rural workforce.

Sociological causes for Rural Indebtedness Among Small Farmers in Karnataka:

1.Agrarian Vulnerability and Climate Volatility: Agriculture in Karnataka is heavily dependent on the Southwest monsoon, with vast tracts categorized as dryland farming areas prone to recurring droughts. Climate unpredictability turns crop cultivation into a high-risk gamble, forcing farmers into repetitive borrowing to survive consecutive crop failures.

2.Escalating Input Costs: The transition to modern, input-intensive farming requires capital outlays for hybrid seeds, chemical fertilizers, pesticides, and groundwater extraction (borewells). Because small landholdings lack economies of scale, production costs routinely outpace net returns.

3.The Dual Credit Market and Informal Lenders: Despite the presence of commercial and cooperative banks, small and marginal farmers frequently face structural exclusion from formal credit due to rigid collateral requirements, land title discrepancies, and bureaucratic red tape. This drives them toward informal sources—local moneylenders, landlords, and input-supplying traders—who charge exploitative interest rates (often ranging from 24% to over 36% annually).
 Sociocultural Pressures and Non-Productive Borrowing

4.Social Ceremonies and Prestige Economy: In rural Karnataka society, community standing and kinship obligations dictate spending on life-cycle rituals such as weddings, funerals, and coming-of-age ceremonies. Lacking liquid savings, families borrow heavily from informal sources to maintain social capital and comply with customary expectations.

5.Health Crises and Private Healthcare Reliance: The decay of accessible public healthcare infrastructure in remote rural pockets forces households to turn to expensive private medical practitioners during health emergencies, instantly wiping out meager savings and locking families into long-term medical debt.

6.Intergenerational Transmission of Debt: Debt is frequently inherited across generations. Ancestral liabilities limit the social mobility of younger generations, restricting educational attainment and steering rural youth directly into casualized agricultural wage labor.
 Socio-Structural Consequences

7.Pauperization and Proletarianization: Persistent debt triggers the gradual alienation of land. Small farmers are often forced to mortgage or sell fractional landholdings to clear mounting dues, transforming independent cultivators into landless or marginal agricultural wage laborers.



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Interlinked Factor Markets: Informal credit is frequently tied to product and labor markets. Farmers who borrow from local traders or landlords are legally or socially bound to sell their produce post-harvest at below-market distress prices, ensuring that they remain trapped in a perennial cycle of dependency.

Historical Background of the study: Rural indebtedness has been a long-standing problem in Indian society, particularly among farmers and agricultural communities. The history of rural indebtedness can be traced back to the pre-colonial period, when agriculture was the primary source of livelihood for the majority of the population. Farmers often depended on traditional sources of credit such as village moneylenders, landlords, traders, relatives, and wealthy individuals. Loans were generally taken to meet agricultural expenses as well as household and social needs. During the British colonial period, the problem of rural indebtedness became more severe. The introduction of rigid land revenue systems placed a heavy financial burden on farmers. In many cases, farmers were required to pay land revenue regardless of crop failure or poor agricultural production. To meet these obligations, they were forced to borrow money from moneylenders. High rates of interest and unfavourable lending practices often made it difficult for farmers to repay their loans. Consequently, many farmers lost their land and became increasingly dependent on landlords and creditors. The expansion of commercial agriculture during the colonial period also contributed to rural indebtedness. Farmers were encouraged to cultivate cash crops for the market instead of producing mainly for their own consumption. Fluctuations in market prices and crop failures created uncertainty in agricultural income. When farmers were unable to earn sufficient income, they often depended on borrowing, which increased their financial burden. After India's independence in 1947, the government introduced several measures to improve the economic conditions of rural communities and reduce dependence on private moneylenders. Land reforms, the expansion of cooperative credit societies, nationalisation of major banks, and the development of rural banking were important steps in improving access to institutional credit. Agricultural development programmes and financial assistance were also introduced to support farmers. In Karnataka, agriculture has historically been an important source of livelihood, with a large rural population depending on farming and related activities. The state has diverse geographical and climatic conditions, and many agricultural areas depend on rainfall. Droughts, irregular monsoons, water scarcity, crop failures, and fluctuations in agricultural prices have affected the income of farmers. Small farmers with limited landholdings are particularly vulnerable to these risks. The roots of rural indebtedness in Karnataka run deep, evolving through distinct historical phases marked by colonial land revenue settlements, post-independence agrarian reforms, and the shifting paradigms of modern agricultural policy. Understanding contemporary agrarian distress requires tracing how historical transformations systematically dismantled traditional safety nets and institutionalized structural inequalities within rural society.

Objectives of the Study:

- To study the causes of indebtedness among small farmers in Rural Karnataka.
- To examine the major sources of credit and borrowing among small farmers.
- To analyse the socio-economic factors contributing to farmer indebtedness.
- To study the impact of indebtedness on the family and social life of small farmers.

Statistics on Rural Indebtedness in India

Rural indebtedness remains a significant socio-economic issue in India. According to the National Statistical Office (NSO), NSS 77th Round (2019), about 35% of rural households in India were indebted. The incidence of indebtedness was higher among cultivator households (40.3%) compared to non-cultivator households (28.2%). The survey also reported that the average debt per rural household was ₹59,748. Among cultivator households, the average debt was higher at ₹74,460. Further, 66% of the outstanding cash debt in rural India came from institutional sources, while 34% came from non-institutional sources, such as moneylenders and other informal lenders. Another NSS survey on agricultural households reported that 50.2% of agricultural households in rural India were indebted, with an average outstanding loan of ₹74,121 per agricultural household.



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Consequences of Rural Indebtedness in Rural Karnataka:

Rural indebtedness is not merely an economic problem. It also has serious social consequences, including poverty, family conflicts, social insecurity, reduced standards of living, and dependence on creditors. Therefore, the problem needs to be studied from a sociological perspective. Rural indebtedness is an important socio-economic problem affecting the lives of people in rural areas. In Rural Karnataka, many households depend on agriculture and related occupations for their livelihood. However, low and uncertain income, increasing agricultural expenses, crop failure, drought, irregular rainfall, healthcare costs, education expenses, and other family needs often force rural people to borrow money. People in rural areas obtain loans from both institutional sources, such as banks and cooperative societies, and non-institutional sources, such as moneylenders, relatives, and friends. When borrowers are unable to repay their loans due to insufficient income and other economic difficulties, they may fall into a continuous cycle of debt.

1.Agrarian Distress and Fragmented Landholdings: Successive subdivisions of agricultural land have rendered a vast majority of rural household's marginal or small farmers, making subsistence farming economically unviable without supplementary income.

2.Climate Vulnerability: Karnataka's heavy reliance on rain-fed agriculture (dryland farming across districts like Kolar, Tumakuru, and parts of North Karnataka) exposes households to chronic crop failures due to erratic monsoons and recurrent droughts.

3.Cost-Price Squeeze: Escalating costs of agricultural inputs (seeds, chemical fertilizers, pesticides, and diesel for irrigation pumps) juxtaposed with unremunerative Minimum Support Prices (MSP) and volatile market returns trap cultivators in a cycle of perennial deficit.

4.Institutional Exclusion: Despite priority sector lending norms, formal banking institutions (Commercial Banks, Regional Rural Banks) often enforce rigid collateral requirements, complex documentation, and bureaucratic delays, systematically excluding marginal farmers, landless laborers, and tenant cultivators.

5.Dominance of Non-Institutional Lenders: The vacuum left by formal credit is filled by local moneylenders, landlords, input dealers, and sowcars. These informal sources exploit socio-cultural vulnerabilities through exorbitant interest rates (often compounding monthly) and coercive recovery practices.

6.Psychological Distress and Social Disintegration: The shame associated with default in closely-knit village networks results in severe social isolation, loss of dignity, and psychological distress. This systemic despair manifests acutely in the broader pattern of agrarian distress and localized farmer suicides observed across the state.

7.The Debt-Swap Cycle: High-interest informal loans are frequently taken not for capital investment, but for distress consumption, healthcare emergencies, and social obligations (weddings, funerals), which subsequently trigger a vicious cycle of debt-swapping.

8.Caste and Class Intersectionality: Indebtedness heavily correlates with social stratification. Scheduled Castes (SCs), Scheduled Tribes (STs), and Lower Other Backward Classes (OBCs)—who form the bulk of landless agricultural laborers and tenant farmers—face systemic barriers that restrict upward mobility and asset accumulation.

9.Social Prestige and Status Consumption: In rural Karnataka, social events (ooru festivals, life-cycle rituals) function as arenas for negotiating social standing. Households frequently borrow heavily to maintain community prestige, fearing social ostracization or loss of izzat.



10.Gendered Vulnerability: While male heads of households often migrate or bear the public burden of agrarian failure, women bear the domestic brunt through self-help group (SHG) microfinance loans, micro-enterprises, and managing household survival amidst shrinking resources.

11.Distress Migration: Long-term or seasonal out-migration of rural youth and able-bodied men to urban hubs like Bengaluru, Mysuru, or Goa for construction and informal labor, altering traditional household structures and village demographics.

12.Alienation of Land Assets: Forced mortgage or outright distress sale of small land parcels to clearing debt, converting land-owning peasants into a dependent landless proletariat.

13.Psychological Distress and Agrarian Suicides: The crushing burden of social shame, isolation, and persistent harassment by recovery agents has contributed significantly to the incidence of farmer and agricultural labourer suicides across the state.

14.Economic and social Consequences: Poverty: Continuous debt reduces the income and financial security of rural households. **Cycle of Debt:** People may borrow new loans to repay old debts, resulting in a continuous cycle of indebtedness. **Loss of Assets:** Borrowers may be forced to sell or mortgage land, livestock, houses, or other valuable assets to repay loans. **Family Problems:** Financial difficulties can lead to stress, conflicts, and tension among family members. **Reduced Standard of Living:** Indebted families may reduce their spending on food, education, healthcare, and other basic needs. **Dependence on Moneylenders:** Rural households may become dependent on informal lenders who may charge high rates of interest. **Social Insecurity:** Debt can affect an individual's social status, relationships, and position within the rural community. **Migration:** Financial difficulties may force rural people to migrate to towns and cities in search of employment. **Agricultural Distress:** Indebted farmers may be unable to invest adequately in agriculture, affecting productivity and income. Thus, rural indebtedness is not only an economic problem but also a significant social problem that affects the overall well-being of rural individuals, families, and communities

Policy Interventions and Structural Limitations:

The problem of indebtedness among small farmers can be reduced through the following measures:

- ❖ **Easy Access to Institutional Credit:** Small farmers should be provided timely and affordable loans through banks, cooperative societies, and rural financial institutions.
- ❖ **Low Interest Rates:** Agricultural loans should be made available at reasonable interest rates to reduce dependence on private moneylenders.
- ❖ **Crop Insurance:** Effective crop insurance can protect farmers from financial losses caused by drought, floods, pests, and crop failure.
- ❖ **Fair Prices for Agricultural Products:** Farmers should receive fair and remunerative prices for their crops to ensure a stable income.
- ❖ **Reduction in Cost of Cultivation:** Government support for seeds, fertilisers, irrigation, and other agricultural inputs can reduce the financial burden on small farmers.
- ❖ **Improved Irrigation Facilities:** Better irrigation systems can reduce dependence on uncertain rainfall and minimise crop losses.
- ❖ **Financial Literacy:** Farmers should be educated about proper borrowing, savings, loan repayment, and government financial schemes.
- ❖ **State Loan Waivers:** Periodic agricultural debt relief packages implemented by successive Karnataka governments offer temporary liquidity relief but fail to address the underlying structural bottlenecks of rural production and credit access.



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Conclusion:

Rural indebtedness is a major socio-economic problem affecting the lives of rural people in Karnataka. Low and uncertain income, increasing agricultural expenses, crop failures, irregular rainfall, healthcare costs, education expenses, and other family needs often force rural households to borrow money. Difficulties in repaying loans can lead to a continuous cycle of debt. The problem of indebtedness is not limited to economic hardship. It also affects family relationships, living standards, social status, education, healthcare, and the overall well-being of rural households. Dependence on informal sources of credit and high-interest loans can further increase the financial burden. Therefore, addressing rural indebtedness requires improved access to affordable institutional credit, agricultural support, employment opportunities, financial awareness, and effective government policies. A sociological understanding of rural indebtedness is essential because it helps explain how debt influences not only the economic condition of individuals but also their families and rural society as a whole. Thus, reducing rural indebtedness is important for improving the socio-economic development and quality of life of rural communities in Karnataka. Rural indebtedness in Karnataka is fundamentally a structural crisis born from the collision of agrarian distress, historic social stratification, and an exclusionary financial architecture. Overcoming this cycle requires moving beyond temporary palliative measures like loan waivers toward deep systemic reforms—including expanding truly accessible institutional credit for tenant and marginal farmers, strengthening climate-resilient dryland agriculture, and establishing robust social security safety nets. Ultimately, untangling rural households from chronic debt is essential not only for economic equity, but for preserving the social fabric and human dignity of rural communities.

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