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# WOMEN RESERVATION BILL: A STEP TOWARDS POLITICAL EMPOWERMENT AND GENDER EQUALITY

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#### Abstract

This article examines the enactment, implications, and potential impact of the Women's Reservation Bill (often referred to as the Nari Shakti Vandan Adhiniyam) that provides for reserving one-third (33%) of seats in the Lok Sabha and State Legislative Assemblies for women. It situates the Bill within India's long history of gendered under-representation, reviews theoretical and empirical literature on political reservation as a mechanism for empowerment, analyses implementation challenges (notably delimitation and census linkage), and offers policy recommendations to maximize substantive gender equality beyond descriptive representation. The paper argues that while the Bill is a historic and necessary corrective to political exclusion, its transformative potential will depend on complementary measures—capacity building, party reforms, reservation design that protects marginalized women, and institutional changes to sustain women's substantive participation.

**Keywords:** Women's Reservation Bill, political empowerment, gender equality, reservation policy, India, representation

#### 1. Introduction

India's legislative bodies have long shown a persistent gender gap: women remain significantly under-represented in Parliament and state assemblies relative to their share of the population. The passage of the Women's Reservation Bill—legislating 33% reservation for women in directly elected legislative bodies—is a landmark attempt to redress this democratic deficit and to open formal political space for women across caste, class and regional lines. Proponents argue the Bill will increase women's voice in lawmaking and governance; critics raise concerns about implementation delay, rotation, and the inclusion of internal reservations for scheduled groups and backward classes.

### 2. Historical and Legal Background

The idea of reserving seats for women in higher legislatures has been debated in India for decades. Earlier proposals (notably the 108th Amendment/2008 Bill and later versions) stalled because of political disagreement on design and scope. The most recent legislation—passed by Parliament and given presidential assent in 2023—seeks to reserve one-third of seats for women in the Lok Sabha and state assemblies, with special provisions to ensure SC/ST women are included within the reserved quota. However, the amendment ties implementation to the next delimitation exercise and a future census, which has raised questions about the timing of operationalization and the processes needed to translate the law into renewed electoral maps.

#### 3. Theoretical Rationale: Why Reservation Matters

Three principal arguments justify legislative reservation for women:

- 1. **Descriptive Representation:** Increasing the number of women in legislatures corrects numerical exclusion and ensures bodies better reflect the population's gender composition.
- 2. **Substantive Representation:** Women legislators often prioritize different policy agendas (health, education, gender-based violence, social welfare), thereby altering legislative outputs in ways that benefit women and families.







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3. **Symbolic and Mobilizing Effects:** Visible female political role models can change social norms, encourage political participation by women voters and aspirants, and challenge patriarchal gatekeeping within parties.

Empirical research from India and comparative contexts shows reservation increases women's probability of election, raises women-centric policy attention, and improves some development indicators when combined with institutional support—though effects vary by context and reservation design.

### 4. Evidence from Sub-National Reservations and International Experience

India's experience with reservations at local government levels (Panchayati Raj and urban local bodies) offers instructive evidence: mandated quotas substantially raised women's representation and, over time, led to measurable impacts on local public goods and investments in services women value. Cross-national research similarly shows that quotas rapidly alter descriptive representation; however, the translation into substantive empowerment depends on political party openness, incumbency patterns, and accompanying capacity building. These lessons underline that national-level reservation, while necessary, is not by itself sufficient to guarantee transformative change.

### 5. Key Implementation Challenges and Limitations

### 5.1 Delay due to Delimitation and Census Linkage

The Act's operational clause links reservation to the completion of delimitation (and census data), meaning implementation will depend on technical and political timelines. This linkage—while aimed at balancing representational fairness across changing populations—introduces uncertainty and may postpone the immediate benefits of increased female representation.

## 5.2 Rotation, Seat Allocation and Incumbency Effects

If reserved seats rotate across constituencies, women may benefit from short-term access but face challenges in building durable local bases; conversely, fixed reservations can create "reserved fiefdoms" and possibly limit party incentives to recruit women elsewhere. The design choice (rotation vs fixed allocation) will shape long-term political careers for women. (See debates documented in legislative analyses.)

### 5.3 Intersectionality: SC/ST and OBC Women

The Act mandates inclusion of SC/ST women within the reserved seats, but many critics note the absence of explicit reservation for OBC women. Without careful internal reservation rules and outreach, politically marginalized groups of women risk remaining excluded even from a numerically enlarged pool of female legislators.

## 5.4 Party Gatekeeping and Candidate Selection

Political parties are central gatekeepers in candidate selection. If parties nominate token or politically dependent women (e.g., relatives of incumbents), reservation may expand descriptive representation without enhancing independence or policy influence. Strengthening internal party democracy and incentives for parties to recruit women with substantive credentials is crucial.

### 6. Policy Recommendations to Maximize Transformative Impact

1. **Time-bounded but Prompt Implementation:** Ensure delimitation and census processes are accelerated with transparency so reservations are operationalized without undue delay.







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- 2. **Internal Sub-Quotas for Marginalized Women:** Institute clear internal reservation rules to protect SC/ST women and consider mechanisms to include OBC women to prevent elite capture of reserved seats.
- 3. **Party Reform Incentives:** Introduce party-level incentives (matching public funding, preferential access to certain offices) tied to demonstrated increases in women's candidacies and leadership roles.
- 4. Capacity Building & Leadership Pipelines: Invest in training, mentorship, and campaign support for prospective women leaders especially in under-represented regions and social groups.
- 5. **Institutional Supports within Legislatures:** Create mentoring, research assistance, and family-friendly schedules to enable sustained legislative participation by women.
- 6. **Monitoring and Evaluation:** Establish independent monitoring to track not only numbers but policy outcomes, committee participation, private member bills, and constituency service by women legislators.

## 7. Discussion: From Descriptive to Substantive Equality

Legal reservation addresses the front-end barrier—access to candidacy—but the deeper test is whether increased numerical presence translates into empowerment. International and Indian micro-studies suggest potential for policy change (health, education, gender-based violence responses) when women occupy meaningful positions in committees and party structures. Therefore, law must be paired with ecosystem reforms: party quotas, electoral finance reforms, civic education, and gender-sensitive institutional practices. Only then can reservation catalyse durable social change and gender equality in political life.

#### 8. Conclusion

The Women's Reservation Bill is a historic corrective to structural exclusion and a necessary step toward expanding democratic inclusion in India. It creates a statutory pathway for substantially increasing women's presence in the legislature. Yet the Bill alone cannot guarantee substantive gender equality; its promise depends on timely implementation, inclusive design (protecting intersectional marginalities), party reforms, capacity building, and continuous monitoring. If policymakers and civil society seize this moment to pair reservation with robust institutional supports, India can expect not only more women in legislatures but stronger, more gender-responsive governance.

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- Prepare a shorter policy brief (1–2 pages) or a conference presentation slide deck summarizing the argument and recommendations.