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## THEME OF GENDER BIAS AND FEMINISM IN THE SELECT NOVELS OF ANITA DESAI

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### Abstract

Gender bias and feminism are the most prominent areas of interest for most students of English literature. This research paper is a thematic study of gender bias and feminism in the novels of the famous Indian writer Anita Desai. This article aims to explore the complex ways in which Desai vividly portrays the challenges women face due to longstanding gender bias and their pursuit of empowerment through feminism. The article explores how Desai's characters navigate social norms and cultural expectations that perpetuate gender discrimination, highlighting the various shades of prejudice and its impact on women's lives. To this end, a comprehensive analysis of her literary works was carried out, including "Clear Light of the Day", "Fire on the Mountain", "Fasting, Feasting", "Baumgartner's Bombay". The individual experiences of the characters, the document explain how they struggle with the gender restrictions placed on them, looking for ways to assert their free will and challenge traditional roles. Moreover, this study not only enriches our understanding of Desai's writings, but also contributes to a broader discussion of gender bias and feminism in the context of Indian literature.

**Index terms:** Gender Bias, Gender Inequality, Feminism, Discrimination

### I. Introduction

Anita Desai, a well-known Indian writer, left an indelible mark on the literary world with her deep storytelling and insightful exploration of human emotions and social dynamics. Desai was born on June 24, 1937 in Mussoorie, India. Her upbringing and personal experience have greatly influenced her work, which often touches on themes of cultural clashes, identity and the complexity of human relationships. Desai's family background played a key role in shaping her literary inclinations. Her mother was German and her father was Bengali, giving her a unique perspective on cultural diversity. This multicultural upbringing exposed her to various languages and traditions, which she later incorporated into her stories (Gupta 87).

After completing her education, Desai began a writing career that spanned several decades. She received her BA in English Literature from the University of Delhi and her MA in English Literature from the University of Cambridge. These academic pursuits gave her a solid foundation in literature, allowing her to craft her narratives with literary finesse. Desai's first novel, "Cry, The Peacock", was published in 1963 and marked the beginning of her literary journey. The novel, which is a psychological study of the emotional turmoil of a young woman, made her a promising author. Her subsequent novels "Voices in the City" (1965) and "Shall We Go This Summer?" (1975) continued to garner attention and recognition, demonstrating her ability to capture the intricacies of human emotion. It was Desai's fourth novel, "Clear Light of Day" (1980), that brought her international recognition (Gupta 88).

Desai's exploration of gender dynamics and feminist themes became increasingly evident in her later work. As her career progressed, Desai's stories delved deeper into the issues women face in patriarchal societies and the complexities of their experiences. Her exploration of gender roles, social expectations, and the constraints placed on women became increasingly evident, reflecting her desire to shed light on these pressing issues. In novels such as "Fasting, Feasting" and "Baumgartner's Bombay," Desai masterfully portrays the struggles of female characters as they cope with traditional roles and social norms. With her expressive prose and intricate character development, she highlights the limits placed on women's autonomy and the stark inequalities they face (Poonacha18). These stories serve as powerful critiques of patriarchal systems and also highlight women's resilience and determination in the face of adversity. Desai's handling of feminist themes goes beyond mere criticism; it offers a differentiated exploration of the ways in which women seek empowerment within social constraints. Her characters defy stereotypes and defy the status quo by reflecting the different ways in which women assert their free will (Poonacha 21).



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This research work is devoted to the study of the theme of gender bias and feminism in the novels of Anita Desai. Through a comprehensive analysis of selected novels, the article aims to shed light on how Desai skillfully navigates the complex realm of gender bias, while also highlighting the protagonists' desire for empowerment through a feminist lens. Through a careful analysis of selected literary works by Desai, including "Clear light of the Day", "Fire on the Mountain", "Fasting, Feasting" and "Baumgartner's Bombay", this study aims to delve into the differentiated depiction of gender bias and feminist struggles. in the context of South Asian society, depicted by the author. By exploring gender bias and feminism in Desai's work, this study improves our understanding of the cultural, social and historical contexts that shape her narratives.

## II. Gender bias in selected novels of Anita Desai

Anita Desai's novel "Clear Light of Day" is a poignant exploration of gender bias within the traditional Indian family. Set in post-partition Delhi, the novel delves into the lives of the Das siblings—Raja, Tara, and Bim—as they struggle with the memories of their past and the complexities of their present. The image of gender bias in the novel is most clearly reflected in the image of Bim, the elder sister. Bim, an educated and intelligent woman, epitomizes the frustrations and limitations that women often face in patriarchal societies. Despite his potential and aspirations, Bim confines himself to the role of guardian to his aging and sick brother Raja and their distant and estranged aunt Mira. Her sacrifice and dedication are evident as she takes on the responsibility placed upon her by societal expectations. Bim's pursuit of a career and independence is hindered by social norms that prioritize female caregivers(Smith 401).

Tara, Bim's younger sister, represents another facet of gender bias. Tara's marriage to Bakul further emphasizes the patriarchal norms that subordinate the desires and dreams of women to the desires and dreams of their husbands. As Tara conforms to Bakula's desires and society's expectations, she loses her own sense of identity and agency. Her interactions with Raja, her husband's friend, further underscore the social expectations that dictate a woman's behavior and interactions. Tara's choices and actions are determined by the male figures in her life, highlighting the unequal power dynamics that permeate the novel. The male characters in Clear Light of the Day also contribute to the exploration of gender bias. Raja, the aloof and suffering figure of the brothers, epitomizes the aftermath of toxic masculinity. His lack of empathy for Bim's victims and his insistence on maintaining traditional gender roles perpetuate social norms that limit women's opportunities. Bakul also embodies patriarchal thinking as he asserts his dominance over Tara, reducing her agency and independence(Smith 403).

Through rich storytelling and character development, the novel effectively portrays the gender dynamics of a transitional society. Desai criticizes societal expectations that limit women to the role of guardians and protectors of traditional values, limiting their potential for personal and professional growth. The novel reflects the broader issues faced by women in a post-colonial society where a legacy of gender bias persists despite efforts to modernize and progress.

"Fire on the Mountain," another gripping novel by Anita Desai, serves as a poignant exploration of gender bias in the context of a changing traditional society. Set against the backdrop of the remote Himalayan village of Kasauli, the novel highlights the struggles and challenges women face under a patriarchal system. Through the experience of the protagonist, Nanda Kaul, Desai skillfully portrays deeply held gender roles and social norms that limit women's autonomy and empowerment. Nanda Kaul, an elderly widow, becomes the center of the story as she struggles with her role as mother, grandmother and caregiver. The novel effectively portrays Nanda's sense of isolation and displacement as she finds herself on the margins of society due to her age and widowhood. Her interactions with family and villagers shed light on the restrictions placed on women, especially those who no longer conform to society's ideals of youth and beauty. This echoes broader issues of gender bias, as older women often face discrimination and are denied the right to act freely because of their lesser social value(Sharma 356).

Desai's description of the relationship between Nanda and her daughter Raka further highlights the complexity of gender bias. Cancer's free-spirited nature and desire for independence challenge traditional gender roles, causing friction between the two generations. Nanda's inability to understand Cancer's aspirations reflects a generational gap in views of women's roles and expectations. This divergence highlights the broader theme of the struggle for agency and autonomy, as Cancer's



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aspirations contrast sharply with social norms that limit her options. The novel's exploration of gender bias is also evident in the depiction of male characters and their attitudes towards women. Nanda's brother-in-law, Inder, exemplifies the traditional patriarchal mindset that requires women to submit to subordinate roles. His disregard for Nanda's wishes and his inability to recognize her wisdom further illustrates his disdain for the views of women. This is a powerful commentary on broader societal views that undermine women's contributions and agency (Sharma 358).

As the novel progresses, "the fire on the mountain" becomes a metaphorical representation of the underlying tensions and conflicts in the characters' lives. This image also symbolizes the repressed desires, frustrations and aspirations of women trapped in a patriarchal society. Nanda's attempts to light a fire in order to communicate with Cancer, who is lost in the desert, serve as a poignant allegory for women's struggle for communication and liberation from social restrictions.

Her next novel, "Fasting, Feasting," is also a compelling exploration of gender bias in the context of traditional Indian society. The novel is a vivid depiction of the stark differences in experience and treatment of male and female characters, shedding light on oppressive social norms that perpetuate gender discrimination. Set in both India and the United States, Fasting Feast juxtaposes the lives of two sisters, Uma and Aruna, to highlight the stark gender inequalities that prevail in their worlds. Uma, the eldest daughter, is limited to her traditional role as a caregiver within her family home in India. Her life is marked by unfulfilled dreams, disabilities and the burden of family responsibilities. From adolescence, Uma is trained to suppress her desires and aspirations, subject to strict expectations and control from her parents. Her freedom is compromised as she is forced to perform household chores, meeting all the needs of her family without any recognition of her individuality (Misra 50).

On the contrary, Aruna, a younger sister living in the United States, is trying to break free from the shackles of gender norms, striving for education and independence. However, even in a freer environment, Aruna faces her own set of challenges. She struggles with her host family's expectations and must navigate the complexities of American cultural norms that often conflict with her own Native American heritage. Despite her efforts to assert herself and embrace her individuality, Aruna's experience in the US is marked by isolation and a sense of cultural displacement. The novel delves into fasting and feasting as metaphors for the contrasting lives of the two sisters. Uma's life is characterized by "feasts" as she is burdened by the demands placed on her and her role as a dutiful daughter. She is preoccupied with her family responsibilities and her existence revolves around meeting the needs of others. In contrast, Aruna's life in the US is characterized by "fasting" as she yearns for personal fulfillment, independence, and a sense of identity outside of her gender (Misra 59).

The novel also deals with the concept of marriage as an instrument of social control. Uma's arranged marriage becomes emblematic of the transactional nature of such unions, where women are often traded in order to maintain family unions. The power dynamics in these marriages further perpetuate gender bias, as women are expected to conform to their husbands' families and conform to their identities.

Anita Desai's fourth selected novel, "Baumgartner's Bombay," is a thought-provoking exploration of gender bias, shedding light on the complexities and challenges faced by both men and women in a patriarchal society. Through vivid characters, evocative settings, and skillful storytelling, Desai delves into the pervasive nature of gender discrimination, revealing how it manifests itself and affects people differently. Set against the backdrop of pre-Independence India, Baumgartner's Bombay follows the life of Hugo Baumgartner, a European caught in the country's turbulent political and social landscape. As a male protagonist, Baumgartner's experience in traditional society serves as a lens through which Desai explores the intersection of gender dynamics and power dynamics (Ghosh 11).

One of the striking aspects of gender bias depicted in the novel is the different societal expectations placed on men and women. Women like Isabelle, Hugo's wife, are expected to fit into the traditional roles of caregivers and housewives. This is seen in Isabelle's attempts to adapt to Indian culture and fulfill her duties as a wife and mother. Her limited will and dependence on her husband underline the limitations placed on women by patriarchal boundaries. At the same time, Hugo Baumgartner struggles with his own feelings of being marginalized and alienated by his European heritage. Despite his foreign status, Hugo is granted a degree of privilege and autonomy that does not extend to local women. This contrast



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highlights the nuances in which gender bias intersects with other forms of social hierarchy such as race and nationality. In addition, Desai highlights the impact of colonialism on gender dynamics. The colonial era exacerbated existing gender inequalities as European colonial powers often reinforced traditional gender roles in colonized societies. This can be seen in the way British attitudes towards women are internalized by characters such as Hugo and his European acquaintances, further perpetuating gender bias(Ghosh 12).

The topic of gender bias is inextricably linked to the broader historical context of post-colonial India. The effects of colonial rule exacerbated existing gender inequalities as traditional social norms were maintained, leading to the perpetuation of gender discrimination. Desai skillfully captures this tension through the interactions between the characters and their struggle to break free from the constraints of social expectations.

### III. Feminism in Desai's novels

The novel “Clear Light of the Day” presents a rich variety of characters, each representing a different facet of feminism. The protagonist, Bim, embodies the complexities of a woman torn between family responsibilities and her own dreams and ambitions. Bim is a highly independent and intelligent woman who yearns for more than the traditional roles reserved for women. She is a schoolteacher and a voracious reader who craves intellectual stimulation and freedom from household chores. Desai carefully portrays Bim's inner conflict as she struggles with the notion of duty and fulfilment. Bim's sister, Tara, represents the opposite view of feminism. By marrying and settling in America, Tara seems to have found the freedom Bim dreams of. However, her marriage is not a refuge from gender bias. Tara's husband, Bakul, controls and neglects her desires, demonstrating how patriarchal attitudes can infiltrate even the most seemingly progressive contexts. Tara's struggle to maintain her identity and stand up for her needs echoes the challenges faced by many women in patriarchal societies (Misra 51).

The character of Aunt Mira, a widow who has dedicated her life to raising her nieces and nephew, also provides an opportunity to explore feminism. While Mira's life revolves around selfless caring, her sacrifice comes at the cost of her own dreams and desires. Her character represents generations of women who have been taught to put the needs of others before their own, emphasizing the unequal distribution of responsibilities between the sexes. Desai's portrayal of male characters in the novel adds further depth to the theme of feminism. The brothers, Raja and Baba, represent the privileges and rights granted to men in a patriarchal society. Raja, the eldest, is expected to excel in his career, while Baba is allowed to be creative. Their experience contrasts sharply with the restrictions placed on their female counterparts, highlighting the disparity between opportunities available to men and women(Misra 55).

Against the backdrop of the Das family and their interactions, the author criticizes social norms that perpetuate gender bias. She skillfully captures the nuances of the manifestation of feminism in different characters, demonstrating the range of struggles and aspirations that guide women. Clear Light of the Day highlights the importance of women's freedom of action and the need to challenge traditional norms in order to achieve true gender equality.

In “Fire on the Mountain,” which chronicles Nanda's journey, Anita Desai masterfully exposes the complexities of feminism, shedding light on the problems women face in traditional society. At the heart of the novel is Nanda's struggle to assert her individuality and autonomy in the face of social norms. As a widow, she is expected to live in seclusion and self-denial. However, Nanda's character does not live up to these expectations. She shares her passion for mountaineering, which allows her to defy the restrictions placed on her due to her gender and marital status. Through Nanda's determination to climb mountains, Desai is a feminist character who seeks fulfillment and liberation outside of social roles(Sharma 361).

The contrast between Nanda's experience and the other women in the village serves as a compelling commentary on gender bias. Nanda's daughter, Cancer, represents the younger generation's desire for independence and education. Her desire to graduate and resist traditional gender roles reflects the changing dynamics of feminism in India. Desai depicts intergenerational tension by highlighting the disparity between the limited options available to Nanda and the greater options available to Cancer. Desai also weaves the theme of feminism into the fabric of the novel by including the story of Ila Das, Nanda's daughter-in-law. Ila's letters provide insight into the challenges she faces as a woman in the male-



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dominated field of journalism. Her experience illustrates women's struggles in their careers and balancing family responsibilities. In narration, Ila Desai emphasizes the need for women to break free from social constraints and strive for empowerment (Sharma 364).

In addition, Desai's portrayal of Nanda's relationship with her granddaughter, the daughter of Cancer, demonstrates the cyclical nature of feminism. The novel's ending suggests the possibility of change and progress, as Cancer's daughter is free to pursue her interests without facing the same degree of resistance as Nanda (Chakraborty 76). This cyclical narrative highlights the interconnectedness of generations and their common struggle for gender equality. In the novel, the author uses vivid images of the Himalayas as a metaphor for the challenges women face in their quest for self-discovery and empowerment. The treacherous highlands reflect the obstacles Nanda and the other women face as they try to navigate social norms. The act of climbing mountains becomes a symbol of resistance and determination, encapsulating the spirit of feminism that runs throughout the novel.

The novel "Fasting, Feasting" explores the limits and expectations placed on women and highlights their struggles for autonomy and self-identity. The novel is divided into two separate parts, the first half dealing with the life of Uma, an unmarried woman who is limited to the role of guardian in her family. Uma's life is marked by a sense of stagnation and unfulfilled dreams. Her existence revolves around serving her family, and she is relegated to the shadows of her more successful siblings. The image of Uma symbolizes how traditional societies often limit the opportunities and potential of women. It becomes a reflection of the social norms that define women's lives, emphasizing their subordinate role and lack of freedom of action (Patel 81).

Unlike Uma's story, the second half of the novel introduces us to Aruna, Uma's younger sister. The character of Aruna defies the traditional gender roles that Uma embodies. She is portrayed as independent, assertive, and determined to pursue her education and career. Aruna's disdain for societal norms is shown in her decision to study abroad, defying her family's expectations that she would fill the usual role of wife and mother. Her desire for education and independence highlights the feminist theme present in the novel. The character of Aruna serves as a beacon of hope, representing a changing dynamic in a society that is slowly recognizing women's right to autonomy and self-determination (Patel 83).

Throughout the novel, Desai uses vivid and evocative imagery to highlight the stark differences between the lives of the male and female characters. Male characters enjoy a sense of freedom and privilege, while female characters are often confined to the domestic realm. Desai's portrayal of stark inequalities between the sexes serves as a critique of the deeply rooted patriarchy in society (Ghosh 12). Moreover, the very title "Lent, Feast" reflects the gender dynamics that prevail in the novel. Fasting is associated with Uma, symbolizing self-denial and self-sacrifice, and feasting is associated with Aruna, symbolizing indulgence and freedom. This duality highlights the opposite paths that women often take in a patriarchal society: one path of repression and sacrifice, and the other path of affirmation and liberation. Through the contrasting experience of Uma and Aruna, she illuminates the path of feminism - from imprisonment to liberation, from sacrifice to self-affirmation.

Set against the backdrop of pre-independence India, the novel "Baumgartner's Bombay" follows the life of Hugo Baumgartner, a European burdened by his own sense of alienation and displacement. Through his eyes, Anita Desai paints a vivid picture of a society struggling with cultural clashes and power dynamics. Against this backdrop, Desai portrays the novel's female characters as multifaceted individuals who struggle with their own social constraints, desires, and aspirations. The central character, Irma, epitomizes the intricate exploration of feminism in Baumgartner's Bombay. A strong and independent woman, Irma navigates the complexities of a conservative Indian society while wrestling with her own aspirations for personal and intellectual growth. In a society that places great value on traditional roles, Irma's aspirations are seen as unconventional and even subversive. Her efforts to establish herself as a successful piano teacher, as well as her pursuit of intellectual growth, reflect the broader struggle of women seeking to break free from traditional constraints (Gupta 92).

Through the character of Irma, Desai illustrates the inherent tension between tradition and modernity. Irma's marriage to Baumgartner, a union that challenges the norms of their respective cultures, further highlights the complexity of gender



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roles in a colonial context. Desai deftly shows how social expectations are strengthened and shattered by Irma's interactions with her husband and society in general. In addition, the character of Emma, Irma's mother, adds another layer to the novel's exploration of feminism (Gupta 95). Emma's repressed desires and unfulfilled dreams reflect the fate of many women of her generation who were confined to traditional roles. Through Emma, Desai highlights the cyclical nature of gender bias and the consequences of unfulfilled aspirations (Sinha 2008). The novel also demonstrates Desai's remarkable ability to capture the psychology of his characters. Delving into their thoughts and emotions, she depicts the inner struggles women face as they navigate a world that often denies them agency and autonomy. These internal conflicts serve as a powerful commentary on the wider social constraints placed on women.

#### IV. Conclusion

An analysis of Anita Desai's novels allows us to draw several key conclusions and conclusions regarding the theme of gender bias and feminism in her works. These ideas shed light on the complex ways in which women navigate traditional societies and seek autonomy and empowerment. First, Desai's characters are constantly struggling with the limitations placed on them by social norms and expectations. Second, the novels highlight the various ways in which women challenge these limitations. In addition, Desai's novels depict the intersection of gender bias with other social trends.

In terms of broader implications, Desai's writings offer a detailed critique of gender bias in traditional societies. Delving into the lives of his characters, Desai exposes the harm perpetuated by societal norms and the urgent need for change. Her novels serve as a mirror for society, encouraging readers to reflect on their attitudes towards gender roles and discrimination. Desai's research on feminism echoes contemporary discussions about gender equality and women's rights. The struggles and triumphs of her heroines reflect the experience of women around the world who continue to challenge societal norms and fight for their rights. Desai's novels provide a historical and cultural context for understanding the evolution of feminism and its relevance.

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